



# Patchwork Press

Catawba Valley  
Quilters Guild

Volume 35, No. 4  
April 2019

**APRIL 2019**

## MEETINGS

### APRIL 2019

**Board Meeting, 6 pm, Thursday, April 4,**  
Holy Trinity Lutheran Church

**Monthly Guild Meetings, Thursday, April 11,**  
**10 am and 6:30 pm** Holy Trinity Lutheran  
Church

**Morning Program Susan Edmonston (of Susan  
Edmonston Designs)** is an award winning quilt  
maker and will share her unique artistry with us.  
**Evening Program Rob Ford,** guild member and  
quilt master, will share his passion for making  
precise, beautiful quilts.

**Thursday Mornings, 9:30—Noon Sit 'n Sew,**  
Holy Trinity Lutheran Church — an informal  
session to work on personal projects or to just  
connect with us, followed by lunch out.

**Mission Day Saturday, April 6, 9 am to 3 pm,**  
Holy Trinity Lutheran Church, Old Fellowship  
Hall (don't go inside; enter through double  
doors on your left as you walk up the driveway).  
Join us to make quilts for our various service  
projects: Premie Quilts for the local hospitals,  
Sunshine Quilts for the Family Guidance Center,  
and Quilts Of Valor for local veterans or a pro-  
ject of your own. Bring lunch and stay all day or  
just drop by for a while. We have everything you  
need to help with these worthwhile projects:  
kits, machines, thread, etc.

## EVENT CALENDAR

### MISSION DAYS

**April 6 , May 18, June 22**

### QUILT SHOWS

**May 17-18, 2019 Garden of Quilts Show**

Western North Carolina Quilters Guild  
Bonclarken Conference Center 500 Pine Drive  
Flat Rock, NC  
<http://westernncquilters.org>

**March 26-May 20, 2019 ArtQuilts Passion**

14th Biennial Member Exhibition  
Page-Walker Arts & History Center  
119 Ambassador Loop  
Cary, North Carolina 27513

### IN HOUSE WORKSHOP

**Saturday, April 6th 9 am to 12 noon Begin-  
ning Free Motion Thread Painting** with Eve  
Agee. Community Room C (our regular meet-  
ing room).

### SPRING RETREAT

**April 21-24, 2019, Camp Holston, Banner Elk.**

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Catawba Valley Quilters Guild  
P.O. Box 352  
Hickory, North Carolina 28603

### Officers

	Day	Night
<b>President</b>	<b>Debbie Swartzel</b> dswartzel@charter.net (704) 564-1766	<b>Mary Long</b> maryellamml@gmail.com 297.4711
<b>Vice Presidents</b>	<b>Debra Rubin</b> debra.rubin@gmail.com (336) 314.5906	<b>Mary Whipkey</b> marywhipkey@bellsouth.net 728-3800 <b>Jan Carpenter</b> jan99chr@yahoo.com 381-7342
<b>Secretary</b>	<b>Maureen Teague</b> maureeneteague@gmail.com 495-8715 & <b>Kandi Peterson</b> kandipeterson1@gmail.com 328-3290	<b>Anne Starnes</b> annestarnes@yahoo.com 322-7308
<b>Treasurer</b>	<b>Teena McRary</b> teenamc@embarqmail.com 396-7100	
<b>Members-at-Large</b>	<b>Peggy McCosh</b> mccoshpeggy@yahoo.com 423.506.2151	<b>Joy Mease</b> joymease224@hotmail.com 465-6624

**Membership – Position Open – anyone??/** Jan Carpenter new-evening co-Chair; jan99chr@yahoo.com 381-7342; Joy Mease joymease224@hotmail.com 465-6624 is filling in until replaced.

**Newsletter – Diana Weber** 495.9389 gmadidi7@gmail.com  
*Newsletter deadline: fourth Monday of prior month*

**Webmistress – Amanda Truett** c: 803.528.6304  
artsoul85@gmail.com

Meetings 2nd Thursdays 10 am/6:30 pm Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, North Carolina Website: catawbavalleyquiltersguild.com Instagram @CVquiltersguild



### Birthdays

- 4 Amanda Truett / Rob Ford
- 8 Charlotte Hyde
- 10 Gregg Colson
- 14 Carol McRee / Beth Moore
- 18 Janice Setzler
- 20 Wanda Morrison
- 21 Elle Clemens / Pat Carson
- 23 Debbie Smith / Deanna
- 28 Susan Leithiser
- 30 Peggy McCosh
- ?? Connie Smith

Please correct in your Membership Book

Ann Lutz has a new phone number: 828-404-6528



## MINUTES MORNING MEETING MARCH 14, 2019

### CALL TO ORDER

President Debbie Swartzel called the meeting to order at 10 am. She welcomed all and recognized visitors, Linda H. Sloniker, Sue Button, and Judy Folden.

