





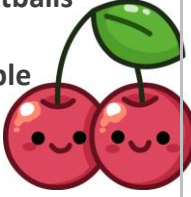
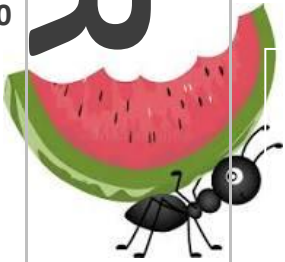


OSF Peace Meal Menu

For reservations, call ARC at 309-888-9099, press 1, at least 24 hours in advance by noon



June 2026

MON	TUES	WED	THURS	FRI
1 Saucy Riblet Au Gratin Potatoes Asparagus Fruit Cup Hoagie Roll 	2 Chicken Teriyaki Brown Rice Broccoli Fruit Cup Wheat Roll	<h1>SALAD BAR</h1>	4 Asian Chicken Cranberry Tossed Salad Raspberry Vinaigrette Carrots Chips Strawberry Fluff	5 Tenderloin Tator Tots Green Beans Fruit Cup Wheat Bun 
8 Chicken Fried Steak w/Gravy Corn Broccoli Fruit Cup	9 Spaghetti w/Meat Sauce Asparagus Peach Cobbler Bread Stick 		11 Salami, Pepperoni & Rotini Salad Celery Sticks Yogurt Fruit Cup	12 Hamburger Tator Tots Green Beans Fruit Cup Wheat Bun
15 Shrimp & Broccoli Alfredo Tortellini Broccoli Fruit Cup Bread Stick 	16 Biscuit & Gravy Veggie Scramble Hashbrowns Fruit Cup		18 BLT Wrap Baby Carrots Grapes Strawberry Crisp 	19 ARC Closed for Juneteenth
22 Pigs in A Blanket (Crescent Roll) Pickled Beets Hominy Fruit Cup	23 Brats w/Hot Dog Bun Baby Bakers Brussels Sprouts Apple Cobbler		25 Cranberry Chicken Salad Carrots Pears Hawaiian Roll	26 BBQ Sandwich Baked Beans Brussel Sprouts Fruit Cup Hamburger Bun 
29 Swedish Meatballs Asparagus Cherry Crumble Wheat Bread 	30 Shepard's Pie Green Beans Succotash Fruit Cup Wheat Bread			Sometimes we need to substitute on our menus. We still guarantee a nutritious meal. The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate & home delivered meal.