



# Ready, Start, Art!

## Unleashing the Superpowers of Self-Expression

### Overall Program Goal:

To empower young artists to discover their unique inner light, express themselves authentically, and understand their potential to illuminate the world through creative expression. **Ready, Start Art! is an equal expression of “Heart and Art!”** This applied learning course focuses on fundamental techniques applied immediately in class projects. Each class includes developing an artist’s statement and documenting the creative process.

### Purpose and Value:

The Ready, Start, Art! Series plays an important role in the “Me, You, Us” Cohort 2025. **Value:** Our children are our future, and it’s vital to cultivate their inner genius and human potential. We must engage them to see themselves as contributing individuals—each with unique gifts to share with the world!



### Artist Statement Focus:

- How do I see “Me” through the art I created?
- What does my art say (what message or story does it tell)?
- What gift does my art give (to myself, others, the world)?
- What did I learn or discover about myself through this process?  
(This encourages reflection on the artistic journey)

**Age Range:** 4th Grade - 6th Grade

# Course Schedule (Total Training Hours: 20):

- **Saturday, October 4, 2025 (10 AM - 3 PM):**  
**Art Expressing Me!** (5 hours total) **Unlock Your Potential Track**
- **Saturday, October 11, 2025 (10 AM - 3 PM):**  
**The Art of Me-the Hub of My World!** (5 hours total) **Unlock Your Potential Track**
- **Saturday, October 18, 2025 (10 AM - 3 PM):**  
**The Art of My Superpower-My Voice and Vision!** (5 hours total) **Unlock Your Potential Track**
- **Saturday, October 25, 2025 (10 AM - 3 PM):**  
**My "Playbook" of Ready, Start, Art! for the World!** (5 hours total) **Unlock Your Potential Track**

## Course Descriptions:

### 1. Art Expressing Me! **Unlock Your Potential Track**



This class is a vibrant exploration of self-discovery through art. Students will dive into the world of colors, shapes, and textures, learning how these elements can express their unique personalities and emotions. Through playful experimentation with various mediums and techniques, they will create a piece reflecting their inner world.



#### **Class Project:**

-Draw a **Self Portrait**

-**My Feelings:** Students will document feelings – simple words and emotions about their self-portrait.

-**Artist's Statement:** The artist's statement will combine how they feel and what they created.

-Class Share



**Goal:** To ignite self-expression and foster wonder and joy in the creative process.

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### 2. The Art of Me-The Hub of My World! **Unlock Your Potential Track**



This class helps students recognize themselves as the radiant center of their creative universe. Through engaging art projects, they will explore their individuality, unique perspectives, and connections to the world. Collaborative art will foster belonging and shared experiences.



#### **Class Project:**

-Draw the **"Super Hero"** You Grow Up to Be! The student chooses who they want to grow up and "be" – a doctor, a scientist, an athlete, an astronaut, a ballerina, an actor, a rock star...nothing is off limits!

-**My Feelings:** Students will document feelings – simple words and emotions about their superhero self-portrait.

-**Artist's Statement:** The artist's statement will combine how they feel and what they created.

-Class Share



**Goal:** To build confidence in possibility – they can be anything and do anything as they create self-expression and exploration of personal identity.

### 3. The Art of My Superpower-My Voice and Vision! **Unlock Your Potential Track**



This class focuses on art as a tool for self-expression, communication, and positive impact. Students will explore various artistic styles and techniques, developing their artistic voice and vision. They will learn to communicate their thoughts, feelings, and ideas effectively through their art.



#### **Class Project:**

-**Superhero-Action Hero!** The students activate their "Super Hero" self-portrait as an "Action Hero" in their life. Where are they - what's the landscape? What are they doing? What are they giving?

-**My Feelings:** Students will document feelings - simple words and emotions about their Super-Hero portrait and how they see themselves in their world.

-**Artist's Statement:** The artist's statement will combine how they feel and what they created.

-Class Share



**Goal:** To empower each student to understand their artistic potential and express their unique perspective.

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### 4. My "Playbook" of Ready, Start, Art! for the World! **Unlock Your Potential Track**



This culminating class celebrates the students' artistic journeys. They will curate their artwork and reflections into a group "Playbook" to share with their fellow artists. They will choose the cover of their Playbook from the pictures they have created.



#### **Class Project:**

-**Create a Class Playbook:** From the collective individual Playbooks, the students will collaborate to co-create a master Playbook that demonstrates how they came together in their community of life!

-**My Feelings:** Students will document feelings - simple words and emotions about their contributions to the Class Playbook.

-**Artist's Statement:** The artist's statement will combine how they feel and what they created. A joint artist statement for the collaborative piece.



#### **Presentation:**

Students will share their individual and collaborative Playbooks with an audience of interested patrons, explaining their creative processes, the meaning behind their art, and their vision for their place in the world.



#### **Day of Innovation:**

A bold student(s) will be selected to present their outcomes at the December 4th Day of Innovation, demonstrating the "Art of Who They are in the World!"



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## **Art Box:**

Each student will be given an art box to include the following: #2 Pencils, Eraser, Colored Pencils, Colored Markers, Scissors, Sketch Pad. This art box will be "retained and replenished" by the instructor each week. Weekly, the tools available will be augmented by the instructor to enhance artistic opportunities for expression, based on that week's assignment.

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