



Patchwork Press

December 2024

Catawba Valley Quilters Guild
Volume 40, No. 12
December 2024

CALENDAR MEETINGS

BOARD MEETING DEC. 5, 2024 6 pm via Zoom

SEMI-ANNUAL JOINT MEETING & COVERED DISH DINNER, DEC. 12, 2024 6 pm Holy Trinity Lutheran Church Fellowship Hall.

Program: Join us for our wonderful holiday meeting which features a covered dish dinner (please bring a serving utensil for your dish).

NO MISSION DAY IN DECEMBER

Holy Trinity Lutheran Church —Help us make charity quilts for local hospitals and charities, and Quilts Of Valor for local veterans, or a project of your own.

SIT N SEW

THURSDAY MORNINGS 9:30--11:30 am /

4th THURSDAY EVENINGS 6—8 pm

Jan. 23, 2025 Holy Trinity Lutheran Church an informal session to work on personal projects or to just connect with others.

IN HOUSE WORKSHOP

January 11, 2025 —9 am to 3 pm for \$15. (rescheduled from Nov. 16) Reba Brewer will show many of her techniques, offer suggestions and ideas. Bring your old worn quilts, one block wonders, UFO's,

anything that you may not be happy with right now and would like to transform. Bring sewing supplies and additional coordinating fabrics. **Contact Lisa Echerd at lynnelisa@bellsouth.net or Debra Eckard at debra.eckard7523@gmail.com to sign up for the workshop.**

QUILT SHOWS & OTHER EVENTS

MARCH 5—10, 2025 ART QUILTS WILD Professional Art Quilters Alliance-South (PAQA-South) 2025 Juried Exhibition of innovative quilts. Fiber artists: Create a multi-layered textile joined by stitching that expresses or represents wild! Page-Walker Arts & History Center, Cary

APR. 17-18, 2026 OUR CVQG QUILT SHOW Highland Recreation Center
1451 8th St Dr NE, Hickory

Dues due now: \$30. \$5 additional for printed directory. Pay at Dec. meeting or mail check payable to CVQG to:
Kathleen Whiddon
4226 6th St NW, Hickory, NC 28601

Inside this Issue

Meeting & Show Schedules	1
Who's Who, Birthdays, Treasurer's Report	2
Morning Minutes	3
Evening Minutes	6



Catawba Valley Quilters Guild
P.O. Box 352
Hickory, North Carolina 28603



Officers & Worker Bees

	Day	Night
President	Kathleen Whiddon (Shelley Thompson Jan Carpenter
Vice President	Position Open	
Secretary	Chris Appenzeller	Amanda Truett
Acting Treasurer	Kathleen Whiddon (
Members-at-Large	Nancy Garchek	Debbie Smith

1 Tanya Hodge
2 Susan Bisulca
2 Vicki Beck
6 Wanda Bombyk
9 Rosemary Dietrich
9 Ann Lutz
17 Millicent Kaufman
19 Shyann Carter
23 JoAnn Johnson
24 Susan Trotter
25 Catherine Caswell
27 Giggi Miller
31 Shelley Thompson

Membership — Millie Kaufman, Chair, // Catherine Caswell // Judi Eller / Joy Mease

Newsletter Diana Weber // Judy Edberg

Newsletter deadline: 3rd Monday of prior month

Webmistress / Quilts of Valor —Amanda Truett

Meeting Dates / Times Second Thursdays 10 am/6:30 pm
Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC
catawbavalleyquiltersguild.com //Instagram @CVquiltersguild



MINUTES, MORNING MEETING, NOVEMBER 14, 2024

CALL TO ORDER—WELCOME

The meeting was called to order, with two guests: Susan Diehl from Statesville area, and our speaker and former member, Reba Brewer.

APPROVAL OF MINUTES

Sherry Huffman noted an error in the October minutes that stated her aunt had passed away. We could not identify whose aunt it was.

Elle Clemens moved that the minutes as corrected be approved. Susan Fontyn seconded the motion; motion passed unanimously.

DOOR PRIZES

Attendance: Debbie Abernethy

Homemade Nametag: Cindi Williamson

SUNSHINE & SHADOWS

- Cindi Williamson had shoulder surgery on the 15th and will have a 6-8 week recovery.
- Elle Clemens made it back to guild.
- Kathy Hewitt has a new grandson.
- Peggy Poe's grandson who went to play soccer in England dislocated his shoulder.

OLD BUSINESS

Dues are being collected in November and December. Checks to the guild for 30\$ or 35\$ if a membership book is ordered. Cindi Williamson is passing around a sheet to check your information and another sheet with a list of members who need their pictures taken by her. Also state if you are 80+ as you will not need to pay dues and we don't want to forget your name in the membership booklet.

