



Patchwork Press

Catawba Valley
Quilters Guild

Volume 35, No. 3
March 2019

MARCH 2019

MEETINGS

MARCH 2019

Board Meeting, 6 pm, Thursday, March 7,
Holy Trinity Lutheran Church

Monthly Guild Meetings, Thursday, March 14,
10 am and 6:30 pm Holy Trinity Lutheran Church
Program Description Lisa Alley Bearhug Quilting,
will present both programs; "History of quilt making
in North Carolina "in the morning ,with a trunk
show in the evening, Lisa tells her quilt story as she
shares quilts and patterns from her journey. She was
our judge in our past two quilt shows and is a local
inspiration.

In the morning-Lisa will share stories from across the
state and through time and of the women who left a
beautiful mark on the history of our state. The pro-
gram includes a slideshow and a trunk show of an-
tique quilts.

Thursday Mornings, 9:30—Noon Sit 'n Sew, Holy
Trinity Lutheran Church — an informal session to
work on personal projects or to just connect with us,
followed by lunch out.

Mission Day Saturday, March 2, 9 am to 3 pm,
Holy Trinity Lutheran Church

Join us to make quilts for our various service projects:
Premie Quilts for the local hospitals, Sunshine
Quilts for the Family Guidance Center, and Quilts Of
Valor for local veterans or a project of your own.
Bring lunch and stay all day or just drop by for a
while. We have everything you need to help with
these worthwhile projects: kits, machines, thread,
etc.

UPCOMING EVENTS

MISSION DAYS

March 2, April 6

QOV PRESENTATIONS

March 7, 2019 at VFW Post 1957 (Hickory) 1615
12th St Dr NW; Hickory, NC 28601. 7p. All
members welcome

QUILT SHOWS

March 29-30, 2019

Inspired Piecemakers 2019 Quilt Show
710 Williamson Road
Roanoke, VA 24016
<https://starquilters.org/2019-show/>

IN HOUSE WORKSHOP

Saturday, April 6th

Beginning Free Motion Thread Painting with
Eve Agee. See flyer with this newsletter for
more information.

SPRING RETREAT

April 21-24, 2019, Camp Holston, Banner Elk.
See Debra Rubin's article for details on p. 11.

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Catawba Valley Quilters Guild
P.O. Box 352
Hickory, North Carolina 28603

Officers

	Day	Night
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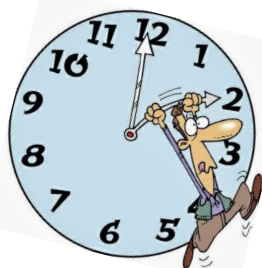
- 5 Martha Brown
8 Lucy Kearns
Ruth Keeslar
18 Michele Guinn
22 Bonnie Gold
31 Jean Gardiner
Diana Weber

Membership – **Barbara Phillips** 308.7607 bphillips284@charter.net / assisted by Jan Carpenter (evening group) jan99chr@yahoo.com 381-7342

Newsletter – **Diana Weber** 495.9389 gmadidi7@gmail.com
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Webmistress – **Amanda Truett** c: 803.528.6304
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Meetings 2nd Thursdays 10 am/6:30 pm Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, North Carolina Website: catawbavalleyquiltersguild.com Instagram @CVquiltersguild



Daylight Savings
Time begins **Sunday,**
March 10 at 2 am. Set
your clocks *forward*
one hour.



MINUTES MORNING MEETING FEBRUARY 14, 2019

CALL TO ORDER

President Debbie Swartzel welcomed and introduced to our February Guild Meeting three guests : Donna and Bonnie. Our third guest was Hickory Mayor – Hank Guess.

APPROVAL OF MINUTES

The minutes from the January Meeting were approved and President Debbie asked the Guild if everyone was receiving the newsletter via email or snail mail. Motion to approve minutes was seconded and passed.

ANNOUNCEMENTS

A quilt show in Virginia was mentioned. The dates are March 29-30, 2019. See Debbie Swartzel if you are interested.

A new quilt organization has been formed in the mountains called, "High Country Modern Quilt Guild." The guild meets on the 3rd Tuesday of the month from 6-8 PM, at Mountain Thread Company in Blowing Rock. If you are interested in attending see President Debbie, Barbara Mahnke or Mary Bucy.

