



Patchwork Press

Catawba Valley
Quilters Guild

Volume 35, No. 11
November 2019

NOVEMBER 2019

MEETINGS

NOVEMBER 2019

BOARD MEETING, Thursday, November 7, at 6 pm
Holy Trinity Lutheran Church

GUILD MEETINGS Thursday, November 14,
10 am and 6:30 pm Holy Trinity Lutheran Church
AM Program: Now You See It; Now You Don't,
Terrie Townsend (Bill's Sewing) has fun with a
twist on traditional blocks creating disappearing
designs.

PM Program: FAST & FUN HOLIDAY PROJECTS with
Kay Dwyer and Mary Bucy. We can calm your
Christmas anxiety with some fun, simple gifts and
decorations for family and friends. We will share
ideas for quick, creative, handmade items.

SIT 'N SEW Thursday Mornings, 9:30—Noon, Holy
Trinity Lutheran Church — an informal session to
work on personal projects or to just connect with
us, followed by lunch out.

MISSION DAY Saturday, Nov. 9, 9 am to 3 pm,
Want company while you're quilting? Come and
make quilts for service projects: Preemies for the
local hospitals, Sunshines for the Family Guidance
Center and Children's Advocacy Center, and
Quilts Of Valor for local veterans, or a project of
your own. Bring lunch and stay all day or just drop
by for a while. We have everything you need to
help with these worthwhile projects: kits, ma-
chines, thread, etc.

EVENT CALENDAR

MISSION DAYS November 9, January 18

QOV PRESENTATIONS

**November 9, 12 pm Annual Marine Corps
Birthday Cake Cutting & QOV Awards**
Blue Ridge Harley Davidson
2002 13th Ave Drive SE; Hickory, NC 28602

SISTER GUILD QUILT WORKSHOP

**Nov. 2, 2019 32nd Annual Quilt Workshop—
Brushy Mountain Quilters** 70 Hiddenite
Church Road, Hiddenite
www.hiddenitearts.org

IN-HOUSE WORKSHOPS

**Nov. 2, 2019 "Simply Woven" Beginning
Quilting with Terrie Townsend.** Turn a jel-
lyroll or 2 ½ inch strips into a beautiful quilt
top. Difficulty – Beginner Charge Members -
\$20.00 Basic supply list: basic sewing supplies,
machine, jelly roll or fat quarters or 2 1/2 strips.
Cutting guide distributed before class.

Inside this Issue

Meeting, Show /Workshop Schedules	1
Who's Who, Treasurer's Report, Birthdays	2
Morning Meeting Minutes	3
2019 Challenge	5
QOV Photo Gallery	6
Evening Meeting Minutes	7
Sanitary Protection in the Third World	10
On the Road Again with Kay	12



Catawba Valley Quilters Guild
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luv2quilt5@att.net, 606-9246 / Jan Carpenter evening
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Newsletter – Diana Weber 495.9389
gmadidi7@gmail.com

Newsletter deadline: fourth Monday of prior month

Webmistress – Amanda Truett c: 803.528.6304
artsoul85@gmail.com

Meeting Dates / Times

Second Thursdays 10 am/6:30 pm Holy Trinity Lutheran Church, 547 6th Street NW, Hickory, NC
catawbavalleyquiltersguild.com / Instagram
@CVquiltersguild

November Birthdays

- 4 Susan Torchia
- 5 Kathleen Whiddon
- 7 Doris Beard
- 9 Bob Hampel
- 12 Nancy Garchek
- 13 Cathy Starnes
- 19 Linda Velsor
- 20 Jan Carpenter
- 21 Carol Carman
- 25 Ginny Quinlan
- 25 Judy Folden
- 27 Rosalyn Gardner
- 28 Debby Annas
- 28 Chris Appenzeller
- 28 Robin Walker
- 29 Martha Pendasulo





MINUTES MORNING MEETING OCTOBER 10, 2019

WELCOME AND CALL TO ORDER

The meeting was called to order by President Debbie Swartzel at 10 am. There were 21 [?] in attendance; we welcomed our new member Dottie Voss.