### APPROVAL OF MINUTES

The minutes from the February meeting were approved with no corrections or additions.

### GUILD MAILBOX

A flyer from Flat Rock discussing their A Garden of Quilts Show Friday May 17-18, 2019 at the Bonclarken Conference Center.

### SUNSHINE & SHADOWS

- Peggy Poe mentioned that though Teena McRary had been in a car accident she is doing well. However because of some eye surgery she recently had she is recovering at home.
- Janice Setzler's daughter due to complications from the flu and having a past heart history, had a heart stint procedure. She also has further issues with a leaky heart valve and may require open heart surgery. Janice requested our prayers, for her daughter Margaret.
- Connie Bumgarner said her pastor had a hip replacement and they are all rejoicing.
- Debbie S. mentioned that Debra Rubin's daughter is expecting this fall.

### OLD BUSINESS

Debbie S. showed the guild our new fabric labels which can be easily folded and sewn in the binding in the back of the quilt. We were encouraged to take a few to use with our future charity quilts. The guild also has some of the old labels.

Two Directory photo corrections were passed to members and now all names and faces are accurate.

**Audit committee** They have met and their only suggestion was to reimburse the Treasurer for expenses incurred with purchasing paper and ink.

**By Laws** Meetings are still ongoing.

**2021 Quilt Show Task Force.** The Committee met on March the 7<sup>th</sup>. If any member wishes to be a part please contact Kay Dwyer.

**Spring Quilt Retreat** Mary Bucy is collecting the \$100.00 deposits which are due now.

**Heritage Days** This festival is April 11<sup>th</sup> and 12<sup>th</sup> at Maple Grove; please contact Debra Rubin to volunteer. Karen Berlin mentioned that the Friday shift is taken care of

but Thursday is still open.

**Missouri Star Quilt trip** Connie Bumgarner regaled us with the wonderful amenities on the Christian tour bus (it even "lowers" for mature patrons) and gave us the highlights of the trip.

**Hickory Day School Summer Camp** Debbie S. suggested developing the curriculum after sit and sew, at 11.30 AM March 28<sup>th</sup>.

**Website Renewal** Greg Colson has volunteered to work with Amanda Truett on this.

Mission Day will be April 6<sup>th</sup>, see Peggy MCosh if interested.

Joy Mease mentioned that Member Directories were available in the back. While there, she met our visitors Linda H. Sloniker, Sue Button, and Judy Folden. And they joined our guild!

### NEW BUSINESS

#### **April Challenge Theme**

March challenges were shown by Mary Bucy, Gigi Miller, Kandi Peterson and Peggy Poe. The theme for March was: Seeds, Roots and Blossoms. Chris Appenzeller will write a more detailed description in the Patchwork Press (see p. 5).

A clarification was made about the two guild activities occurring simultaneously on April 6<sup>th</sup>: Eve Agee's workshop and QOV Mission day will be held in separate rooms.

Remember to tag quilt photos to #cvquiltersguild @cvquiltersguild

Our Guild has been invited to enter quilts in the Smoky Mountain Quilters of Tennessee Show, Aug. 2 and 3<sup>rd</sup>. Deadline for entering quilts is June 14<sup>th</sup>.

#### **Recovery Festival**

Debbie S. discussed a Recovery Festival at the new Broughton Hospital, in Morganton on September 25. Various programs will be demonstrated to new and old patients and our quilt guild was invited to take part. If interested, contact Debbie S.

#### **Membership**

Barbara Phillips has stepped down from her position as Membership Chair. Joy Mease has generously offered to do the evening memberships, but a chairperson is still needed for the daytime. If interested please see Debbie S.

