



# Patchwork Press

## November 2023

Catawba Valley Quilters Guild  
Volume 39, No. 11  
November 2023

### C A L E N D A R

**BOARD MEETING Nov. 2, 2023- 6 pm** via Zoom call

**GUILD MEETING, Nov. 9, 2023 10 AM & 6:30 PM**  
Holy Trinity Lutheran Church.

**MORNING & EVENING PROGRAM** - Tone Hagen Cogburn explores the use of surface design and freeform quilting to create unique works of art. She will present a lecture and trunk show about her art quilt journey. See details on Nov. 11 workshop (col. 2 this page).

**3 DAY SUPERB STASH SALE!**

Elle Clemens is downsizing! Please come shop! There will be all sizes of precuts, kits, notions, and yardage galore. All colorways, holidays, prints and solids! Sale will be held Venmo and cash only. Shop Early, Shop Often!

**Sale Hours Thursday** after morning meeting (12:30-3:30)/ before/after evening meeting, 5:30-6:30, 8:00-8:30. **Friday 9am-12 noon.**

**MARK YOUR CALENDARS FOR OUR JOINT GUILD MEETING AND COVERED DISH DINNER, DEC. 14, 6 PM** Holy Trinity Lutheran Church Fellowship Hall

**MISSION DAY— Nov. 4 9 am – 3 pm**

Holy Trinity Lutheran Church — Help us make Preemies for local hospitals, Sunshine Quilts for the Family Guidance and Children’s Advocacy Centers, Quilts Of Valor for local veterans, or work on a project of your own. Bring lunch and stay all day or just drop by for a while.

**SIT N SEW THURSDAY MORNINGS 9:30--11:30 am**  
Holy Trinity Lutheran Church — an informal session to work on personal projects or to just connect with others, sometimes followed by lunch out.

### IN HOUSE WORKSHOP

**SAT., NOV. 11, 2023 9 AM—4 PM CRAZY CURVES —** Tone Haugen Cogburn. Cost \$35 (check to Mary Bucy). No special rulers, just your rotary cutter. Supplies needed are your ordinary sewing supplies and machine, fabrics (perhaps large scraps), and probably a straight ruler for squaring up your block. Tone will teach us how to master rotary cutting curves on multiple layers of fabric. Many blocks will be simultaneously created in a short time and arranged in various settings.

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### QUILT SHOWS & EVENTS

**PROFESSIONAL ART QUILTERS ALLIANCE-SOUTH — CALL FOR ART QUILTS ENTRIES**  
Submit art quilts Dec. 1, 2023 - Feb. 2, 2024. Three \$500 prizes will be awarded April 26, 2024. Details see — Art Quilts Renewal Prospectus <https://www.paqa-south.org/> Website: PAQA-South.org

**MARCH 6-9, 2024 ART FEEDS THE SOUL QUILT SHOW— ALAMANCE PIECEMAKERS & BURLINGTON CAROUSEL QUILT GUILDS**  
Elon Community Church  
271 N. Williamson Avenue, Elon

**March 15-16, 2024, CAPITAL QUILTERS GUILD QUILT SHOW**  
Kerr Scott Building, NC State  
Fairgrounds, 1025 Blue Ridge Road, Raleigh

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Catawba Valley Quilters Guild  
 P.O. Box 352  
 Hickory, North Carolina 28603

## Officers & Worker Bees

	Day	Night
President	Kathleen Whiddon (	Shelley Thompson  Jan Carpenter
Vice President	Cindi Williamson	
Secretary	Mary Bucy	Amanda Truett
Treasurer	Frances Allen	
Members-at-Large	Nancy Garchek	Debbie Smith

5	Kathleen Whiddon
11	Ann Williams
12	Nancy Garchek
13	Cathy Starnes
14	Carol Robinson
18	Lisa Miller
	Kathy Bogue
20	Jan Carpenter
21	Carol Carman
	Nicole Bolick
	Judy Folden
25	Ginny Quinlan
27	Debra Eckard
28	Chris Appenzeller

Happy  
 Birthday

**Membership** – Elle Clemens daytime Co-Chair luv2quilt  
 Jan Carpenter evening Co-Chair;  
 Joy Mease  
**Newsletter** – Diana Weber *Newsletter deadline: third Monday of prior month*  
**Webmistress / Quilts of Valor** –Amanda Truett

**Meeting Dates / Times**  
 Second Thursdays 10 am/6:30 pm  
 Holy Trinity Lutheran Church, 547 6th Street NW,  
 Hickory, NC [catawbavalleyquiltersguild.com](http://catawbavalleyquiltersguild.com) /  
 Instagram @CVquiltersguild



## MINUTES EVENING MEETING, OCTOBER 12, 2023

### CALL TO ORDER

*Cindi Williamson* opened the meeting at 6:32 pm with 24 members, no visitors or new members attending.

