

**Peace Meal Senior Nutrition Program**  
**JULY 2025**

	1 Potato Crusted Tilapia Rice Pilaf California Blend Mandarin Oranges Sl. Bread	2  <b>Salad Bar</b>	3 Hamburger on Bun Baked Beans Corn on the Cob Mixed Fruit Ketchup/Mustard pkt	4  <b>Closed</b>
7 Fried Chicken Mashed Potato/Gravy Green Beans Peaches Sl. Bread	8 Beef Tips over Noodles Nantucket Veggie Cauliflower Pears SL. Bread	9  <b>Salad Bar</b>	10 Chicken Broccoli Casserole Carrots Fruit Snacks Applesauce Sl. Bread	11 Sub Sandwich Broccoli Salad Three Bean Salad Pineapple Mayo Pkt
14 Bake Pork Chops Sweet Potato's Rivara Blend Pears SL. Bread	15 BBQ Chicken Breast Rooted Veggie Blend Brussel Sprouts Mixed Fruit Sl. Breast	16  <b>Salad Bar</b>	17 Pork Tenderloin/Bun Steak Fries Rivera Blend Tropical Fruit	18 Taco Salad Black Beans/Fire Rst Corn, Salas, Chips, Sour Cream, Taco Sauce Jello fruit cup
21 Sauerkraut, Polish Sausage German Potato Salad Lima Bean Applesauce	22 Saucy Riblet Sandwich Au gratin Potato Collard Greens Pears Bun	23  <b>Salad Bar</b>	24 Meat Loaf Mashed Potato's /Gravy Green Beans Peaches SL. Bread	25 Chicken Noodle Carrots Peas Mandarin Oranges Roll
28 Sl Turkey /Gravy Sweet Potato's Brussel Sprouts Pears Sl. Bread	29 Sloppy Joe's on Bun Steak Fries Mixed Veggie Peaches	30  <b>Salad Bar</b>	31 Chicken Strips/Orange Sauce Fried Rice Stir Fried- Veggie Applesauce Roll	

**For Reservations Call**

**ARC: 309-888-9099 Press 1, at least 24 hours in advance by 12 noon.**

**Due to global supply chain shortages, we may need to substitute on our planned menus with little or no notice. We still guarantee a nutritious meal. We appreciate your patience and understanding.**

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Coordinator for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.