APPROVAL OF MINUTES

President Debbie asked if all members had received their newsletters either by mail or email, and whether they had read the minutes. Two members reported they did not receive their newsletters via email. Joy Mease explained that with sending the Patchwork Press to 143 members some computers perceive it as Spam. She suggested that one check their "Trash" or "Spam" folder to see if that indeed is where it is.

There were no corrections or additions to the minutes; Sue Fontyn moved to approve and Peggy Poe seconded. A vote was taken and none opposed and the minutes were approved.

ANNOUNCEMENTS

- President Debbie called on Maureen Teague to discuss the upcoming First Methodist Church Joan Christy Bazaar, October 12th, from 8 to 3 PM. The ladies have spent months making wonderful homemade articles that all will enjoy!!
- Elle Clemens requested that all members verify their information in our membership book, to keep it accurate and up to date.

SUNSHINE AND SHADOWS

- Debra Rubin mentioned that **Eve Agee** is recovering from a broken hip and would welcome calls and cards. She is home now.
- Susan Fontyn gave an update on **Jan Hutchinson**. Jan felt she had turned a corner, after her three heart caths in just three

weeks. She is weak but would appreciate continued prayers and perhaps a call or note.

DOOR PRIZES

Wanda Morrison won for wearing a homemade name tag, and Debra Rubin won for attendance.

OLD BUSINESS

A survey was given to all attending members, to express their opinion on the workshops. Information will prove helpful for next year's program planning and to gauge what the guild enjoyed this year.

The upcoming workshop was discussed with Terri Townsend giving the class. There are three spaces left and the lovely quilt the class will be making was on display.

There will be a By Laws update October 22nd at 10:00 am to meet on Policies and Procedures and information on job descriptions.

Challenge quilts will need a 3 x 5 card description on each for their showing at the December joint meeting.

Mission Days will be November 9; no Mission Day in December, and on January 18, 2020.

NEW BUSINESS

Membership dues can be paid now and are due January 1st. If your age is 80, and you are still young at heart, your dues are waived!

There were some orphan quilt tops that information is needed on. The origin of the quilt and the wish of what to do with them are not known. If individuals have any clues, please let someone on the Board know. If members wish to complete these quilts, there is

(Continued on page 4)



(Morning Minutes continued from page 3)

free polyester batting in the sewing room and the Board suggests they be donated as mission quilts.

The 34th Annual Hart Square Festival will be October 26th. If a guild member wishes to help with the quilting vignette, please contact Debra Rubin.

SHOW & TELL

SERVICE PROJECTS

- Peggy McCosh and Dottie Williams, QOV,
- Dottie Williams used left over butterfly fabric to make a quilt for Children's Advocacy; Elle Clemens sewed the binding.
- Dianne Black four preemie quilts.
- Maureen Teague showed her first QOV.
- Suzanne Sproul, a preemie quilt.

PERSONAL PROJECTS

- Peggy Poe, a table runner, and her challenge "Picking Berries"
- Mary Bucy, 2 challenge quilts...the first was babysitting and playing Monopoly all summer long; and her other challenge was finally seeing a Moose while on vacation. She also showed a quilt from her trip to Alaska, made with fabrics purchased there; then she showed a Dressage horse quilt, that will be in a silent auction. And, (whew I need her energy!) last, was a Mermaid in a Bottle collage quilt.
- Cindy Williamson showed her first paper piecing project, and a nutcracker pillow.
- Lorraine Yount showed us a dinosaur quilt for her grandson.

The business meeting then adjourned for a short intermission before our program given by our two speakers both from our guild!!

PROGRAM

Barbara Mahnke gave an informative power point presentation telling us"You don't need a pattern to make a quilt. "

She discussed her learning curve and how she started out by cutting every half square triangle, one at a time. Quilting friends encouraged her, and taught her shortcuts which she shared with us.

Design boards are very useful!! Barbara made hers from commercially made foam insulation board covered with flannel She mentioned it was great for color combination, and vertical viewing.

With pictures of log cabin blocks, she demonstrated how a design board can help you get organized; help with block orientation, and with color and fabric position. Also fabric directionality and shading effect are a big bonus with the design board.