Debra Rubin needs volunteers for Heritage Days, held at Maple Grove Landmark for 4th graders on April 11th and 12th. Demonstrations including basic quilting from 100 years ago will be showed. Please contact Debra (336) 314.5906 if you can help.

The next Mission Days, "Storm @ Sea," will be March 2, 2019 and April 6, 2019.

GUILD MAILBOX

The Guild mailbox didn't have anything in it except misdirected mail.

SUNSHINE & SHADOWS

Peggy McCosh circled the room for members to speak of their sunshine and shadows.

- Eve Agee was very happy to be at our meeting on Thursday.
- Ruby announced she has a new great grandson.
- Mary Long announced Peggy Bowman's husband had passed.
- Debra Rubin shared her father-in-law has been going through a lot with transitions from the hospital, etc.
- Sherry Huffman's mother is not doing well.
- Elle Clemens' mother fell and broke her femur and is bed ridden.
- More Sunshine from Mayor Hank Guess, who was awe struck by our October Quilt Show. His amazement was the art and talent displayed as well as the recognition of our military through the presentation of the Quilts of Valor.

OLD BUSINESS

Bylaws committee has not made any recommendations as of this meeting.

Kay Dwyer is looking for volunteers to be involved with the 2021 Quilt Show Task Force. See Kay if you are interested.

Barbara Mahnke gave an overview of the Spring Quilt Retreat which will take place at Camp Holston, Banner Elk, April 21-25, 2019. Private rooms are \$325.00 and double occupancy is \$225.00. She would like to have between 10 and 13 people. [See Debra Rubin's article on p. 11 for more details.

Debbie Swartzel and Barbara Mahnke are trying to come up with a curriculum to teach at Hickory Day School. They would like to teach a project that can be completed during the week



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of camp. If you have any ideas please call Debbie and Barbara.

Joy Mease has been distributing our 2019 handbooks. If you haven't received yours, please see Joy.

NEW BUSINESS

Gigi Miller said we now have an Instagram account. She encouraged all of us to post newsworthy items on our account which is @CVquiltersguild. If you have a Facebook page please put photos of your handiworks on it.

Gigi also shared information about the five workshops coming up in the near future with Eve Agee's being the first on April 6, 2019. A brief description of each workshop was given and brochures passed out. Gigi encouraged everyone who signs up to honor their commitment of attendance. Many workshops fill up so don't take a spot and then decide not to come. Maybe find someone or get in touch with Gigi if you're not coming.

President Debbie talked about labels that she purchased for sewing into our quilts when we donate them. We will have two different kinds.

Debbie asked if anyone is interested in helping Amanda Truett renew our Website. If anyone is interested in helping please contact Amanda. Some of our show and tell would be great advertisement of what we do as a guild.

DOOR PRIZES

Attendance: Rosalyn Gardner

Homemade Nametag: Kathleen Whiddon

SERVICE PROJECTS /SHOW & TELL

Many Service and Personal Projects were shown by members including: Barbara Mahnke, Kathleen Whiddon, Teena McRary, Peggy Poe, Kay Dwyer, Peggy Barton, Francis Allen, Rosalyn Gardner, Eve Agee, Dawn Barbersek, Sherry Huffman, Gigi Miller, Peggy Poe, Robin Walker, Karen Miller, Martha, Debbie Swartzel, Ruth Keeslar.

PROGRAM

Chris Appenzeller presented a program and discussed the 2019 challenge. She displayed different sorts of story quilts that she has produced during her 22 plus years of sewing. Many of her quilts have a meaning that is only obvious to her.

The 2019 challenge for our guild is... **"SEW, What's the Story?"**

After her remarks several ladies came forth with quilts either they made for themselves or quilts they made for others or gift quilts they received from others. Carol Robinson, a charter member of the guild came forth with a very funny quilt she had made depicting herself and several other friends. Chris A. reminded us that people have been quilting for well over 100 years. She shared a rug hooking she did of her grandsons' first time ever at the beach. The rug was made from a photograph she had taken of the boys at the beach.