#### **Frye NICU**

Discussion continues regarding preemie quilts being tagged for Frye Hospital. Rumors suggest that Frye will no longer deliver babies, but no official public statement



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has yet been made. There has been no need for four months, and this was brought to the guild's attention.

**DOOR PRIZES**

**Attendance:** Rosalyn Gardner  
**Homemade Nametag:** Kathleen Whiddon  
**SERVICE PROJECTS**

Those showing Service Projects were...

- Janice Setzler 1 QOV, 4 quilts to CAC and 2 FRC,
- Peggy Poe 1 QOV,
- Kay Dwyer 4 preemie quilts,
- Joyce Pearce (part of the stripper girls!) 1 preemie quilt,
- Libby Sigmon 1 preemie quilt,
- Dotty William 1 QOV 2 preemie quilts,
- Kandi Peterson 1 preemie quilt,
- Frances Allen 1 preemie quilt,
- Peggy Barton 2pillow cases,
- Carol Carman 2 service quilts, and
- Rosalyn Gardner 2 QOV and 1 preemie quilt,
- Debbie Swartzel 1 preemie quilt.

**SHOW & TELL**

Personal Projects were:

- Elle Clemens an elephant baby quilt for her granddaughter,
- Candi Gordon floral quilt ( a 5 year project) ,
- Bonnie King, a featherweight carry bag,
- Jan Hutchinson, a quilt for her recliner,
- Eve Agee a small demo for her class and could be used for the March Challenge.

**PROGRAM**

We had a short recess before enjoying our speaker and program. Lisa Alley from Bear Paw Quilts, discussed "The History of Quilting in North Carolina" and had beautiful quilts to show us as well.

Thank you Lisa for a great program and slide presentation.

The meeting adjourned at 12:10 pm.

Respectfully submitted,  
Kandi Peterson  
Morning Co-Secretary

**QUILT RETREAT APRIL 21-24, 2019**

by Debra Rubin

Join us at Camp Holston in Banner Elk, North Carolina, Sunday, April 21 to April 24. Room rates: single room is about \$375; double occupancy is about \$235. As of now we have room for 4 to 6 more people.

Potluck dinner Sunday night, check in about two on Sunday, check out Thursday at noon includes four breakfasts and three dinner meals. For information call myself or Barb Mahnke.

We will have individual help for projects and pop-up instructional time, we will also work on a collective donation quilt, and a block raffle! And just good old leisure time!

Debra Rubin: 336.314.5906  
Barbara Mahnke 828.238.8529



**WANTED: Industrial Machine**

Got the Marie Kondo bug?

If that industrial machine you own no longer "brings you joy," we are interested in adding our joy by purchasing it from you!

Please contact either of us as you "send your gratitude" to your industrial sewing machine no longer needed by you.

Spark Your Joy, Sara Gomez, 419.706.8275  
Sfgomez60@gmail.com  
Kay Dwyer 734.660.7950  
Dwyerdk@gmail.com





**2019 GUILD CHALLENGE:  
"SEW, WHAT'S THE STORY?"  
BY CHRIS APPENZELLER**

Thanks to everyone who shared their February theme challenge quilts at the March meeting! Each month we will announce the theme for the following month (the period from one meeting date to the next) in the newsletter and at the meeting. February's was "Love is..." and March's was "Seeds, Roots, Blossoms!" **The theme for April is "It's Music to My Ears."**

Instead of a single quilt for this year's challenge, we will be making a small quilt each month following a specific theme. The quilts are all to tell a story about YOU: what you are doing that month or a memory that the theme sparks in you. For example, the March theme could have been about what you plan to plant this spring, your favorite flower, your "roots" or family tree, etc. There will be a total of nine possible quilts, and we will begin collecting them in October for display at the joint December meeting. This is not a competition but a challenge: explore your creativity in expressing your thoughts, experiences, and memories, and experiment with new techniques (thread painting, fabric painting, embellishments, embroidery, photo transfer). For each small quilt submitted, you will receive a ticket, and there will be a drawing for prizes at the December meeting.

**GUIDELINES**

Finished size 8 1/2" x 11," batting and backing required. Edges should be finished using binding or other method. Horizontal or vertical orientation okay.

As you work on your quilt, write your inspiration ("What's the story?") on a 3" x 5" card, one side only. Say a few words about the technique you chose. It's up to you whether or not you add words to your quilt top since the cards will be pinned to the bottom of the quilts when displayed in December.