Barbara also shared that taking pictures with your camera while blocks are on the board helped with seeing things you normally don't see with the naked eye. A black and white photo can be another great way to judge block placement.

Then Rebecca Mullins took the stage. She shared a solution to that sticky wicket of how to do a sleeve on the back of your quilt.

For the sake of brevity, I will defer to the helpful pdf file Rebecca has so kindly provided. I have already copied it and put it in my quilting file.

Thank you both Barbara and Rebecca for sharing your wisdom with us and taking the time to help us with our hobby and passion!

Respectfully submitted,
Kandi Peterson



2019 QUILT CHALLENGE "SEW, WHAT'S THE STORY?"

We will collect your finished journal quilts at the November morning and evening meetings. Remember to attach a 3" x 5" size card to the bottom of each small quilt with safety pins (even if you sewed a label on the back). The card should reference which month/theme your quilt represents, your inspiration or "story," any interesting techniques used, and, of course, your name.

If you can't attend November or December meetings, you may designate another member to bring your quilt and pick up your prize for you. All the journal quilts will be displayed at the December meeting. We look forward to hearing about your challenge quilts and learning something new about you!

In review, here are the nine themes: Love Is... (Feb.); Seeds, Roots, Blossoms (March); Music to My Ears (April); My Memorable May (May); One the Road Again (June); Celebration! (July); Reflections (Aug.); When I Was a Teenager (Sept.); Once in a Blue Moon (October). Refer to this year's guild newsletters for rules and descriptions. Thank you for participating!

Chris Appenzeller and Mary Bucy



W E L C O M E BIENVENUE — BIENVENIDOS WILLKOMMEN



Linda Sloniker
1330 18th Ave. NE 28601
828.781.2316
lindaslouner@yahoo.com
July 7



Dottie Voss
471B 26th Ave NE 28601
(616) 481-5054
dorothyvoss@ gmail.com
Sep. 27



Cindi Williamson (Daniel)
3584 Hunter's Path Drive
Granite Falls 28630
C: 817.243.8959
cindi.williamson
@yahoo.com
Oct. 30

If you have joined recently, please send us a photo for our directory. We also like to publish it in this column so our members will recognize you. Send your best selfie to our membership chair, Elle Clemens (luv2quilt5@ att.net) or to me (gmadidi7@gmail.com).

Thanks and welcome to the guild.

Diana Weber

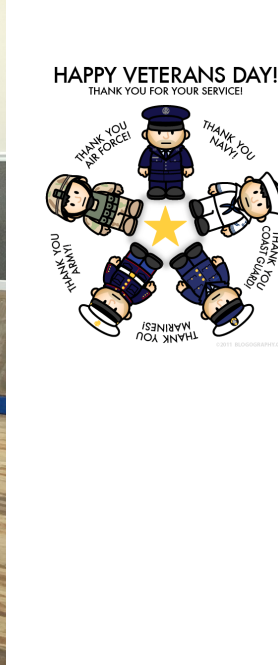


QOV PRESENTATIONS

David Norris pieced by Maureen Teague and quilted by Rebecca Mullins



William Keller. Pieced by Peggy Poe. Quilted by Rebecca Mullins



Versal Mason Jr. Pieced and Bound by Lennie Sever. Quilted by Peggy McCosh



MINUTES EVENING MEETING OCTOBER 10, 2019

CALL TO ORDER

Vice-President Debra Rubin called the meeting to order at 6:35 pm and welcomed everyone. There were 25 members present, and no visitors. Members welcomed Dottie Voss, who joined during the joint meeting last month.

APPROVAL OF MINUTES

Minutes from the joint meeting in September were printed in the October newsletter. Terrie Townsend moved, seconded by Shelley Thompson, to approve the minutes as written. The motion carried.

FINANCIALS

The current financial report was printed in the October newsletter.

SUNSHINE & SHADOWS

- Following recent heart procedures, Jan Hutchinson is feeling much better now.
- Mary Long has had pain and swelling due to her knee replacement, but hopes to return soon.
- Janice Setzler's husband John had setbacks following his leg amputation, but continues making progress.
- After falling last month, Eve Agee broke her hip and fractured a femur. She is back home and doing better now.
- Libby Sigmon's husband Rex is under Hospice care, and they remain positive.
- Ginny Quinlan is having surgery on her neck.
- Terrie Townsend requested prayers for her granddaughter Harlan, whose knee was fractured during a softball game.

