## Flexible Sigmoidoscopy Instructions

You will need two Dulcolax or Fleet suppositories. You will need to purchase these over the counter from any pharmacy.

Directions for use: Remove foil wrap. Lie on your side and insert one suppositories pointed end first towards the navel and high into the rectum the night before and insert the second one, itwo hour before your procedure. Retain the suppositories for at least 15 minutes.

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<sup>&</sup>lt;sup>i</sup> Sigmoidoscopy Instructions