



Patchwork Press

November 2024

Catawba Valley Quilters Guild
Volume 40, No. 11
November 2024

CALENDAR MEETINGS

BOARD MEETING Nov. 7, 2024 6 pm via Zoom

GUILD MEETINGS Nov. 14, 2024 10 am & 6:30 pm Holy Trinity Lutheran Church

PROGRAM (morning & evening)

REBA BREWER MAKING NEW FROM OLD

(repurposing UFOs, scraps & unrecoverable quilts).

MISSION DAY— Nov. 16

9 am – 3 pm Holy Trinity Lutheran Church — Community Rooms A/B (Morning meeting room) Help us make charity quilts for local hospitals and charities, and Quilts Of Valor for local veterans, or a project of your own.

SIT N SEW THURSDAY MORNINGS 9:30--11:30 am Holy Trinity

Oct. 31: The focus will be octagonal table toppers for guild dinners or personal use.

Nov. 7 We will focus on strip quilts. See Sit n Sew article (page 5 of this newsletter) for details, materials needed, etc.

IN HOUSE WORKSHOP

SAT., NOV. 16, 2024 9 AM to 3 PM REBA BREWER Shows how she takes scraps and make beautiful pieces with them. Trunk show of her favorite pieces, and a mix of demo and hands-on, reframe and recreate beauty from “leftovers.” For more information or to register email Debra Eckard Debra.eckard7523@gmail.com.

QOV PRESENTATIONS

SUNDAY 10 NOV. 2024, 11 AM SERVICE

First United Methodist Church

311 3rd Ave NE, Hickory

QUILT SHOWS & OTHER EVENTS

OCT. 9 — Nov. 16, 2024 REFLECTIONS — ART QUILTS FROM SACA —Regional showcase of 30 art quilts relating to the rich and diverse worlds of Virginia and North Carolina. A gorgeous celebration of art quilting as practiced in our area. Page Walker Arts and History Museum
119 Ambassador Loop, Cary, NC

Nov. 5, 2024 Election Day — If you want more information, go to vote411.org/north-carolina, for a voting plan, a preview ballot, and location of your polling place.

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MARCH 5—MAY 10, 2025 ART QUILTS WILD Professional Art Quilters Alliance-South (PAQA-South) 2025 Juried Exhibition of innovative quilts. Fiber artists: Create a multi-layered textile joined by stitching that expresses or represents wild! Page-Walker Arts & History Center, Cary



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Catawba Valley Quilters Guild
P.O. Box 352
Hickory, North Carolina 28603



Officers & Worker Bees

	Day	Night
President	Kathleen Whiddon (Shelley Thompson Jan Carpenter
Vice President	Position Open	
Secretary	Chris Appenzeller	Amanda Truett
Treasurer	Acting—Kathleen Whiddon	
Members-at-Large	Nancy Garchek	Debbie Smith

5	Angela Mason Kathleen Whiddon
12	Nancy Garchek
13	Cathy Starnes
14	Carol Robinson Ann Williams
20	Kathy Bogue
21	Carol Carman
25	Judy Folden Ginny Quinlan
27	Debra Eckard
28	Chris Appenzeller

Membership — Millie Kaufman, Chair, // Catherine Caswell // Judi Eller // Joy Mease

Newsletter — Diana Weber / Judy Edberg
Newsletter deadline: third Monday of prior month

Webmistress / Quilts of Valor —Amanda Truett

Meeting Dates / Times

Second Thursdays 10 am/6:30 pm
Holy Trinity Lutheran Church, 547 6th Street NW,
Hickory, NC catawbavalleyquiltersguild.com /
Instagram @CVquiltersguild



MINUTES, MORNING MEETING, OCTOBER 10, 2024

CALL TO ORDER—WELCOME

Kathleen Whiddon called meeting to order, with 44 members in attendance; no visitors or new members.

APPROVAL OF MINUTES

Susan Fontyn moved that the minutes as published in the September newsletter be approved. Nancy Morin seconded the motion; motion passed unanimously.

DOOR PRIZES

Attendance: Marianne McCormic

Homemade Nametag: Sherry Huffman

SUNSHINE & SHADOWS

- We will collect quilts for folks in the Mountains in the wake of Helene. No need to remove a personal label and we will attach guild labels.
- Debbie Eckard's son in Tampa Bay is good.
- Tanya Hodge's great grandmother in Brevard is fine.
- Elle Clemens is doing well and making good progress.
- Sherry Huffman's aunt passed away. Her daughter from Asheville couldn't make it back for the funeral due to the storm.

OLD BUSINESS

Quilt retreat was cancelled due to Helene. Contact Dianne Putnam if you haven't gotten your check back. Pillow case kits that were going to be completed can be made for Helene relief.

