



# Patchwork Press

## June 2023

Catawba Valley Quilters Guild  
Volume 39, No. 6  
June 2023

### C A L E N D A R

#### **BOARD MEETING JUNE 1, 2023, 6 PM**

Via Zoom Call

**JOINT MEETING & COVERED DISH SUPPER, JUNE 8, 2023 6 PM** Holy Trinity Lutheran Church fellowship hall on the side of the church where offices and playground are. Front circular drive door should be open for handicap entry.

**PROGRAM:** Challenge Quilt Display and Judging

**MISSION DATES — JULY 29 /AUG. 26**

**9am – 3 pm** [No mission day in June]

Holy Trinity Lutheran Church – Help us make Preemies for local hospitals, Sunshine Quilts for the Family Guidance and Children’s Advocacy Centers, Quilts Of Valor for local veterans, or work on a project of your own. Bring lunch and stay all day or just drop by for a while.

#### **SIT N SEW Thursday Mornings 9:30--11:30 am**

Holy Trinity Lutheran Church – an informal session to work on personal projects or to just connect with others, sometimes followed by lunch out.

### **IN HOUSE WORKSHOPS**

**SAT., JUNE 3, 2023 BARN QUILT WORKSHOPS WITH CAROL MITCHELL** Workshop currently full. Cost \$75 for all supplies to make a 2ft x 2ft barn quilt. Checks made out to CVQG.

**SAT. JULY 15, 2023 MACHINE APPLIQUE WORKSHOP TERRIE TOWNSEND** – Includes a trunk show of applique quilts and how to add applique with your standard sewing machine.

### **QUILT SHOWS & EVENTS**

#### **JUNE 16-17, 2023 FORSYTH PIECERS AND QUILTERS**

##### **SUMMER BLOOMS QUILT SHOW—**

Winston Salem Fairgrounds, Home & Garden Bldg.  
421 27th St WS—Enter at gate 9 Admission \$5

#### **JUNE 23-24, 2023 SMOKY MOUNTAIN QUILTERS OF TENNESSEE SHOW**

Knoxville Expo Center in Knoxville, Tennessee  
Deadline for entries is April 22, 2023  
[www.smokymtnquilters.com](http://www.smokymtnquilters.com) for information.

#### **JUNE 23-25, 2023 QUILT ART BY THE SHADY LADIES**

Folkmoot Center, 112 Virginia Ave,  
Waynesville, NC Admission \$5.00

#### **SEP. 29-30 39TH ANNUAL ASHEVILLE QUILT SHOW**

WNC Ag Center, Davis Event Center  
761 Boylston Highway, Fletcher

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Catawba Valley Quilters Guild  
P.O. Box 352

### Officers & Worker Bees

	Day	Night
President	Kathleen Whiddon (	Shelley Thompson  Jan Carpenter
Vice President	Cindi Williamson	
Secretary	Mary Bucy	Amanda Truett
Treasurer	Frances Allen	
Members-at-Large	Nancy Garchek	Debbie Smith

**Membership** – Elle Clemens daytime Co-Chair luv2quilt  
Jan Carpenter evening Co-Chair;  
Joy Mease  
**Newsletter** – Diana Weber *Newsletter deadline: third Monday of prior month*  
**Webmistress / Quilts of Valor** –Amanda Truett

#### Meeting Dates / Times

Second Thursdays 10 am/6:30 pm  
Holy Trinity Lutheran Church, 547 6th Street NW,  
Hickory, NC [catawbavalleyquiltersguild.com](http://catawbavalleyquiltersguild.com) /  
Instagram @CVquiltersguild

## Birthdays

4	Frances Allen Kathy Hewitt
6	Nora Evans
8	Debbie Abernethy Dotty Williams
9	Terrie Townsend
11	Anna Holloway
14	Suzanne Sproul
24	Ann Becker
23	Linda Thompson
29	Debbie Swartzel

### TREASURER'S REPORT APRIL 1-30, 2023

<b>Balance 3/31/2023</b>	\$26,726.20
<b>Receipts</b>	
Pin	5.00
Membership	140.00
Workshops	575.00
<b>Total Receipts</b>	<b>720.00</b>
<b>Expenses</b>	
Workshops	(1,140.00)
Programs	(150.00)
Retreat Deposit	(300.00)
QOV	(208.00)
Library	(81.50)
Technology	(817.97)
Membership	(27.19)
Newsletter	(54.70)
<b>Total Expenses</b>	<b>(2,779.36)</b>
<b>Balance 4/30/2023</b>	<b>\$24,666.84</b>
<b>QOV DESIGNATED FUNDS</b>	
<b>DESIGNATED QOV 12/31/22</b>	<b>\$2,976.12</b>
Jan 2023 QOV Expense	(379.69)
Feb 2023 QOV Expense	(274.93)
Mar 2023 \$0 activity	0.00
Apr 2023 QOV Expense	(208.00)
<b>DESIGNATED QOV 4/30/23</b>	<b>\$2,113.50</b>



