

Peace Meal Senior Nutrition Program

AUGUST 2025

				1 Swedish Meatballs Season Baby Carrots, Brussel Sprouts, Pears Roll
4 Chicken Parmesan Green Beans Cauliflower Applesauce Sl. Bread	5 Bread Fish Fillet/Bun Ranchero Beans Pea's Pears, Tator Sauce	6 Salad Bar	7 Country Fried Steak, Mashed Potato's/Gravy Corn Mixed Fruit, Roll	8 Hamburger/Bun Baked Beans Mixed Veggies Tropical Fruit Ketchup/Mustard
10 Potato Crusted Tilapia, Rice Pilaf California Blend Peaches Roll	11 Beef Tips/ Noodles Glazed Carrots It Green Bean Applesauce Roll	13 Salad Bar	14 Ham Loaf Sweet Potato's Spinach Pineapple Sl. Bread	15 Taco Salad Black Beans, Fire Roast Corn, Salsa, Chips, Sour Cream, Taco Sauce, Jello Fruit
18 Salmon Burger/Bun, Rooted Veggie Pearl Pea's Pears	19 Pork Tenderloin/Bun Chips Mix Veggies Chunky Applesauce, Ketchup/Mustard	20 Salad Bar	21 Meatloaf Mashed Potato/Gravy Green Beans Peaches Sl. Bread	22 Sub Sandwich Kidney Bean Salad, Cole Slaw Cookie Mayo Packet
25 BBQ Pork/Bun Baked Beans Capri Veggies Pineapple	26 Cheese Ravioli/Mariana Sauce, Spinach Wax Beans Pears, Roll	27 Salad Bar	28 Sloppy Joe/Bun Tator Tots Mixed Veggies Peaches	29 Ham Salad/Bun Potato Salad Pickled Beets Mandarin Oranges

For Reservations Call

ARC: 309-888-9099 Press 1, at least 24 hours in advance by 12 noon.

Due to global supply chain shortages, we may need to substitute on our planned menus with little or no notice. We still guarantee a nutritious meal. We appreciate your patience and understanding.

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Coordinator for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.