She challenged members to: a) have confidence in what we are doing, b) be aware of special moments, c) learn a new technique, d) take a look at our inventory of magazines and books, e) use supplies from our stash, and f) share our personal story.

Chris's hope is to have a clothes line around our gathering room to display our 8 ½ x 11" blocks of SEW, What's the Story?

"Love Is..." is our February Challenge. The theme for March is the SEEDS, ROOTS, BLOSSOMS! She is asking for suggestions for the remaining months.

At 11:59 our meeting was adjourned.

Respectfully Submitted,
Maureen E. Teague, Co-Secretary



2019 GUILD CHALLENGE:
"SEW, WHAT'S THE STORY?"
 by Chris Appenzeller

This year's quilt challenge was announced and explained during the February program. For those who weren't in attendance, here are the guidelines:

Instead of a single quilt for the year, we will be making a small quilt each month following a specific theme which will be announced at each month's meeting and in the newsletter. A "month" will be considered the period of time between meetings. FEBRUARY'S theme: "Love is..."

The quilts are all to tell a story about YOU: what you are doing or what you are thinking or reminiscing about that month. Think of the quilts as a visual, fabric journal (I did this project with my Tennessee guild, and I kept mine in a binder to review, remember, and enjoy!) There will be a total of nine possible quilts, but we understand that life sometimes get in the way of our plans, so just make as many as you can. We will begin collecting them in October to display at the joint December meeting. This isn't a competition. This is about trying out new techniques and exploring your creativity while sharing your story with others. For each small quilt submitted, you will receive a ticket, and there will be a drawing for prizes at the December meeting.

Each quilt should measure 8 1/2" x 11," the size of a piece of notebook or copy paper. They should have finished edges (not necessarily using binding) and include backing and batting. The quilts can have horizontal or vertical orientation. You can use any technique you desire. They can be appliqued, embroidered, pieced, thread painted, whatever. Consider photo transfer and embellishments.

As you work on your small quilt, write your thoughts on a small 3x5 or 5x7 notecard (just on one side). Tell how your quilt reflects the theme and tells your story, and maybe say a few words of

what technique you chose. It's up to you whether you add words on your quilt since the cards will be pinned to the bottom of the quilts when they are displayed.

Use your scraps of fabric and batting, leftover pieces of binding, old buttons, trinkets and trims. Take advantage of the books in the guild library, and search through your own quilt books and magazines as well as your photo albums. As you go through life in the months ahead, stop and think, "Would this make a good story quilt and how can I sew it?" Most of all, have fun!

Looking ahead, the theme for MARCH is SEEDS, ROOTS, BLOSSOMS!

2019 WORKSHOPS
 by Gigi Miller

Saturday, April 6th

Eve Agee Beginning Free Motion Thread Painting

Friday, June 14th

Candace Has-
 sen "Audry":
 Stack-n-Whack
 Piecing



Thursday, July 25th

Debbie Swartzel
 English Paper Piecing

Friday, September 13th

Karen Ponishel Wholecloth Painting

Saturday, November 2nd

Terrie Townsend Simply Woven Quilt

Flyer enclosed with this newsletter. Questions, contact Gigi Miller.



MINUTES EVENING MEETING FEBRUARY 14, 2019

CALL TO ORDER

President Mary Long called the meeting to order at 6:30 pm and welcomed everyone. There were 38 members present and three visitors, former members Jan Minyard and Penny Harper, and Sylvia Walker.

APPROVAL OF MINUTES

Minutes from the January meeting were printed in the February newsletter. Shelley Thompson moved, seconded by Debbie Smith, to accept the minutes. The motion carried. Mary asked if any members are *not* receiving the monthly newsletter, either by e-mail or postal delivery; no issues were noted.

FINANCIALS

The financial report was printed in the current newsletter.

ANNOUNCEMENTS

- Thanks to guild member Debbie Abernethy for updating and publishing the 2019 member handbook for the February meetings. Any member needing their photo made should see Jan Carpenter. A few errors were noted, and will be corrected.
- Thanks to Shelley Thompson for her homemade Valentine's Day goodies, and to Pat Carson & Jan Carpenter for making Valentine needle books and bringing candy to share.
- The next two Mission Days will be on (Saturday) March 2 and April 5.
- The guild has made and presented nearly 270 Quilts of Valor in the past 3½ years, and there are 10,000 veterans in Catawba County.

