

Awakened by Love



A Lenten Reflection on the Transforming Power of Christ's Love

What truly changes a human heart?

Real and lasting transformation begins when we encounter the love of Christ personally.

This Lent, join us for a powerful day of reflection, exploring:

- How Christ's love awakens the spiritually tired heart
- Why love—not fear—is the deepest motivator for change
- How prayer, fasting, and almsgiving open us to encounter Him
- The biblical pattern of transformation through love
- How to move from routine faith to living relationship

Awakened by Love is a Lenten reflection on the transforming power of encountering the living love of Jesus Christ. True and lasting change in the Christian life does not come from effort alone, but from a heart awakened by love—love that heals wounds, breaks the hold of sin, restores hope, and draws us into deeper communion with God. Through Scripture, prayer, and the Lenten practices of fasting and almsgiving, this reflection invites participants to move beyond routine faith and rediscover the love of Christ as the deepest source of conversion, renewal, and spiritual transformation. All who desire a deeper relationship with Christ and a renewed heart this Lent are warmly invited.

This reflection is for anyone seeking:

- Spiritual renewal
- Deeper prayer
- Freedom from sin
- Healing and peace
- A more personal encounter and conformity with Christ

Come discover how this Lent can become not just a season of sacrifice—but a moment of awakening.

All are welcome.

Speaker: Alexander Schmitt, Director of The Altum Institute

Where: St. Joseph Catholic Church, Tonkawa

When: March 7, 2026

Time: 1:30PM-4:30PM

The Mission will be followed by Adoration and the Lenten Penance Service from 4:30PM-5:30PM with Mass at 5:30PM.