

NOOSA SURGICAL AND ENDOSCOPY
Dr John Lancaster
MB CHB FRCS FRACS
Specialist Surgeon and Endoscopist



Consulting at:
22 Mary Street Noosaville

GASTROSCOPY

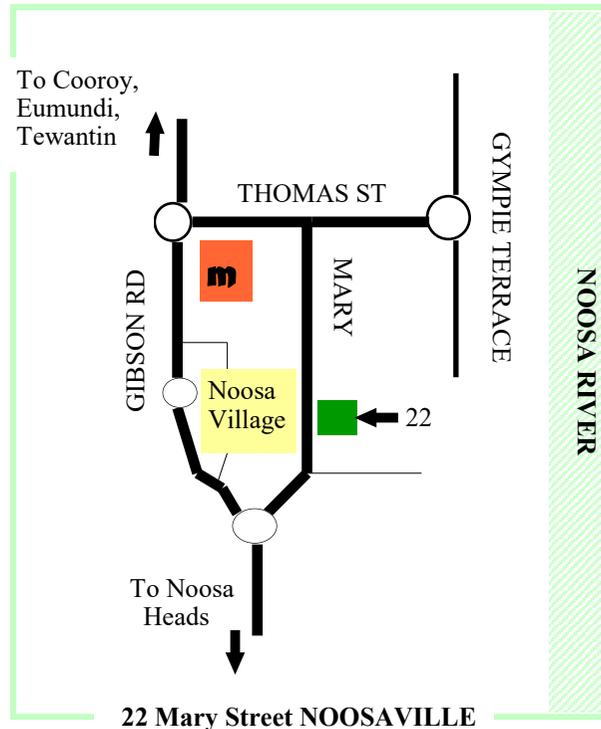
PATIENT INFORMATION

For Appointment Telephone:

5473 0400

DATE:
TIME:
PLACE:

Appointments are made to ensure minimal waiting time. If you intend on cancelling your appointment, please give more than 24 hours notification otherwise cancellation charges may apply.



A Gastroscopy is a procedure for examining the interior of the stomach using a flexible illuminated fiberoptic instrument through the mouth. Specimens may be taken for microscopic examination.

You will receive intravenous sedation for this procedure. The medication is given to you through an injection site in your arm or hand. You will be sleepy but easily roused. You may not remember the procedure afterwards and this is a normal response to certain sedatives.

The examinations are very safe but like all medical procedures carry some risks. These will be discussed with you on the day of your procedure but if you require specific details, please arrange a consultation with Dr Lancaster prior to the day of your procedure.

BEFORE YOUR GASTROSCOPY:

1. Check the time and place of your appointment at least two working days prior to your appointment. Phone 5473 0400.
2. Arrange for a responsible person to drive you home after your gastroscopy and to stay with you for the remainder of the day. Dr Lancaster reserves the right to refuse to perform the procedure if proper arrangements for care following the procedure are not in place.
3. Refrain from taking herbal medicines and fish oil for five days prior to your procedure.
4. If you are taking the medication Warfarin or Plavix or Iscover or Sotacor, you will need to make a prior consultation with Dr Lancaster before the day of your gastroscopy.
5. If you are an Insulin dependent Diabetic or have a serious illness or you are pregnant or breastfeeding, you will also need a prior consultation.
6. Please ensure that your patient questionnaire form and referral letter are sent to us as soon as possible.

DAY OF YOUR GASTROSCOPY:

1. Do not eat for **6 hours prior** to your procedure. Drink **only** water in the period from **6 - 3 hours prior** to your procedure. **Do not drink or eat anything** for **3 hours prior** to your procedure.
2. Bring with you medications that you would normally take.
3. If you are Diabetic, bring your glucometer as well as your medications. **DO NOT USE** your diabetic medication before your procedure.
4. All other medications should be taken at the normal times with a sip of water.
5. Wear comfortable loose clothing.
6. Bring your Medicare card, pension and method of account settlement. No personal cheques accepted.
7. Leave valuables at home as this practice does not accept responsibility for any losses incurred.

FOR 12 HOURS AFTER YOUR GASTROSCOPY:

1. Do not drive or leave the facility unaccompanied.
2. Do not drink alcohol or take sedative drugs.
3. Ensure you have a responsible person to take care of you.
4. Read the discharge instructions that were given to you by Dr Lancaster's nurse.
5. Do not operate machinery i.e. ironing, cooking, mowing.
6. Do not sign any legal documents.

INFORMATION: Unless otherwise advised, you can resume normal eating habits after your gastroscopy. The total time that you will spend in the facility may vary, usually less than 2 hours. Although we endeavour to keep to our schedule, sometimes unforeseeable delays can occur.