SUNSHINE & SHADOWS

- Peggy Bowman's husband passed away recently.
- Jan Hutchinson is feeling well now.
- Melissa Shaw is home with the flu, and will get a second opinion on her ankle next week.
- Joan Cole is recovering from a bout of bronchitis.

GUILD MAILBOX

There will be a quilt show in Roanoke, VA, March 29-30, 2019.

NEW BUSINESS

- Mary Bucy is organizing a bus trip to Missouri Star Quilt Co. through Burke Christian Tours, September 15-21, 2019, and has room for another 10-15 people. She reviewed other stops on the itinerary, including Louisville, the National Quilt Museum in Paducah, and the Gateway Arch in St. Louis.
- Debra Rubin is organizing a Quilt Retreat at Camp Holston in Banner Elk, NC, April 21-24, 2019 (Sunday to Thursday). The cost per person is \$375 (single) or \$225 (double). Eight people are registered, but up to 13 can attend. Contact her to reserve a space.
- Gigi Miller reported the guild has a new Instagram account, and quilt photos from the morning meeting have been posted. Use: @CVquiltersguild to post on the guild's account.
- Gigi has organized five workshops during 2019 on a variety of topics, for different skills and interests, on various days of the week. Brochures with workshop details were distributed. Registration will be on a first-come basis.
- Kay Dwyer needs one person from the evening group to join the 2021 Quilt Show Committee. Mary Long volunteered both herself and Anne Starnes to serve, and a member majority volunteered Gregg Colson.
- Mary Long always pins a label on premie and sunshine quilts before delivering them. She discussed the new labels for service projects, saying 1,000 cloth labels were ordered, but the current supply will be used first. Members will each receive a few cloth labels, to sew into their binding. Sometimes recipients send a note of thanks after seeing the guild's label. Shelley Thompson explained how

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she machine stitches, "Made by CVQG, 2019" on her bindings.

- Amanda Truett discussed the guild website. The guild's internet domain provider is GoDaddy, and the renewal is due this year. The board has approved paying the best price, for the longest service duration. She could use some help updating the website, and Gregg Colson volunteered to assist.

- The guild has participated in Hickory Landmarks Society's "Heritage Days at Maple Grove" for a few decades now, and they have requested the guild's participation again this year. It will be April 11-12 (Thursday & Friday), on the Maple Grove grounds. Karen Berlin and Debra Rubin are coordinating, and need volunteers.

- The Summer Sewing Camp with Hickory Day School will be held in July again. Gregg Colson and Mary Bucy discussed their experiences from the previous year. Member volunteers will be needed for the camp.

- A Modern Quilt Guild has formed in Blowing Rock. Meetings are held at The Mountain Thread Co., 6-8 pm on the third Tuesdays.

- The by-laws in the member handbook are still in effect, while the committee works on revisions.

DRAWINGS

Attendance – Wanda Morrison

Homemade Nametag – Anne Starnes

Extra door prizes (thanks to Pat Carson's downsizing mission) went to Susan Fontyn, Sylvia Walker, Jan Minyard, and Shelley Thompson

SERVICE PROJECTS

Quilts of Valor – Rosalyn Gardner (1), Rob Ford (3), Susan Bisulca (2)

Premie Quilts – Shelley Thompson (1), Joan Cole (2), Janet Hunt & her 9-yr. old granddaughter (1), Judi Eller (4)

Sunshine Quilts – Shelley Thompson (1), Joan Cole (2), Cindy Konarski (2), Pat Carson (4), Libby Sig-

mon (2), Jan Carpenter (3)

Pillowcases – Judi Eller (3)

SHOW & TELL

Bed Quilts – Gigi Miller (1 Lone Star quilt), Janet Hunt (2, including a Christmas quilt), Melanie Mikusa (1 jelly roll Sampler quilt, made by 8th grader McKenna Carver with Melanie's guidance), Joan Cole (1 quilt in progress)

PROGRAM

Guild member Chris Appenzeller presented the program "Make a Memory Quilt" and introduced the 2019 Challenge. (See the March newsletter article for details on the Challenge.) She said the purpose of story or memory quilts is to tell *your* story, or your family's story, but tell your personal story. The Challenge theme should be kept in mind while working, which is: *Sew, What's the Story?*