## MORNING MINUTES MAY 11, 2023

### CALL TO ORDER

Meeting opened by Kathleen Whiddon at 10:03 am. **New Member:** Kay Dwyer rejoined the guild

### APPROVAL OF MINUTES

Cindi Williamson moved to accept minutes as printed in the May newsletter. Ann Becker seconded the motion. Motion approved.

### SUNSHINE & SHADOWS

- Joyce Pearce is back with us following her surgery.
- We are happy to have Dawn Barbersek with us again.
- Nancy Garchek is having shoulder surgery today.
- Janice Setzler is having her shoulder surgery in a week.
- Candi Gordon is celebrating her 50th Anniversary on the 12th.
- Lori Skinner's parents bought the house next to her and will be moving in.

### DOOR PRIZES

**Homemade Name Tag:** Connie Bumgarner

**Attendance:** Joy Mease

Thank you to Chris Appenzeller for donating items to our prize box.

### NEW/OLD BUSINESS

Barb Mahnke encourages everyone to bring their challenge quilts to the dinner meeting, even if they are not quilted and bound. Attach your name to the front of the challenge so everyone can see who's is who's. If you are willing to leave your challenge at the church a few days, Barbara says members would love to see our work. Barb pointed out that the Dancing Ribbons challenge has 4 outer pieces, 2 of which start with a light color and 2 with a dark color (if you are using 2 background colors). She has spoken with ladies from St. Mark's Lutheran Church in Asheville and they are excited to come and make awards for our challenges.

The Dinner meeting will begin at 6PM. Everyone is asked to bring a dish to share and come a bit early if you have a quilt to hang. The Dinner meeting is held in the upstairs fellowship hall which is on the side of the church where the offices are and the playground. The front circular drive door should be open for handicap entry.

Charity Premie quilts may measure from 36-40 inches.

We are trying to use some our donated fabric and purchased white background fabric to put together 'kits' for charity throw size quilts. We hope to have all you would need to complete the quilt including a pattern.

Show books are still available and for sale at the discounted price of \$30.

We have one more Barn Quilt workshop on June 3, currently full. We are also anticipating a Machine Applique Workshop with Terrie Townsend July 15.

### SHOW & TELL

- Mary Bucy, Barn Quilt, Pocket Packer bag, and T-shirt quilt made by Janice Setzler
- Cindi Williamson, Red and green scrap quilt tops and bags (inspired by Kay' WS) to with toiletries for the Women's Resource Center
- Catherine Caswell, Charity quilt, fat quarter mix-up
- Frances Allen, Premie scrap quilt and pillow case
- Dottie Williams, Kay's WS string quilt and QOV
- Susan Leithiser, sunshine quilt and 2 pillow cases
- Beth Helmick, Scrapy bag and mystery quilt by Deb Tucker's Rulers
- Libby Sigmon, sunshine quilt
- Barb Davis, 4 pillow cases
- Kay Dwyer, WS strip quilt top that Dottie quilted
- Reba Walden, Baby quilt for a special friend's daughter
- Debbie Rubin, her first big quilt made for her Grand daughters, 'Sachet'
- Lisa Echerd, Premie and her own scrap quilt
- Candi Gordon, Granddaughter, Marigold's first big girl quilt
- Peggy Poe, Pocket packer from class, Barn quilt, and Riley Blake challenge block quilt
- Tanya Hodge, 2 pillowcases
- Lori Skinner, Strip quilt, Dragon quilt for Daughter-in-law, Selvedge purse, and a Mariner's Compass

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- Karen Miller, Daughter-in-law's Americana quilt
- Ann Becker, Charm challenge and 'favorite' child bag
- Kathleen Dukelow, Grandson's quilt for his wedding May 20
- Kandi Peterson, Maureen Teague's Red and Black medallion and Morning Glory quilt, and 4 scrap bags.

#### **PROGRAM**

See Evening minutes for program details.

Respectfully submitted, Mary Bucy

### **EVENING MINUTES MAY 11, 2023**

#### **CALL TO ORDER**

Jan Carpenter opened the meeting at 6:30p with business occurring first. 20 ladies and gentleman present. Jan welcomed Roxane Lessa as the presenter. No new members or visitors present.

