



APPETIZERS

***Chicken Wings** – House Hot, Franks, Salt & Pepper, Blue Moon, Route 14 Spice, Lemon Pepper, Kimchi BBQ, Sweet Sesame, Celery & Carrots **\$20.95**

Calamari - Flash Fried Marinated Squid, Onion, Scallions, Tzatziki, House Hot **\$18.95**

***Crispy Rib Bites** – Crispy R14 Spice Baby Back Riblets, Buttermilk Ranch- **\$18.95**

***Island Mussels** - Roasted Garlic, Shallots, Chorizo Sausage, Lager & Cream, Garlic Toast **\$24.95** ***Gluten Free Add \$4**

Albacore Tuna - Pan Seared Loin, Seaweed Crackers, Rice Paper Crackers, Spicy Mayo, Dressed Greens, Lemon, Scallions - **\$20.95**

***Firecracker Prawns** – Tiger Prawns, Roasted Garlic, Chipotle Cream, Garlic Toast - **\$21.95**

***Gluten Free Add \$4**

Cauliflower Bites – House Made Buttermilk Cauliflower Florettes, Route 14 Spice. Choice of Dip - **\$14.95**

Westcoast Blini (4) - Smoked King Salmon, Baby Shrimp, Horseradish Pancake, Pickled Onion, Dill, Balsamic Glaze **\$19.95**

***Route 14 Poutine** - Fresh Cut Fries, Montreal Cheese Curds, Classic Beef Gravy - **\$15.95**
Add – Chicken Breast \$9 Maple Bacon \$3

Shareable Onion Rings – with Honey Mustard **\$12.95**

Daily Soup - Cup \$7 - Bowl \$12

Seafood Chowder - Cup \$8 - Bowl \$15

Sides - Fries \$5/\$9 - Garlic Toast \$3 - Gravy \$3

*** Can be made Gluten friendly, ask your server.
All ingredients may not be listed in description.
Inform server of any allergies before ordering.**

SALADS

Chopped Caesar Salad - Fresh Romaine, Local Parmesan, Garlic & Herb Croutons, Crispy Bacon, Hard Boiled Egg, Fried Capers, Creamy Garlic Dressing - **\$19.95**

***Haloumi Kale Salad** – Mixed Greens & Kale, Fried Haloumi, Feta, Red Wine Vinaigrette, Broccoli, Onion, Candied Walnuts, Craisins - **\$21.95**

***Route 14 House Salad** - Mixed Greens, Toasted Pumpkin Seeds, Candied Sunflower Seeds, Cucumber, Craisins, Cherry Tomatoes, Crumbled Goat Cheese, White Balsamic & Honey Vinaigrette - **\$17.95**

***Tuna Niçoise** - Pan Seared Albacore Loin, Mixed Greens, Herb Roasted Potatoes, Hard Boiled Egg, Marinated Artichokes, Green Beans, Cherry Tomatoes, Crispy Chickpeas, Kalamata Olives, Lemon Thyme Vinaigrette - **\$22.95**

***Salmon Confit Cobb Salad** - Confit Salmon Filet, Crispy Bacon, Mixed Greens & Kale, Cherry Tomato, Onion, Feta, Sundried Tomato Vinaigrette, Buttermilk Ranch, Hardboiled Egg- **\$24.95**

Add to Any Salad - Chicken Breast \$9, Seared Tuna Loin \$9, Crispy Tofu \$5
Confit Salmon Filet \$12, Tiger Prawns \$12