Contact Chris Appenzeller or Mary Bucy if you have any questions.

**Rick Hubert, pieced and quilted by  
Rob Ford**



**Wayne Hermance pieced and quilted by Rob Ford**

**Wayne Sylvester, Pieced and quilted  
by Margaret Noah**







## MINUTES EVENING MEETING MARCH 14, 2019

### CALL TO ORDER

President Mary Long called the meeting to order at 6:30 pm and welcomed everyone. There were 26 members present and one visitor, Lori Hartley.

### APPROVAL OF MINUTES

Minutes from the February meeting were printed in the March newsletter. Joy Mease moved, seconded by Pat Carson, to approve the minutes. The motion carried.

### FINANCIALS

The financial report was printed in the current newsletter.

### ANNOUNCEMENTS

Amanda Truett said the guild has now made 276 Quilts of Valor for local veterans. The next Mission Day is on Saturday, April 6, 9:00 am.

### SUNSHINE & SHADOWS

- Teena McRary was in a wreck last week; she is just fine, but her car is not. She also had scheduled surgery this week, which went well.
- Janice Setzler's daughter recently needed another heart stent, for six total. Prayers for Janice's family are appreciated.
- It was great to see Melissa Shaw out and about again!
- Jan Carpenter's husband recently moved to Carillon in Newton. This is both a sunshine and shadow for her, but they are taking great care of him and he is doing well there.

### GUILD MAILBOX

A flyer was shared on the Garden of Quilts Show, May 17-18 (Friday & Saturday) at Bonclarken Conference Center in Flat Rock, NC.

### WORKSHOPS

Gigi Miller handed out brochures on the five 2019 workshops. Eve Agee's "Beginning Free Motion Thread Painting" workshop on Saturday, April 6 is full now, but the others are not.

### OLD BUSINESS

Joy Mease reported the 2018 Audit Committee met to review the guild's financial records from last year. Teena McRary does an excellent job as guild treasurer, and everything looked fine to them. They had one recommendation, that Teena allow the guild to buy a ream of paper and ink cartridges for her. Audit Committee members had noted that Teena is not being reimbursed for the numerous copies made from her home printer, and agreed this needs correcting. This was their only

recommendation.

During the past four months that Mary Long delivered preemie quilts, and there were no babies in the Frye NICU. At the morning meeting today, Kandi Peterson discussed the likelihood that Frye will no longer have a NICU in the future. Anyone insistent on having their preemie quilts delivered only to Frye should hold onto them until further notice. It is also possible Frye will discontinue delivering any babies in the future.

Amanda Truett will renew the guild's website service in April.

Anyone interested in going on the Missouri Star Bus Trip should contact Mary Bucy.

As in years past, the guild will help Hickory Landmarks Society with the Heritage Days at Maple Grove for school children. Debra Rubin needs volunteers for two shifts on both Thursday, April 11 & Friday, April 12. Please call and volunteer to help.

The Quilting Retreat at Camp Holston in Banner Elk is on April 21-25 (Sunday to Thursday). Members registered need to pay the \$100 deposit.

The guild with Hickory Day School will hold a Sewing Camp for youth again this summer.

### NEW BUSINESS

Membership Chair Barbara Phillips has resigned from her position. Jan Carpenter is now Membership Co-Chair for evening meetings, and Joy Mease will serve in the mornings until a volunteer steps up.

Kay Dwyer has suggested holding a Quilters Garage Sale, an opportunity for members to both buy and sell items. Likely, some of the proceeds would benefit the guild and a designated charity. Members present indicated their interest, and the Board will discuss further. A Silent Auction was held awhile back, which everyone enjoyed.

The 2021 Quilt Show Committee met to discuss venues, vendor policies, etc. Anyone interested in joining their discussion should contact Kay Dwyer. Cathy Starnes said Mayor Guess suggested to her that convention center leaders might consider a facility fee discount, since the guild is a non-profit and helps local veterans. A formal discussion would need to take place with them.

Debbie Abernethy provided two membership handbook corrections, each with the correct name and photograph, and easy to cut and paste in.

Members were given a few of the new fabric labels to sew in the back binding of service project quilts. Debbie Swartzel ordered 1,000 of them.