55 quilt raffle tickets were sold on Nov 2 at the DAV Auxiliary craft fair, 56\$. Thanks to Peggy Barton, Millie Kaufman, Amanda Truett, Shelley Thompson and Mary Bucy for their help. We need a chairperson for raffle ticket sales and member distribution.

Officers for 2025: We will vote at the December potluck meeting on Dec 12 at 6 pm upstairs in the community room. **Slate of Officers:**

	Morning	Evening
President	Nancy Garchek	Dawn Cole
Vice President	Barbara Mahnke	Terrie Townsend
Treasurer	Joyce Gates	
Secretary	Chris Appenzeller	Jill Wells
Members-at-Large	Michelle Hester	Janet Hunt

Lily Boutique items: Good sellers are bags of fabric scraps, any other crafts such as knitting, crochet, and pottery. Keep in mind Mother's Day, Graduation, Father's Day, Teacher gifts and gardening since the show is in the spring. Storage and project bags are always good. Easily made items usually don't sell since visitors figure they can make these. Books and magazines don't sell.

Evening Sit and Sew: (all are welcome) The 4th Thursday of the month starting January 23, 2025 (6-8 pm).

Quilt Show Name: We need suggestions for a show name, maybe incorporating our move to Highland Rec. Give suggestions to Shelley Thompson.

Hurricane Relief: Over October and November, the Guild collected 136 Quilts, 115 Pillowcases, and 10 Pillows. The Mad Hatters contributed 35 Hats.

SHOW AND TELL

- Susan Leithiser: mountain pillow and pillowcase and a mountain quilt

(Continued on page 4)



(Continued from page 3)

- Suzanne Sproul: 3 quilts for the mountains
- Dianne Johnston: 2 quilts for the mountains and 1 pillowcase
- Candi Gordon: quilt for the mountains
- Peggy Poe: 1 quilt for the mountains, table topper for herself and 1 quilt for her granddaughter
- Connie Bumgarner: 1 quilt for the mountains
- Marianne McCormic 1 mountain quilt
- Dianne Black: 1 mountain quilt
- Peggy Barton: Flannel quilt for the mountains and Christmas quilt for herself
- Kathy Bogue: 1 quilt and 3 pillowcases for the mountains
- Kathy Hewitt: 1 quilt for the mountains
- Kandi Peterson: 3 pillowcases
- Cindi Williamson: 1 sunshine quilt, 1 quilt for her church
- Debbie Abernethy: 2 Hurricane Helene quilts
- Teena McRary: pillowcase for the mountains
- Tanya Hodge: Her Mom's UFO and a table runner, both for Christmas
- Sherry Huffman: 1 charity quilt and 1 personal project
- Joyce Gates: Pillowcase, pillow and child's quilt
- Judy Britton: 4 quilts for the mountains
- Beth Helmick: Summer solstice and Jelly roll quilt personal project
- Wanda Greer: 3 sunshine quilts and 1 personal project

- Diane Gantt: 8 Pillowcases
- Dotty Williams: 2 sunshine quilts
- Nancy Morin: 4 pillows with pillowcases for the mountains and t-shirt quilt
- Chris Appenzeller: 2 quilts for the mountains
- Elle Clemens: 2 personal projects (Butterfly Sunrise and one made by Barb Mahnke for Elle)
- Susan Fontyn: 2 sunshine quilts and a personal project
- Mary Bucy: 2 mountain quilts
- Shelley Thompson: 1 mountain quilt and several Lily Boutique items (ChapStick holders, strawberry totes, and Timmy turtle)
- Pat Carson: 1 mountain quilt
- Kathleen Whiddon: mountain quilt
- Lisa Echerd: mountain quilt
- Catherine Caswell: 10 pillowcases and 6 quilts for the mountains and table topper for the guild

NEW BUSINESS

Membership — Dues, \$30, \$35 (if you want a directory) due. Checks only for payment.

PROGRAM

Reba Brewer was a former member of CVQG for about 20 years before she left to take care of ailing family. She lives in Lenoir, and sews daily. She has quilts on display all over the world, except perhaps Antarctica. You can follow her on Facebook at Quilting with Reba B and soon you will be able to see her on YouTube. Reba's husband makes Mr. Bill's Magic Marble Wood Quilt Hangers in 3, 4, and 5 foot lengths, similar to the 'old time' marble washcloth hangers.

(Continued on page 5)



(Continued from page 4)

Reba is always on the search for old treasured quilts, quilt blocks and fabrics. Many are handed down through family, others are found discarded in Antique stores or barns. Old quilts will tend to have stains and odors so the first thing she does is wash the quilt. She recommends Food Lion triple action dishwasher detergent tablets. She will place the quilt in a laundry basket, dissolve 1 tablet (for a bucket) to 4 tablets (if done in a bath tub) in hot water. Swish the water around with a spatula, don't use your hands. **(Wear gloves!)** Soak the quilt in the solution overnight. The water will become brown with dirt because the detergent works on organic food stains, sweat and dirt. Rinse, and repeat once if still stained. The laundry basket allows you to lift the quilt out of the water easier. If you are cleaning smaller squares a salad spinner will help to remove the moisture.