She asked members to be prepared to share stories behind their Challenges, and hopes that a Challenge quilt display will be part of the next quilt show. She noted that guild Challenges often include actual fabric/s that must be included in their quilt, and it can be very interesting to see how members use the required fabric/s in their Challenge. This year's Challenge is a much less stressful one – just relax and enjoy the process. Chris shared some "memory" items she has made through the years, including:

- A quilt for her father-in-law using photo transfer, and representing 100-yrs. of his family's service as Methodist Missionaries to Korea, from 1885 to 1985.
- A hooked rug, representing a photo she took of her

two grandsons' very first frolic in the ocean.

- An assortment of 8½ x 11-inch free motion quilted pieces she



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made as a member of a Tennessee guild. Each one depicts the monthly theme, phrase or technique assigned by their Challenge leader. It was so popular that they repeated the same Challenge the following year, and hung them on a clothesline at the end of each year. It is a suitable Challenge for all quilters, beginner to advanced.

- A block-of-the-month quilt, adapted to represent many trips to the mountains while living in Southern California.
- Various members shared their own “memory quilts” and shared the personal stories behind them, including:
 - A teddy bear, one of two made for Joyce Pearce and her sister from their daddy’s shirts. She also shared a quilt she made for her husband, an Army veteran, with his service history and various mementos sewn on it.
 - A quilt Robin Walker made using her 4-year old grandson’s clothes and photos, after receiving help from others at the 2018 retreat. She also shared a t-shirt quilt, representing a 2-week road trip to Minnesota with her daughter last year.
 - Chris shared Carol Robinson’s memory quilt, “Thursday at 6:45.” Joyce Pearce shared the story behind it, saying that Carol and three friends, who had also lost their husbands, had dinner together every Thursday night at 6:45, and Carol celebrated their friendships in her quilt.
 - A 100% polyester quilt made by Shelley Thompson using her baby-sitting money, her very first effort.
 - A quilt Susan Torchia made for her son, who was attending The Citadel at the time.
 - A Nine Patch quilt, made by Susan Fontyn’s grandmother and her friends, circa 1915, with their initials sewn in the center squares of the blocks.
 - During Y2K, Peggy McCosh was fighting breast cancer. Her friends made quilt blocks for her; one friend sewed them all together, as the quilt Peggy shared.

- Another first-effort was Gigi Miller’s quilt from 1996, when photo transferring to fabrics was much more difficult. She also shared a small memory quilt made from items belonging to her parents, such as her dad’s shirt and tie, and clothes her mother made.

- A memory quilt that Jan Hutchinson made for her husband a few years ago. It begins when he left his Missouri home and goes through their life together, including their daughter’s birth, his military and other career highlights, and the various places he was stationed with the Navy.

- A small Crazy Quilt made by Mary Long, with beautiful appliqué, hand embroidery, and the initials of important women in her life on the front, and a remembrance of those women on the back.

Chris’ favorite go-to book for ideas is *Quilted Memories: Celebrations of Life* by Mary Lou Weidman. Susan Fontyn and Mary Bucy compiled a list of the guild’s library books that might be helpful for the Challenge, which was printed in the February newsletter. The books were set aside as a group for members to check out, but they will be returned to the library cabinet next week.

The 2019 Challenge begins today, and each month will have a theme. All 8½ x11-inch quilts will be collected in October, for display at the joint meeting in December. Chris welcomes members’ ideas for the upcoming monthly themes, including phrases, words, advertising slogans, anything that could apply to everyone in some way. The Challenge theme for February is “Love Is” and they will be shared at the March meetings.

Mary Long and everyone thanked Chris for presenting the interesting and inspiring program, and the meeting adjourned at 8:15 pm.

