



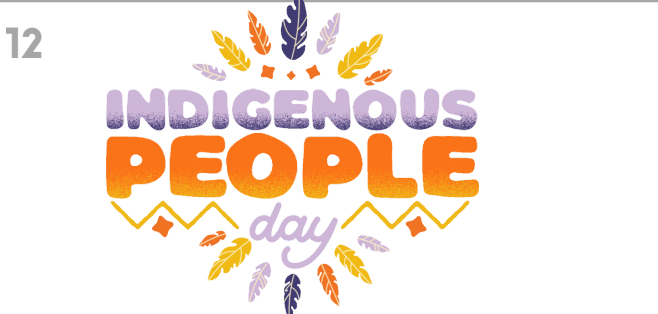
OSF PEACE MEAL OCTOBER MENU

FOR RESERVATIONS, CALL: 309-888-9099, PRESS 1 , AT LEAST 24 HOURS IN ADVANCE BY 12 PM.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

SOMETIMES WE NEED TO SUBSTITUTE OUR MENUS. WE STILL GUARANTEE A NUTRITIOUS MEAL. THE PEACE MEAL SENIOR NUTRITION PROGRAM SUGGESTS A DONATION OF \$4.00 FOR EACH CONGREGATE & HOME DELIVERED MEAL. NO OLDER PERSON SHALL BE DENIED A MEAL BECAUSE OF THEIR INABILITY TO CONTRIBUTE TOWARDS THE COST OF THAT MEAL. WE ACCEPT ILLINOIS LINK CARD.

5 **HAM & BEANS**
GREEN BEANS
PEACH DUMP CAKE
CORN BREAD



19 **TORTELLINI & MEATBALLS**
ASPARAGUS
SPICED PEACHES
BREAD STICK

26 **PHILLY CHEESE STEAK**
SWEET POTATOES
BLUSHING PEARS
HAWAIIAN ROLL

6 **ALFREDO SHRIMP**
BROCCOLI
CARROTS
FRUIT CUP
BREADSTICKS

13 **CHICKEN PARM**
CORN
BROCCOLI
FRUIT CUP

20 **SALISBURY STEAK**
SQUASH
PARSLEY POTATOES
FRUIT CUP

27 **CHILI MAC**
GREEN BEANS
CINNAMON APPLES
WHEAT BREAD

SALAD BAR

1 **TUNA NOODLE**
CASSEROLE
MANDARIN ORANGES
3 BEANS MELODY

8 **CHICKEN BACON**
RANCH PASTA
3 BEAN SALAD
PINEAPPLES

15 **BROCCOLI HAM**
SALAD
COLESLAW
PISTACHIO FLUFF
FRUIT CUP

22 **HAM SALAD**
MACARONI SALAD
BANANA PUDDING
FRUIT CUP
WHEAT BREAD

29 **TUNA SALAD**
POTATO SALAD
PEACHES
WHEAT BREAD

2 **TATOR TOT**
CASSEROLE
PEAS
BLUSHING PEARS

9 **SAUCY RIBLETS**
CORN
CINNAMON APPLES
WHEAT ROLLS

16 **GOULASH**
DICED CARROTS
PEAS
FRUIT CUP
BREAD STICK

23 **CORN DOGS**
GREEN BEANS
APPLE DUMP CAKE

30 **BAKED MANICOTTI**
CORN
CARROTS
WHEAT ROLL

3

10

17

24

31