When working with old blocks, many will be damaged. These could be trimmed to smaller pieces, but be careful as you will probably cut off the knots that hold the blocks together. Sometimes she will cut new shapes from the blocks and use them in multiple projects. Old fabrics often have a looser weave, like flour sacks, so she might place a bias binding around the block and applique onto a quilt. If a block can't be repaired or trimmed, Reba will fuse French fuse to the back to strengthen the fabric.

Reba might change out background fabrics to a more complementary color. Stay away from bright whites, as most of the antique fabrics will not match. She likes to accent with buttons and tiny yoyos. She explained that making a small yoyo can be done by placing a coin in the center, starching

the fabric, pulling the strings, and drying it. If she takes a quilt apart, she will toss the batting and start fresh, but once she found a quilt within a quilt. The outside pieces were shredded, but the maker had used an old quilt for the batting and that was fine. She likes to add sashing and cornerstones to separate busy blocks. She says cornerstones are a feature of most antique North Carolina quilts.

Reba showed many of her creations and shared many stories attached to the quilts. She has a quilt from Ruth Mast in 1915. She told about her mother learning to sew with tobacco twine when she was 6 years old. She found arched blocks that her mother had made as a child, cut them apart to make a tree of life quilt highlighting the roots of her family. She re-did a tumbling block quilt and recut the pieces, added neutrals in between to provide resting spaces for the eyes. She showed what she called "the ugliest quilt", largely because of the fabrics, which she took apart and recut fashioning a new wall hanging and quilt. She says "if you cut it small enough, anything is beautiful".

Reba will offer a workshop January 11, 9AM to 3PM for \$15. She will show many of her techniques, offer suggestions and ideas. She will demonstrate how she uses her seam ripper more effectively. She hopes members will bring their old worn quilts, one block wonders, UFO's, anything that you may not be happy with right now and would like to transform. Bring sewing supplies and additional coordinating fabrics and challenge this wonderful lady for her suggestions.

Meeting adjourned.

Respectfully submitted,

Mary Bucy



MINUTES EVENING MEETING, NOVEMBER 14, 2024

CALL TO ORDER

Shelley Thompson opened the meeting at 6:31 pm with 25 present including five visitors, Katie and Roger (Reba's co-guild members from another guild), Kathy Eichelberger, Kiera, Rebecca.

APPROVAL OF MINUTES

Dawn Cole moved that the minutes as published in the newsletter be approved. Motion was seconded by Susan Fontyn. All present approved.

SUNSHINE & SHADOWS

- Cathy Starnes's mother-in-law has been in and out of ER. She requests that prayers be said for her.
- Mr. Macklin, a QOV recipient, is in the hospital with heart failure.
- Cindi Williamson has surgery tomorrow.
- Anne Starnes' brother was at Duke for heart surgery and the clot that was to be removed had already dissipated.
- Susan Fontyn gave an update on Elle Clemens who hopes to be present next month.
- Dawn Cole announced that the Missouri Star group to made it there and back safely.

DOOR PRIZES

Attendance: Michelle Macy

Homemade Name Tag: Catherine Caswell

OLD BUSINESS

Dues & 2025 Directory—If your picture is not in the directory, please send a photo (jpeg file) to Millie Kaufman or Melissa Shaw for book or let them know you need a photo and have one taken at the December meeting.

Dues are \$30 paid by check only. Printed directory booklets are an additional \$5. We will continue collection in December.

Preemie Quilts—Kathleen Whiddon update from NICU: they are not covering the isolettes with the preemie quilts any longer due to health concerns in the hospitals. However, they are giving each family a quilt to send home. So, any size of preemie quilt is fine.

NEW BUSINESS

SLATE OF OFFICERS FOR 2025-2026 to be voted on in December

Presidents: AM – Nancy Garchek, PM – Dawn Cole
Vice Presidents: AM – Barbara Mahnke, PM – Terrie Townsend

Treasurer: Joyce Gates

Secretary: AM – Chris Appenzeller, PM – Jill Wells
MAL – AM: Michelle Hester, Jan Carpenter, PM - Janet Hunt

Workshops: Debra Eckard and Lisa Echerd

Membership: AM – Millie Kaufman, PM – Melissa Shaw

Newsletter – Diana Weber and Judy Edberg

Reba Brewer's Workshop rescheduled (originally scheduled for 16 November) is rescheduled for 11 January 2025. (See page 1 *In House Workshop* column for details.)

QUILT SHOW 2026 — Raffle Ticket Sale at DAV brought in \$56. Chair sign-up sheets are being passed around. Quilt Raffle committee needs two chairs – one is Sherry Huffman and she needs another member. Once chairs are established, raffle tickets will be passed out to members for them to sell.