### APPROVAL OF MINUTES

Debbie Smith moved that October minutes as printed in the newsletter be approved. Melissa Shaw seconded. Motion passed unanimously.

### SUNSHINE & SHADOWS

- Cindi Williamson reported that the Banner Elk retreat was a blast. 21 Pillowcases were made for donation. Food was good, bonfire and Strip Poker game was a blast. Please note that no clothes were removed during the game, but only 1 person claimed all the fabric strips lost by others while playing the game.
- Terri Townsend reported that her son retired from Army on October 6. New great nephew coming at the end of the month.
- Jan Carpenter reported that she is in therapy for shoulder surgery and doing well.
- Gail Meyer reported that she has been doing yoga for two years and her spine is better and bone density test was improved.
- Susan Bisulca – Mayor Guess loved quilt / Hippos and frogs

### ANNOUNCEMENTS

Don't forget your Carolina Lily Challenge Quilt in December.

Jan announced Shelley would be back in November.

**Next Mission Day:** October 21 and November 4 (9 am-3 pm)

**Project Linus:** October 28 (9 am to 5 pm) Mt. Hebron Church in Hildebran.

### OLD BUSINESS

Cindi Williamson is taking pictures for new membership book, be ready in November to have your picture updated. If you want to submit your own photo you can email a JPEG file to [cvqgpc@outlook.com](mailto:cvqgpc@outlook.com). Must be a jpeg file or it will not work.

Cathy Starnes provided information about an upcoming Bus Trip to MSQC in September 2024. Please contact her at [cathyjstarnes@gmail.com](mailto:cathyjstarnes@gmail.com) if you are interested. 30 people confirmed to get trip secured. More details on p. 8.

Membership dues: are \$30.00 and can be turned in at the November and December meetings. Credit card charge add \$3.00 extra to cover fees. Cash can be paid in envelope with your name on the outside.

### NEW BUSINESS

**Christmas Projects:** Terri Townsend asked for anyone willing to help Barbara Pitts with gifts for her meals on wheels client. Prior e-blast sent out for these items: candy snacks and toilet paper.

**Hands up for Youth** is helping 20 boys ages up to 18. Terri Townsend is helping sew stockings for these youth. Need help with items, gift cards, sockets or money to purchase items. See Terri Townsend if interested. Need by November meeting or drop off at sit and sew on Thursday and let Terri know.

### THANK YOU VOLUNTEERS !!

**Membership** – Reba Walden – day // Judi Eller – night

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### Workshops scheduling and sign up

Debra Eckard- – day // Lisa Echerd – night

#### QUILTS OF VALOR

Amanda Truett not present at meeting – no information

#### QUILT SHOW: 2025

Date TBD on available dates at Hickory Metro

#### DOOR PRIZES

**Attendance:** Terri Townsend

**Homemade Nametag:** Mary Whipkey

#### SHOW AND TELL

- Jan Carpenter – tote bags gifted to her by Pat Carson
- Jill Wells – 5 Sunshine quilts for donation – flannel, panel, fall panel and animal
- Melissa Shaw – personal project – Baby quilt
- Susan Bisulca – personal project, garden Apron / 1 QOV / sign up for lost arts at Corp ext. office
- Lisa Eckard – 1 quilt for donation / 1 pillowcase for donation / Personal project “Night and Day” Applique wall quilt
- Catherine Caswell – Personal project – Quilt from Terri Townsend workshop / placemats and napkins for relative.
- Mary Whipkey-1 sunshine quilt and 3 personal projects (quilt from Nancy Mahoney class and 2 small wool quilts (pumpkin)
- Gregg Colson – 2 QOV (quilted only) made by someone else / Carpenter Star (personal project)

- Janet Hunt – personal project “northern lights” headed to Iceland
- Janice Setzler – 2 sunshine quilts for donation
- Melissa Shaw: 3 QOV (Peggy McCosh design) Santa Quilt, Bonnie Hunter youth size quilt, QOV blocks
- Terri Townsend – donated quilts / cancer patients and raised \$2000.00 with each quilt bringing \$500.00

#### PROGRAM

**Gregg Colson** – Greg also does a 4 hour class on improv quilt design.

How to begin to quilt with modern techniques. Greg provided scissors, tape and construction paper and challenged the members to let themselves go and become a 5 year old for the next few minutes.

