

July 2026

MON	TUES	WED	THURS	FRI	SAT
Sometimes we need to substitute on our menus. We still guarantee a nutritious meal. The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate & home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal. We accept the Illinois Link card.					
6	7	SALAD BAR	2	3	4
Fried Chicken Mashed Potatoes & Gravy Mixed Vegetables Fruit Cup Wheat Bread	Tator Tot Casserole w/Hamburger Green Beans Strawberry Crisp V-8 Juice		Corn Dogs Tator Tots Green Beans w/Bacon & Onions Fruit Cup		
13	14		9	10	11
Philly Steak Tator Tots Green Beans Fruit Cup Wheat Bun	Stuffed Green Peppers Mushrooms Blushing Pears Wheat Bread		Ham Salad Yogurt Carrots Fruit Cup Wheat Bread	Pork Chops Baby Bakers Brussel Sprouts Fruit Cup Wheat Bread	
20	21		16	17	18
Baked Manicotti Carrots V-8 Juice Cinnamon Apples Bread Stick	Pork Tenderloin Tator Tots Vegetable Blend Fruit Cup Wheat Bun	Summer Rotini/Salami Salad Beets Fruit Cup Oreo Fluff	Biscuits & Sausage Gravy Egg Scramble w/Veggies Hashbrown Triangles Fruit Cup		
27	28		23	24	25
Cheeseburger Baby Bakers Green Beans Fruit Cup Wheat Bun	Beef Tips & Noodles Mashed Potatoes & Gravy Brussel Sprouts Fruit Cup V-8 Juice		Sub in a Tub Turkey, Ham, Lettuce, & Tomatoes Grapes Yogurt Sub Roll	Salisbury Steak Mashed Potatoes & Gravy Sweet Peas Fruit Cup Wheat Roll	
			30	31	August 1
			Turkey & Cheese Wrap Lettuce & Tomato Fruit Salad Cottage Cheese Tortilla	Swedish Meatballs Broccoli Scalloped Corn Wheat Roll	