Respectfully submitted,
Anne Starnes
Evening Secretary



QOV RECIPIENTS

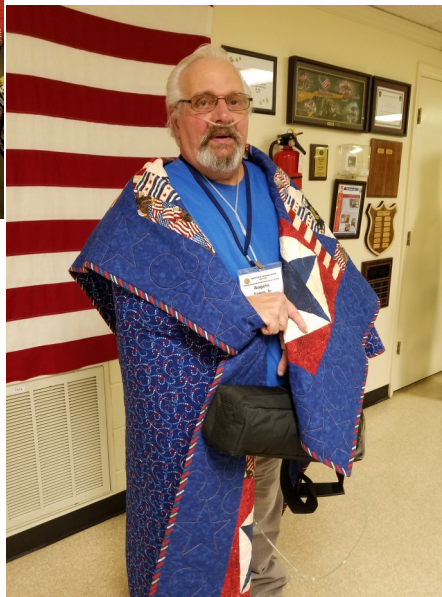
Lou Grandmaison Pieced by Rosalyn Gardner. Quilted by Peggy McCosh



Bill Frye. Pieced by Betty Ford; quilted by Peggy McCosh.



**Angelo Fanzo
made by Rob Ford**



Hiram "Skip" Taylor. Pieced by Rosalyn Gardner. Quilted by Peggy McCosh



Michael Bradley Pieced by Betty Ford





QOV RECIPIENTS

Franklin D. Jonas. Pieced by Ann Lutz; quilted by Peggy McCosh



Larry Wayne Huffman. Pieced by Rosalyn Gardner; quilted by Rebecca Mullins.



Vidal Sipe grins as Ann Lutz and Peggy McCosh look on.



Bill Richard. Pieced and quilted by Rob Ford.



George Collins Pieced by Betty Ford quilted by Amanda Truett.



QUILT RETREAT APRIL 21-24, 2019

by Debra Rubin

Join us at Camp Holston in Banner Elk, North Carolina, Sunday, April 21 to April 24. Room rates: single room is about \$375; double occupancy is about \$235. As of now we have room for 4 to 6 more people.

Potluck dinner Sunday night, check in about two on Sunday, check out Thursday at noon includes four breakfasts and three dinner meals. For information call myself or Barb Mahnke.

We will have individual help for projects and pop-up instructional time, we will also work on a collective donation quilt, and a block raffle! And just good old leisure time!

Debra Rubin: 336.314.5906
Barbara Mahnke 828.238.8529

INCLEMENT WEATHER POLICY

by Diana Weber



Every year when I make my pilgrimage to Puerto Rico, it seems that Hickory experiences a winter storm. That's just pure dumb luck and good timing on my part. But, for you, it means that meetings and other guild events might be cancelled.

Check the local news and weather; if Catawba County schools close or have a delayed opening, our meetings/event will be cancelled.

Please don't take any chances trying to get to a meeting if the roads are treacherous.

Hasta la vista.

FOLDING TIP

Dianne Johnston recently shared this tip at Sit 'n Sew. Do you have fold lines on your stored quilts?

Dianne showed us a method of that should eliminate this problem.

1. Lay your quilt out on a flat surface.
2. Take a corner and bring it to the middle of the quilt. Repeat for other corners.
3. If your quilt is not square, the corner points will not meet exactly in the middle. They can overlap.
4. Next fold your quilt in half until you get it to a manageable size.
5. Notice that your folds are on bias edges. When you unfold a quilt folded using this method there will be no fold lines!



Thanks, Dianne.

If that doesn't work, call Dianne and she will personally come to your house and fold all your quilts.

[Just kidding!]



MESSAGE FROM MARY LONG EVENING PRESIDENT

I want to express my appreciation to the evening guild members who brought in so many quilts last month. They gave us a great start on our mission this year.

As you can imagine, there is still a great need for all types of service quilts, so keep on quiltin'. If you like working with others, join the Mission Day crowd on March 2 or April 6. The more, the merrier.

Beginners and newcomers, note that the Mission Day Crew has everything you need to help out on our service projects. See p. 1 column 1 of this newsletter for details.

In addition to those folks, Gigi Miller deserves a big **THANK YOU** for arranging our 2019 workshops. Her flyer describing them is included with this newsletter.

Finally, let's not forget the many persons who worked on our 2019 programs which are listed in the new membership book. They include a wide variety of projects and different aspects of quilting for all skill levels. We urge you to take advantage of these sessions to finetune your quilting skills.

Mary Long



Catawba Valley Quilters Guild

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