He showed several “Strata” techniques including a modern log cabin creation.

The class covered how to insert a strip of fabric into the center of a piece of fabric. The members were challenged to cut and sew then step back to see what you had. If you don’t like what you see cut it off and add something else to the project. You decide when to add or when to subtract. Gregg also suggested making a small sample then adding it to a bigger piece of contrasting fabric. He offered several books for the group to use if interested in this technique. Gwynn Martson – Liberated quilting, Artful Improv – Cindy Grisdela, Jean Wolfrom – Color Play.

He also recommended Cherry Wood Fabrics (special dyed) can get scrap bags from them for

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projects.

Everyone enjoyed their time, and many questions were asked and answered during the presentation.

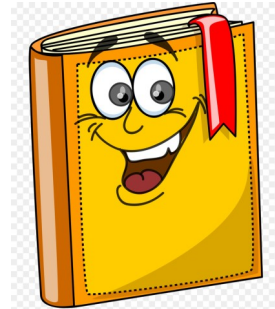
Meeting adjourned at 8:45 pm.

Respectfully submitted,  
Cathy Starnes for Amanda Truett.

*Note: Program described in more detail on p. 7 minutes.*

**C L A S S I F I E D S**

Dr. Ted Moore contacted the guild through our website to promote his first book about his family's history with quilting. "Scraps" is available on Amazon as an electronic book and paperback here: Scraps - Kindle edition by Moore, Dr. Ted M.. Literature & Fiction Kindle eBooks @ Amazon.com.



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**Help Wanted**

Kay Henderson has requested long-arming services. If you have availability in your schedule, please contact Kay at her email address. [kch1@charter.net](mailto:kch1@charter.net)



November 5, 2023





## MINUTES MORNING MEETING, OCTOBER 12, 2023

### CALL TO ORDER

Kathleen Whiddon called meeting to order at 10 am. Two new members were welcomed: Tanya Hodge and Linda Matthews. 43 members in attendance.

### APPROVAL OF MINUTES

Jan Hutchinson made motion to accept September minutes as written in the newsletter. Suzanne Sproul seconded. Membership voted unanimously in favor of motion.

### SUNSHINE & SHADOWS

- Libby Sigmon was able to join us this morning.
- Jan Carpenter is recovered from surgery and hopes to be sewing soon.
- Maureen Teague had a very difficult spring but is doing well now and doing lots of quilting.
- Please pray for Zach and Stephanie Bumgarner's baby Ally.

### DOOR PRIZES

**ATTENDANCE** Debbie Eckard

**HOMEMADE NAMETAG** Karen Miller

### NEW BUSINESS

Reba Walden has agreed to assist Elle Clemens in membership. Cindi Williamson was taking photos of members and having them check their information that will be included in the membership book. Dues are being collected now; \$30 check or cash (in an envelope with your name on the outside along with the word 'dues'), or \$33 by credit card.

Debra Eckard (morning) and Lisa Echerd (evening) will take over workshop scheduling and signups. The next workshop is on Curves by Tone Haugen Cogburn on Nov 11 and is currently full. Members signed up received a supply list.

### OLD BUSINESS

The fall retreat was a great success. They had lots of fun and also produced 20 donation pillowcases.

Thank you to Diane Putnam who will plan next year's retreat.

The Christmas Items requested by Terrie Townsend should be left on the counter in the evening/sit and sew room. Please label your bag/box with Terrie's name so she will pick up the right items.

Everyone should be working on their Carolina Lily challenge quilts. If you haven't come up with an idea, how about making a small one as a name tag. We are looking forward to the 2025 show. Right now we do have volunteers for show chairs and will try to meet with them this month. Meanwhile, please send a note to Kathleen Whiddon or Mary Bucy as to what committee you would like to join.