Chris Appenzeller has volunteered to serve as the Morning Secretary.

Debbie Abernethy printed quilt raffle tickets for us. These are half the size as before, with no tear off. We will be selling tickets at the DAV craft fair at the RT 321 Pizza Hut on Nov 2. We are in need of a raffle quilt ticket member who will organize sales. If

you have ideas where we could sell tickets this next year, please let the Chairpersons know.

Quilts for relief effort

We will be collecting quilts for the Mountains in October and November (see show and tell as many members donated quilts). You can also drop them at Kathleen Whiddon's home. Pillow cases can be included. If possible add a guild tag to your items. Kathleen brought some 3 yard bundles and patterns, and precut squares that could be used for this. Shelley suggested old denim jeans could be cut up and used for a very sturdy quilt.

2026 QUILT SHOW

The show will be April 17 and 18 at the Highland Rec Center. Michelle Macy, Pat Carson, and Shelley Thompson will co-chair. Unfortunately Gail Meyer had to step down due to upcoming travel and health issues.

NEW BUSINESS

Membership — Dues, \$30, are due in December.

Please, checks only for payment.

The directory will be online but if you want a paper copy, add \$5 to your dues check and Debbie Abernethy will print out. These paper directories will not include the schedule and by-laws. Cindi will be available in Nov and Dec to take updated photos. You can print directory out from our website for free if you want.

- 1) Go to members only tab
- 2) Need username and password. Joy sent an eblast just this week with full instructions from Amanda. Your password can be changed from the one Amanda issues.
- 3) Choose Member Book PDF, pull it up and print,
- 4) Problems? Call Cindi Williamson.

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SHOW AND TELL

- Barbara Mahnke: Wall hanging for Church Administration
- Catherine Caswell: 2 quilts for Hurricane Helene relief, curves workshop and cats
- Jan Carpenter: For the mountains quilt
- Tanya Hodge: Finished one of Mom's UFOs and finished another for Helene relief
- Debbie Swartzel: Stacy Day Starlines in Tula Pink Moongarden and one for Helene relief
- Susan Fontyn: QOV Army green, yellow, black HST
- Nancy Garchek: 2 quilts for the mountains from a customer
- Joyce Gates: Donation for the Mountains, throw quilt
- Deanna Weis: 3 toppers for the guild, and baseball quilt
- Dianne Johnston: Easy Peasy quilt for the Mountains
- Debbie Abernethy: Helene Donation
- Lynda Benfield: Sampler quilt
- Marti Ward: BOM Trip Around the Sun
- Nancy Morin: Helicopter quilt for husband
- Susan Trotter: Mountain quilt from donation fabric and older one finished for the mountains
- Debbie Eckard: donated scrap sunshine quilt and personal baby quilt
- Dana Lowry: donation chandelier quilt for Helene
- Dotty Williams: QOV and sunshine quilt for Helene
- Mary Bucy: quilt for the Mountains
- Margaret Noah: quilt for the Mountains

PROGRAM — BARBARA MAHNKE HALF SQUARE TRIANGLES AND THEIR AMAZING VERSATILITY

Barb first shared some background about herself. She is an Engineer/Nerd with a passion for crafts and meeting new people. She plays the cello, and rescues dogs. She highly recommends quilters take advantage of retreats. It renews and energizes creativity. Rarely does Barb follow a pattern. She is more likely to choose her colors, sew stacks of half square triangles, HST, and then play with them on a design board to find a pattern she likes. She loves the Geometry they make.

Half square triangles can be made 2, 4, or even 8 at a time. If doing 2 at a time, take 2 squares cut $7/8''$ larger than you need for the quilt. Place them right sides together, RST, and draw a single diagonal line. Sew a scant quarter inch on either side of the line, cut on the line, open up and press. Trim to the correct size. You can search online for charts that will tell what size square to start with in order to achieve the desired size HST.

4 at a time is done by placing RST and sewing around the outside of the square. Then cut on both diagonals, open, press and trim.

8 at a time is a pair of squares RST. Draw 2 diagonal lines and sew a scant quarter inch on either side. Cut and leave pieces together. Then cut again vertically and horizontally in the middles.

4 HST can be sewn together to make pinwheels.

2 and 8 leave biased edges on the HST while 4 at a time does not. Think about how the stretchy bias might affect your product. Another thing to be concerned about is working with directional prints like strips and wording. You will get a left-handed and right-handed square. You will need to do 2 sets of 4 at a time to produce 2 pinwheel with the words going in the desired direction. Trying a sample is al-

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ways a good idea. In pinwheels, you can spin the center joint to cut down on bulk.