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Gigi will post photos from tonight's meeting on the guild's [Instagram](#) page.

**2019 Challenge:** The Challenge theme for March is "Seeds, Roots & Blossoms."

Members shared the 8½ x 11-inch blocks they made for the February Challenge theme, "Love is ...":

- Peggy Poe, "Love is ... Lots of Things"
- Cindy Konarski, "Love is ... Enjoying the Little Things"
- Gigi Miller, "Love is ... Goldbug"
- Susan Bisulca, "Love is ... My Family Tree"

#### DRAWINGS

**Attendance** – Pat Carson

**Homemade Nametag** – Lennie Sever

#### SERVICE PROJECTS

**Quilts of Valor** Susan Bisulca (1), Peggy Poe (1), Janice Setzler (1), Carol Carman (2), and 1 very special Purple Heart QOV, made for Terrie Townsend's son, with his 26 service ribbons sewn into the binding

#### SHOW & TELL

Bed Quilts – Cathy Starnes (2), Wanda Bombyk (1)

Table Runner – Terrie Townsend (1)

#### PROGRAM

In a word, the March program could be summed up as ... WOW! Lisa Alley of Bear Hug Quiltworks in Winston-Salem, NC presented a program this morning on the History of Quiltmaking in NC, and the evening group was treated to her trunk show and numerous patterns she designed.

She started quilting in 1991, while studying civil engineering in Raleigh. When she left her profession behind eight years ago, she followed her heart down the quilting path.

While working on the floor at Sew Original in Winston-Salem, Lisa's keen eye for mixing fabrics into appealing pattern designs came in handy, and pattern designing followed. One day, the Hoffman Fabrics rep came into the store, saw a sample she designed using their fabrics and asked her to make the same quilt using their latest fabric line, followed by their asking her to design patterns for their quarterly project catalogs that showcase new fabrics. In their latest project catalog, ten of Lisa's patterns were featured. A major bonus is that Hoffman sends her free fabrics to use, and after the shops see her patterns in the catalog they order them from her, yay!

Lisa's business card says she is a quilt maker, quilt show judge, and pattern designer. Her only child is a Shih Tzu named Shelby, who often shows up in her

quilts.

She likes making easy quilts, which is why most of her patterns are very easy. She said everyone thinks that writing patterns is easy, and once in a while it is, but rarely.

A few tips:

- Be careful – Lisa got a long arm machine about a year ago, and now she just wants to stay at home.
- She uses Quilters Dream cotton batting, mid-loft, but also likes their poly-blend for quilts that stay folded.
- She also creates patterns using panels, and teaches a class on how to size panels, do the math, add strips, etc.
- Go to the Sew Original website and download their newsletter; choose Winston-Salem, Boone, or both.

Everyone thanked Lisa for sharing her knowledge and amazing array of quilts, over 60 total. The meeting adjourned at 8:05 pm, and everyone went shopping.

Respectfully submitted,  
Anne Starnes  
Evening Secretary

#### Percy Dale Little, pieced and quilted by Dotty Williams



Kenneth Dellinger. Pieced by Quilts Of Valor Stars;  
quilted by Karen Bronson



**MESSAGE FROM DEBBIE SWARTZEL, MORNING PRESIDENT**

We've muddled through a few months together and I think I'm getting the hang of serving as your morning president. I've made a few adjustments, you've been both patient and flexible as I learn this new role.

Being on the leadership side of an organization you start to see things you didn't or couldn't see as a general member. Here's what I've seen these last few months:

1. There is something for everybody and someone willing or interested in every thing. Nearly every request for help from the mundane to the technical has been immediately met with a volunteer willing to jump in. What a joy it is to lead a group so willing to jump in and help when asked.
2. Many of you have gone out of your way to offer me your support. From phone calls and emails to constructive criticism and comments of good meeting you've bolstered my confidence.
3. This guild cares about more than just quilting. We care deeply for each other. I love that we celebrate our joys and hurt as a group when life is throwing us lemons. I see how interconnected we all are—from welcoming guests and new members into the fold to life long friendships, what a blessing it is to be a part of such a caring group.

My most heartfelt thanks,

*Debbie*



Catawba Valley Quilters Guild

P.O. Box 352

Hickory, NC 28603

[www.catawbavallevquiltersguild.com](http://www.catawbavallevquiltersguild.com)