#### **APPROVAL OF MINUTES**

Debbie Smith moved to accept minutes as printed in the May newsletter. Cathy Starnes seconded the motion which was approved by all present.

#### **SUNSHINE & SHADOWS**

- Janice Setzler is present and will have her second shoulder surgery next week.
- Lorraine Yount has moved to 11230 Ballentine Trace Court, Charlotte, NC 28277 due to an injury. Please visit her and take her to a quilt shop.
- Tristan Truett, oldest son of Amanda Truett, earned a Kiwanis Terrific Kid award in Kindergarten.

#### **DOOR PRIZES**

**Attendance** – Deb Nielsen

**Handmade Nametag** – Jan Carpenter

#### **ANNOUNCEMENTS**

Mission Day is Saturday, 20 May 2023 9a-3p. No Mission Day in June 2023. Sit and Sew Thursdays 930a-11a, any projects. Mission labels are available to add to Preemie, Sunshine, and pillowcase projects. New labels will be ordered with care instructions on them.

The June 2023 meeting will occur in the Fellowship Hall. Please bring food, your utensils (marked with your name). Drinks and paper products will be provided. Bring your show and tell items.

#### **OLD BUSINESS**

Barbara Mahnke – Paper Piecing Challenge for June meeting will showcase pieced and/or quilted paper pieced challenge quilts. Quilters from Asheville will review the quilts and will award ribbons that are not based on placement (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>).

Please come a few minutes early to the meeting to add name tags and hang the challenge quilts. After the meeting, the paper piecing challenges will be hung in the "Colson" fashion to thank Holy Trinity Lutheran Church for their hospitality. Challenges will be returned at the next meeting.

Quilt Show Yearbooks are still available for \$30.

Prior year members who need to add their pictures or who wish to replace their picture, please see Joy Mease or Jan Carpenter for new pictures.

Technology hardware is now available and committee will begin training and implementing. Computer hardware and software has been purchased. The website will have a private page with a database of members with contact information. Cathy Starnes will have a microphone stand to donate in the next meeting.

#### **NEW BUSINESS**

Preemie Quilt Size is now 36-40" with kits to be available in the future.

Workshops: June 3<sup>rd</sup> Barn Quilt - please give interest to Mary Bucy (currently all full). 2'x2' signboard and paint provided. \$75.

Terrie Townsend workshop on machine applique and "some other cool things" in July. Signup available in June meeting.

Cindy Williamson – Retreat in September 27-30 at Holston Camp and Retreat Center is now full. Please contact Cindy for a waiting list.

#### **SHOW & TELL**

- Cindi Williamson – 1 sunshine, 4 personal projects, a zippered pouch to fill with toiletries for the Women's Resource Center.
- Susan Fontyn – a pouch during the Selvedges, Scraps, and Strips workshop, a quilt top with a horse panel for a friend's granddaughter.
- Janice Setzler – a 2 pocket pouch made during Rebecca's pockets and pouches workshop. One Sunshine made with 5" squares from her stash.
- Susan Bisulca – 2 QOV
- Cindy Konarski – Dream Big whole cloth quilted panels.
- Meg Sandner – one personal project with British flag, dragon, shamrocks, Scottish thistle quilting.
- Janet Hunt – 3 preemie quilts, 1 selvedges, scraps, and strips pocketbook. Janet's husband brought home quilting panels which she used to create "Love Hate Relationship" with applique, hand embroidery, and quilting which she started in 1992 and finished this year.
- Wanda Greer – a Sunshine quilt to be quilted. Cindy Konarski volunteered.
- Jill Wells – 4 sunshine quilts
- Elle Clemens – QOV quilted by Gregg Colson.
- Shyann Carter – Hunter Star Block

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## PROGRAM

Roxane Lessa: What Every Quilter Needs To Know Before They Sew. Roxane, a ballerina and dance teacher, became interested in quilting when her children were born in 1998. She has a degree in Costume Design with a love of costumes and clothing. She teaches in person and online and loves making things with her hands using fabric, yarn, and thread. Roxane learned to free-motion quilt before the Bernina Stitch Regulator was released.

*"How many are interested in making an art quilt or learning more about art quilting?"* Over her years of teaching, she has collected a list of things we can all do wrong. She will share her learning curve, leave us with design shortcuts, and show the 3 most common design mistakes art quilters can make.