Barb then showed samples of HST quilts. She showed how using a single multi-shaded fabric can make an ombre effect when you are careful about placing the squares. She showed a Christmas tree made with white and green HSTs. The white triangles can be sewn with plastic loops and then ornaments can be hung. This is perfect for someone who doesn't have room for a full tree. She also said be aware of open space (milder fabric) to rest the eyes and also to provide a canvas for some custom quilting. She plans to send out a couple pages of possible squares from Missouri Star after she checks with them.

Her design wall is made of two 4'x8' boards of insulation covered with flannel. A flannel sheet will work. The flannel will temporarily hold the squares, but you can also pin them on to the foam board easily.

Why Quilt? Therapeutic; Leads to lasting friendships; Allows creativity; Ranges from easy to challenging; Brings us JOY; Allows you to think about the person you are making the quilt for.

More about bringing us JOY: Don't worry about being perfect; Measure progress in increments, you can set a daily time limit; Focus on the quilt journey vs the end product; Share ideas and ask questions; Ask 10 people the same question and you will likely get 8 different answers/suggestions. Use what works for your project; If you don't like a particular technique or project, move on to a new one and give the other one to someone who does like it.

Meeting Adjourned

Respectfully submitted,

Mary Bucy

SIT N SEW PLANS — OCT. 31 & NOV. 7

By Mary Bucy

Thursday. Oct. 31

We are going to make Octagonal Table Toppers, for guild dinners or just for yourself.

You will need your regular quilting and sewing items.

13 " square of accent fabric, either Christmas/Winter or Spring

4 or 8 coordinating fabrics. These will be made into 1 ½" strips. Each strip needs to be about 13 to 15 " long. You will need 8 strips if you use 4 fabrics, 4 strips if you use 8 fabrics. If you have a full 40" piece of fabric, you can use 2 WOF strips and then we will cut that as needed.

Backing, 24" square. If the front is Christmas/Winter, the backing should be Spring and vice versa. 24" square batting.

We will do a quilt as you go technique.

Binding should blend with both sides, and about 2 WOF, 2 ¼" should do. Green works well.

Coordinating thread for both sides.

We will start at 9:30. If you want a snack and drink, please bring one. You can leave at anytime and finish at home if you want.

THURSDAY. NOV. 7

We will work on strip quilts. We will cut up the remaining donation fabric into strips of different widths and sew them on either muslin or a light-weight interfacing. There is a box of strips already cut, but we will need more. Some people can cut, others can sew. Please bring any scraps you want to get rid of and we will cut it up into strips. After we have squares made and trimmed up, we will sew them together for quilts.

Please bring your regular quilting and sewing items, a drink and snack if you want. We will start at 9:30.

Direct questions to Mary Bucy at 828-514-4290



MINUTES EVENING MEETING, OCTOBER 10, 2024

CALL TO ORDER

Shelley Thompson opened the meeting at 6:30 pm with 17 ladies present including 1 visitor, Rebecca.

APPROVAL OF MINUTES

Cathy Starnes moved that the minutes as published in the September newsletter be approved. Susan Fontyn seconded the motion. All present approved.

SUNSHINE & SHADOWS

- Anne Starnes' brother was at Duke for heart surgery and the clot that was to be removed had already dissipated.
- Susan Fontyn gave an update on Elle Clemens who hopes to be present next month.
- Dawn Cole announced that the entire group to Missouri Star made it there and back safely.
- Cathy Starnes requests prayers be said for her mother-in-law.

DOOR PRIZES

Attendance: Melissa Shaw

Homemade Name Tag: Susan Bisulca.

NEW BUSINESS

Dues for 2025 are \$30 and need to be paid by check. Collection begins in November.

Quilts for the Mountains – eblast sent out regarding a collection of quilts Throw to Queen and larger baby quilts are needed for sending to the mountains for the Hurricane Relief. Make them simple and warm. There are 3-yard quilt patterns attached to the email and printed in the meeting rooms. If you have a new, unwrapped pillow that you are willing to donate to the relief efforts, please send those as well. You can pin pillowcases to the wrapping of the pillow.

Quilt Retreat has been cancelled due to damage

from the hurricane. Checks for the retreat will be returned to you by Kathleen Whiddon or Dianne Putnam.

Morning Secretary Position

Chris Appenzeller has volunteered to be the secretary for AM meetings. Voting will occur during the December 2024 meeting.

Raffle Quilt Ticket Sales

Debbie Abernethy has printed the raffle tickets for the Raffle Quilt. First raffle tickets will be sold at the DAV Chapter 34 Women's Auxiliary Craft Fair on 2 November 2024 from 9a-3p at the Pizza Hut on 321. Please sign up for a chunk of time to help sell raffle tickets.