We need a quilt show name – send ideas to Michelle Macy, Pat Carson, or Shelley Thompson. Try to incorporate the fact that we are moving locations from the convention center to the Highland Rec Center.

(Continued on page 7)



(Minutes continued from page 6)

December is our joint meeting with potluck dinner at 6pm in the new Fellowship Hall.

On the fourth Thursday of the month, we will have a PM Sit and Sew from 6-8p starting in January 2025.

Next Mission Day is 16 November (in Community Rooms A/B-morning meeting room).

SHOW AND TELL

- Michele Hester – Quilt as you go table centerpiece
- Elle Clemens – 2 personal projects Tranquility by Barb Mahnke, quilted by Nancy Garcheck, bound by Elle; Butterfly Sunrise made between 1998-2024 which is hand appliqued and quilted.
- Susan Fontyn – 2 mountain quilts with tops made by Elle and finished by Susan; one personal project made for a former student made from a Tiger Quilt Kit
- Susan Bisulca – 2 QOV, 1 personal project for a church sister – a rooster lap quilt
- Janice Setzler – 2 table toppers, a personal project – wedding present for her niece, 3 mountain quilts
- Deb Nielsen – mountain quilt
- Rebecca – two personal projects, a curved pieced block and a quilt for her cat. HomeGoods has great sheets for backing!
- Judy Edberg – one mountain quilt
- Dawn Cole – two pillowcases, a personal project that will be sold, a QOV
- Debbie Smith – three mountain quilts
- Melissa Shaw – personal project – a baby quilt for a co-worker's baby girl, 5 pillowcases, personal project – advent calendar quilt with little grinchies Hancock's of Paducah
- Jill Wells – 7 mountain quilts and 7 hats
- Debbie Rubin – 2 pillowcases
- Michelle Macy – 4 mountain quilts
- Shelley Thompson – personal projects - two table toppers; class for sit and sew, Strawberry tote bags; Lily Boutique – lipstick/ChapStick holders

with bag clips; Timmy the Turtle pocket with zipper.

PROGRAM

Reba Brewer presents, “Making New from Old” to repurpose UFOs, scraps, and unrecoverable quilts. Magic mixture is hot water and two cheap dishwasher pods (bleach free) which are designed to dissolve organic material. Take a large plastic bin and dissolve the dishwasher pods in the hot water, stir with a ladle/spoon/spatula, and submerge the quilt top in the water. If using a bathtub, use four dishwasher pods and put the quilt in a large laundry basket to make it easier to lift the quilt out of the tub. When finished soaking, rinse well with cold water. If you have only blocks, you can spin the water out with a salad spinner. Wear gloves to agitate the quilts. Hang to dry.

Rust – lemon juice and sunshine, wash well afterwards.

Don't be afraid to take a quilt and quilt blocks apart to replace the thread and make the blocks lay flat. Make a smaller sized quilt from a larger one. You can also change out the background fabric or sashing to emphasize the blocks better.

French Fuse can be added to the back of delicate fabric and blocks to stabilize them for quilting.

Prairie Points to make the hanging sleeve with the raw edges in the binding and the tips tacked down – much easier than quilt sleeves.

If you come across old quilts, look for backing made out of feed sacks and incorporate them into the quilt tops to preserve the history.

Reba has a quilt made from fabrics that date back to the 1840's. She cut apart the blocks, cut them down a little, sashed them with accent fabrics, and sewed them back together.



If you find crazy quilt blocks or different size blocks, cut them down to a common size and use them as feature fabrics in a modern pattern.

Reba uses a 1.5 stitch length to piece older coarse fabric like feed sacks and 2.0 or 2.5 stitch length to quilt.

If you have blocks that match designs but are different sizes, use sashing to make the blocks the same size to piece it into a top.

Try to incorporate the history of the fabric with the design of the quilting (machine or hand).

Reba's workshop on January 11, will be taking something old (UFO, one-block-wonders, etc) and determine a way to use it for something you are proud of.

Refold quilts when the time changes. Marble Quilt Hangers can be mounted to a board and then mounted to a wall. The marbles will allow for the binding of the quilt to be forced up into the hanger and then the marble pinches the binding to hang the quilt. Then to take down, slide the quilt to the side of the hanger and the marbles will roll sideways to release.

Reba will have some of her quilts on display and for sale at The Hub. Will have lectures on a YouTube platform soon, "Quilting With Reba B". Also experimenting with quilting templates like Sashiko made using a 3D printer.

Meeting Adjourned at 8:42 pm.

Respectfully Submitted,

Amanda Truett



Catawba Valley Quilters Guild

P.O. Box 352

Hickory, NC 28603

www.catawbavalleyquiltersguild.com