*"What challenges have you run into?"* Not having a secure feeling about art quilting; where to begin; "What do I make?" With art quilting, there is no pattern and design and, therefore, no quilting police to tell you that you are wrong. How to make art quilts from photos, what colors do I use?

*Three most common challenges/mistakes:*

How do I start? Make decisions and choices—decide what you like and what inspires you. What will your piece be about?

Look at your photos, nature, travel and coffee table books, other great art quilts, other great art in other media, Pinterest boards, music, art shows and quilt shows. What to do?

Collect images, sketches, and photos. Print them out and put them in page protectors. Save them in a notebook.

Pin them all to a design wall. Step back at least 6 feet and then take a B/W picture. Choose your favorites.

Describe in words the mood/theme of your piece (this helps with color choices and focuses you on your main idea).

Decide on realism or abstraction. This is important! You can also enlarge portions of the image that you start with.

No value contrast. Without value contrast your quilt will be 100% boring. Take a black and white picture of the fabrics to ensure that there is a variety of values. "Color gets all the credit, value does all the work," says every art teacher ever.

### *True Facts*

Most quilt stores stock middle range value fabric. Your stash has mostly middle range fabric. Your eyes and the colors will trick you. Red is an advancing color. Get good at seeing value. Take pictures of your fabrics for your project in black and white on your phone camera. Range your colors in your stash by value rather than color. Great practice and will show you what values you are missing. Take pictures of your work on your

design wall as you work, in black and white, to check your values. Remember, if everything is the same value, you will have a mushy, boring piece with no depth. It is harder to see value with prints. If you can pixelate or blur your picture of the fabric, you can get a better read on value. No editing. Learn the principles of good design. Don't be in a rush to finish. Take the time to take black and white photos of your composition, check your values. Look at it from at least 6 feet away.

Design check for yourself as you make art quilts. Is it too busy, chaotic? Have too little variety? Balance too heavy on one side or at the top? Heavier things (like darker colors and values) sink to the bottom. Lighter values pop forward while darker values recede. Does it appear unified, do all the elements belong? Or, does something need to be removed?

Do you have a "bullseye" preventing your eye from moving around the piece? (too much in the background, a pop of color that prevents you from looking at the rest of the quilt) Is your background too busy/loud and taking over the main subject? Is your main idea clear? Or, do you need to eliminate anything that doesn't fit with that main idea?

*Summing Up* To get started, collect inspiration, and decide on your piece's main idea and mood (this will help with fabric and color selection.) To make exciting quilts, vary the value. Before you sew, stop, look, think, and edit. It is hard to be objective about your own work—get help from other quilters, other teachers, get educated on the elements and principles of design. This takes time and practice to get good at it. All great artists had great teachers or coaches. Contact Roxane if you have questions. [www.bit.ly/roxanelessa](http://www.bit.ly/roxanelessa) [www.roxanelessa.com](http://www.roxanelessa.com)

**Questions:** *How do you get value from black and grey fabrics?*

There is a range of values for each color, grey tones will help with depth. *What fabric paint brands do you use?* All of them Threads? Aurifil, Superior, different media, glitter. *Is it hard to tell the value of paint before it dries?* Yes, test the value of the dried paint on scraps before painting your piece. Bobbin stitching is when you fill your bobbin with thread too thick to go through the needle. You stitch your design with clear thread first, then load the bobbin with the thicker thread, flip your piece over and quilt again with the bobbin thread. Make sure you pull a long tail of the bobbin to bury the tail at the end. Layers of different fabric will add depth – tulle, mesh, embellishments. Complex designs have to be constructed and involve planning and layers. Roxane usually uses Superior clear monofilament polyester thread to avoid changing bobbin thread colors.

Meeting Adjourned at 8:33 pm.

Respectfully submitted, Amanda Truett



**PROGRAM NOTES**

By Cindi Williamson

**JUNE 8, 2023 6 PM JOINT MEETING/CHALLENGE QUILT DISPLAY & COVERED DISH SUPPER**

Come join us for a fun potluck and reveal of our great challenge quilts. This is an all guild meeting at 6 pm at the church dining hall upstairs and around the building from our meeting rooms.

**JULY 15, 2023 IN-HOUSE WORKSHOP WITH TERRIE TOWNSEND—MACHINE APPLIQUE AND BEYOND**

Terrie will present a trunk show of applique quilts. Learn all the wonderful things a standard sewing machine will do to applique and enhance the surface of a quilt.



Catawba Valley Quilters Guild

P.O. Box 352

Hickory, NC 28603

[www.catawbavalleyquiltersguild.com](http://www.catawbavalleyquiltersguild.com)