### SHOW & TELL

- Libby Sigmon: 1 personal project and 1 sunshine quilt
- Cindi Williamson: (along with retreat members) Many, many pillowcases
- Barbara Mahnke: The last of 5 knitted Christening/Baptism blankets for the Church newborns
- Susan Hall: 1 personal project
- Maureen Teague: 2 pillow cases, Block of the Month quilt (1 of 3); wall hanging for the Hargroves
- Peggy Barton: Foundation paper pieced modern quilt Block of the month
- Michelle Hester: Baby quilt in Auburn U colors for a friend; her grandmother's hand pieced Carolina Lily quilt
- Carol Carman: 1 QOV
- Tanya Hodge: 2 quilts and a table runner
- Sherry Huffman: A preemie quilt, 2 sunshine quilts, 2 pillowcases, and a personal project



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- Nancy Garchek: Personal project
- Dotty Williams: QOV
- Susan Trotter: Quilt celebrating her daughter's marriage
- Gregg Colson: Personal project
- Marianne McCormic: 3 personal projects
- Teena McRary: Personal project
- Ann Becker: A 'crappy' scrappy quilt
- Mary Bucy: High Country Modern Quilt Guilds Community Challenge quilt using point symmetry

#### PROGRAM

**GREGG COLSON ON IMPROV QUILTING** — Gregg presented a fun and interactive program showing the finer points of Improve quilting. Each table was provided paper scissors and colored paper along with tape. We were able to experiment with Improv Quilting and play with colors. You don't follow a pattern and make it up as you go till you find an arrangement pleasing to the eye. This is a chance to get out of your comfort zone. A lot of Improv Quilting is done with solids which are usually less expensive than prints. Gregg told us about Cherrywood fabrics which sells scrap packs of hand dyed fabrics.

First, we looked at Strata which is much like string piecing in long rows. You sew different width strips and pieces together. They do not have to be rectangle shaped. You keep sewing until you get a fairly large piece. This can then be combined with another Improv piece to make the quilt or a focal piece. You might want to use favorite photos to give color inspiration. For instance, Gregg used Antelope Canyon photos to make a piece of various shades of browns, tans, and oranges.

If you are using curves, you can place 2 pieces of fabric on top of each other and use the rotary cutter to make a smooth cut. Then use the left piece of one fabric to join with the right piece of the other fabric. They have the same cuts, so they should sew together easily.

Insert is using a background piece with a contrasting fabric. Use the rotary cutter to make a slice on the background piece and then insert the contrast, sewing both edges. The slice can be made at any angle and the insert can be any width, and performed as many times as you like. Sometimes you may want to do a disappearing insert where the insert reduces in width.

Wonky Log cabin takes a center square and different size strips. Sew this like you would a traditional log cabin, around and around. You may want to use a slice of your strata for one side.

Audition your background colors to find the one that sets off the piece best. You can also join several pieces using background as sashing or coping strips.

One alternative to making a quilt wall hanging, is to stretch your piece onto a canvas and hang it like a painting.

Everyone had such a fun time playing with Improv quilting.

Books you might like to explore:

[Artful Improv](#) by Cindy Grisdela

[Liberated Quilt Making](#) by Gwen Marston

[Intuitive Color and Design](#) by Jean Wells

[Color Play](#) by Joen Wolfrom

Also check out Quilting Magazines

Meeting adjourned.

Respectfully submitted,  
Mary Bucy

**MISSOURI STAR GREAT ADVENTURE CHRISTIAN TOURS BUS – 2024 -- BY CATHY STARNES**

I am in contact with Christian Tours about a bus trip for members of area quilt guilds. The minimum number of confirmed riders must be 30, with a maximum head count of 48. This will be a 7-day trip, leaving either September 20 or September 27, 2024.

I have a sign-up sheet for anyone interested. Last time we were picked up on Fairgrove Church Road and picked up a few ladies in Morganton. We headed to Nashville (Clarksville stop with dinner). Hancock's of Paducah and the National Quilt Museum. St. Louis Arch tour and lunch on your own. Hamilton Missouri (MSQC) trunk show and lunch with Ms. Jenny, (Hannibal, MS, a couple of shops downtown and Lunch in Hannibal). We did Jamestown, MS, downtown (Amish tour guide on our bus and quilt shop there). We also had lunch at an Amish ladies' house with her family (not sure if she is still available). We did a dinner show in Illinois on the way back and a stop in Kentucky at Irish Acres Antiques and lunch downstairs before returning to Hickory.

Breakfast was always provided at the Hotel and our luggage was picked up each day by the driver and put on the bus. We stopped every two hours for bathroom and leg stretching breaks. It's cheaper if you have a roommate (double) versus a single room rate. The coach did have a bathroom in case of emergency. Please put your information on the sheet or contact me at 828-781-9191 or email: [cathyjstarnes@gmail.com](mailto:cathyjstarnes@gmail.com).



Catawba Valley Quilters Guild

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Hickory, NC 28603

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