Sit n Sew Projects

Oct 31 Sit and Sew — demonstration for centerpieces used at our joint meetings. They are reversible as Christmas and Summer/spring.

T-Shirt Workshop moved to 19 Oct 2024 in Community Room C. \$35 checks only. Have your t-shirts washed and ironed.

QUILT SHOW

Gail Meyer has stepped away from the chair position due to health concerns. Shelley Thompson and Pat Carson are joining Michelle Macy as co-chairs for the quilt show.

A few committees are up and running and the co-chairs are working on the remaining committees. Quilt Show is at Highland Recreation Center in Hickory for 17-18 April 2026. Food trucks will be on site and the Rec Center will set out picnic tables. Make all the quilts you can and the judging committee will find a way to optimize the layout to in-

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clude as many quilts as possible. Dawn Cole asked if there would be a fee for quilt entries. The judging committee will discuss this further.

OTHER ANNOUNCEMENTS

QOV presentation American Legion 16 in Newton on 17 October 2024. Dinner at 6p, Presentation at 7p.

Next Mission Day is 19 October (in Community Rooms A/B, the morning meeting room).

Membership Directory is on line

Directory for membership is posted on the website membership portal. If you would like a printed copy, you will need to pay \$5 per copy which can be paid along with your dues. If you have difficulties with accessing the website, contact Amanda Truett.

Catherine Caswell has asked members to make items for Lily Boutique and store them at their own homes.

SHOW AND TELL

- Dawn Cole – items for Lily boutique, 4 place-mats for daughter in law, three granny squares from a jelly roll purchased at Missouri Star.
- Barbara Mahnke – wall hanging gift for new secretary at Holy Trinity Lutheran Church. Quilted by Ann Becker.
- Susan Bisulca – QOV made by Carol Carman and Dawn Cole, bound by Amanda Truett and Susan.
- Frances Allen – basketweave quilt for mountain relief.
- Janet Hunt – 5 quilts for mountain relief made from quilt tops inherited from 3 Spinster Sisters who gave them to their nephew who passed them along to Janet.
- Jill Wells – 1 NICU, 4 quilts for mountain relief, 5 knitted hats, 1 pillowcase
- Michelle Macy – 1 quilt for mountain relief. 2

quilt tops by Stitchin' Heaven for personal projects.

- Susan Fontyn – QOV top
- Melissa Shaw – pumpkin table runner

PROGRAM

BARBARA MAHNKE PRESENTS "HALF SQUARE TRIANGLE BLOCKS & THEIR AMAZING VERSATILITY".

Construction techniques depend on your starting fabric sizes. Scraps and 5" squares are good for 2-at-a-time; layer cakes are good for 2-, 4-, or 8-at-a-time HSTs. Overall block size impacts technique used along with where you want your bias edges (in the seam or on the edges, rows/columns vs on-point layout).

Barbara demonstrated how to make each of the 2-, 4-, and 8-at-a-time HSTs on a drawing board. Use a scant ¼ inch seam away from the drawn diagonal line or edge, cut on the drawn line, press the seam, open the HST and press open the seam. Trim carefully to the required size.

When you are joining HSTs into a pinwheel, slightly pluck the seam on the back side of the middle seam, iron the pinwheel in a spinning pattern which will make a small pinwheel in the middle seam. Beware of directional fabric and how the visual difference will affect the quilt.

Barbara reviewed her electronic trunk show of HST quilts.

Use time as a target rather than a milestone of completions – you will find more joy from a time frame than attempting to reach the milestone. Improve and enjoy.

Missouri Star has a printable of the combinations of 8x8 HSTs.

Respectfully Submitted,

Amanda Truett

**FEMA CALLED ON ME IN BETHLEHEM**

by Diana Weber

Two FEMA representatives knocked on my door recently to ask if we had damage to our properties due to Helene. They were young men (not from North Carolina; one hailed from New York). They asked if I knew of anyone in the neighborhood who needed help or had damage to their homes.

So, we are on FEMA's map.... they came from

**FEMA**

Mecklenburg county and the Charlotte area before a stop in Bethlehem.

If you know anyone, here or up in the mountains who still needs help, they left me a flyer with the following disaster relief information.

* * * * *

To apply for disaster assistance and get answers, call 1-800-621-3362

[711 or Video Relay Service (VRS) 1-800-621-3362.

Online registration: DisasterAssistance.gov.



Catawba Valley Quilters Guild

P.O. Box 352

Hickory, NC 28603

www.catawbavalleyquiltersguild.com