- Terrie's wrist is doing well after her recent surgery and the cast is off now.

Prayers are welcomed for members who are dealing with illness and challenges. Addresses and phone numbers are in the member handbook, and receiving a card, call, text or e-mail is always appreciated.

ANNOUNCEMENTS

- ◇ Mission Day is on Saturday, November 9.
- ◇ The Marine Corps League's Family Fun Day is Saturday (10/19/19) at the Hickory VFW beside Hickory City Park, and includes a QOV presentation.
- ◇ The guild has a QOV waiting list for Holy Trinity veterans. A presentation date will be announced.
- ◇ The Marine Corps Birthday Ball will be held on Saturday evening, November 9, with a Cake Cutting at the Harley-Davidson dealership that afternoon.
- ◇ Cloth quilt labels are available for members to attach to their service projects.
- ◇ Books and magazines were brought this morning for members to take, if interested.

Workshops

The final 2019 workshop is "Simply Woven" with Terrie Townsend, on Saturday, November 2. Gigi said eight people registered this morning and it is full. Anyone needing the supply list should contact her.



(Evening Minutes continued from page 7)

2019 Challenge: Sew, What's the Story?

Chris Appenzeller requests that all members turn in their 8½ x 11-inch journal quilts at the November meetings. They will be displayed at the December joint meeting, with voting and prizes awarded. Challenges for the September theme "When I was a Teenager" shared were

- Gigi Miller, "Coast to Coast," describing her teen years from California to Florida.
- Debra Rubin, "Tulips in May," representing her parents' yard in Michigan.

The theme for October "Once in a Blue Moon."

OLD BUSINESS

Barbara Mahnke said the By-Laws Committee met and has now completed their work. Their proposed changes will go to the Board in November and then to members, with voting held in December. Their committee is also reviewing all other handbook sections, and will meet again on Thursday, October 24. All members are welcome to attend.

NEW BUSINESS

Gigi distributed a 2019 Guild Program/Workshop Survey for each member to complete.

One more quilter is needed to hand-quilt during the Hart Square Festival on Saturday, October 26, 10:00 am to 5:00 pm.

2020 membership dues of \$20 are due by the December meeting. Jan Carpenter collected dues from members who wanted to pay now. A copy of the member handbook was passed to attendees, for corrections needed, or adding new member information and a photo.

Debra Rubin cleaned out the guild's meeting room cabinet and found a number of

quilt tops; no one knows their origin, but anyone interested may take one home to finish.

DOOR PRIZES

Attendance – Terrie Townsend

Nametag – Dottie Voss

COMMUNITY SERVICE PROJECTS

Preemie Quilts

Cindy Konarski (1),

Joan Cole (7)

Sunshine Quilts

Peggy McCosh (1),

Lennie Sever (1)

Quilts of Valor

Peggy McCosh (1),

Melissa Shaw (1),

Maureen Teague (1),

and a combined effort by Joan Cole & Melissa Shaw (1)

SHOW & TELL

Bed Quilts – Cathy Starnes (2), Janet Hunt (1)

Wall Hangings, Lap & Baby Quilts, and Table Runners – Gigi Miller (1)

PROGRAM

Guild member Terrie Townsend presented the program, "Now You See It, Now You Don't." She is a very familiar face at Bill's Sewing in Hildebran, and a great help to all guild members.

Terrie provided a handout for everyone, describing the numerous blocks and techniques she used, saying "block transformation" is another name for this technique since simple blocks are created and cut apart, and then sewn back together again. She said it looks like a lot of time was put into making the more difficult blocks, when it really wasn't.

(Continued on page 9)



(Continued from page 8)

She shared numerous Disappearing Hourglass blocks, Disappearing Pinwheel blocks, Disappearing 9-Patch blocks, and Twin Sisters, along with an interesting technique called Scrappy Strips. She offered various tips, plus a couple warnings about working with so many bias edges.

Clearly, someone with a great “geometry brain” came up with all these different arrangements and ideas. Terri displayed the original quilt blocks, and the resulting blocks, on a large, flannel covered design wall that collapsed down to only a few pieces.

The portable design wall she used is from Checkers, and she’ll gladly order one for interested members. Anyone needing a repeat of Terrie’s “mini-workshop” should attend the November morning meeting, when she will do an encore presentation.

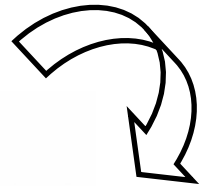
The membership thanked Terrie for her program, and the meeting adjourned at 8:00 pm.

Respectfully submitted,
Anne Starnes, Evening Secretary

DAYLIGHT SAVINGS TIME ENDS NOVEMBER 3 AT 2 AM SET YOUR CLOCKS BACK ONE HOUR



AND THEN



When you receive this newsletter, there will be approximately 50+ days until Christmas. But why concern yourself with a day that far in the future. November has an assortment of “holidays” you can celebrate:

- | | | |
|--|--------------------------------|------------------------------------|
| 1 All Saints Day | 11 Veteran’s Day | 27 French Toast Day |
| 2 Plan Your Epitaph Day | 13 National Indian Pudding Day | 28 Thanksgiving Day |
| 4 King Tut Day | 15 Clean your Refrigerator Day | 29 Black Friday or Buy Nothing Day |
| 6 Marooned without a Compass Day | 18 Occult Day | 30 Call in “Well” at Work Day |
| 7 Men Make Dinner Day
(1st Thursday of EVERY Month) | 19 Have a Bad Day Day | |
| | 23 National Espresso Day | |



FEMININE PRODUCTS IN THIRD WORLD COUNTRIES

by Kay Dwyer

On September 11, BBC reported that a young African girl of 14 years, Jacqueline Chepngeno, took her own life after being shamed for staining her uniform during her period because she had nothing to use as a sanitary pad! A very common problem for many girls in Africa who can't afford sanitary protection. Her story appears in a BBC news article which you can find online at <https://www.bbc.com/news/world:africa-49661658>.

This tragic story inspired a group of us to make sanitary pads in Jacqueline's honor. At Sit & Sew and on Mission Day in October we cut and sewed 150 sanitary pads with the completed number growing!

I am currently trying to figure out how to get these supplies to Jacqueline's hometown. We may send some through Samaritan Purse, however we won't know exactly where they will be sent. The mail system in Africa is so corrupt it is not really an option. Our best bet would be to send them along with a group doing missionary work in the area. If you have any delivery ideas or ideas please let me know.

If you would like to fulfill your Thanksgiving Gratitude by making more sanitary pads, I have a pattern and various supplies to share. Hopeful to continue working on these sanitary pads until the end of November.

And finally, thanks to the many volunteers who cut, sewed and donated flannel and batting! I am very grateful to this powerful and dedicated group. We can and do make a difference, both here at home and abroad!

Kay Dwyer

dwyerdk@gmail.com

734.660.7950

[Ed. Note: We are grateful to you, Kay, for taking leadership on this project. Your compassion for others inspires us all.]





THIRD WORLD CONTINUED





NOT ENOUGH* FABRIC IN YOUR STASH?

COME TO WYTHEVILLE, VA NOVEMBER 7

All are welcome to join us on a road trip to Wytheville's "Sew What Fabrics & Batiks Etc." with a planned lunch stop at Log House 1776 Restaurant. Please email, call or text me (Kay Dwyer; see contact information below) for details and to confirm your participation by November 1.

Meet us at the church November 7 at 9 am. Sit & Sew will be available as usual for those not wishing to go on the road trip. Depending on interest, we will have several drivers. We plan to return to church by 5 pm hopefully.

Hope you can join in the fun!

Kay Dwyer, cell: (734) 660-7950
email: DwyerDK@gmail.com

*[Ed. Note: R.E.A.L.L.Y.? A comprehensive study conducted by Libby Sigmon recently suggests otherwise. But if you can sneak the fabric into your house, join us. The more the merrier!]



Catawba Valley Quilters Guild

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