

## Peace Meal Senior Nutrition Program

**April 2024**

1 Salisbury Beef Patty Mashed Potatoes Buttered Baby Carrots Peaches Whole Grain Roll	2  <b>Salad Bar</b>	3 Spaghetti Pie Corn Mandarin Oranges Bread Stick Hot Buttered Apples w/Cinnamon	4 Chicken Breast Creamed Peas and Potatoes Broccoli Pineapple Dinner Roll	5 Meatloaf Mashed Potatoes and Gravy Mixed Veggies Whole Grain Roll Pears
8 Sloppy Joe Baked Corn Casserole Butter Beans Bun Apricots	9  <b>Salad Bar</b>	10 Fried Chicken Mashed Potatoes w/Gravy Tomatoes and Zucchini Whole Grain Dinner Roll Sunshine Salad	11 Taco Salad w. Taco Meat, Beans, Lettuce, Cheese, and tomatoes Sour Cream and Taco Sauce Pears Taco Chips Layered Lemon Dessert	12 Turkey Tetrazzini Mixed Vegetables Green Beans Whole Grain Wheat Peaches
15 Ham and Beans Copper Carrots Cornbread Pineapple Tidbits	16  <b>Salad Bar</b>	17 Stuffed Chicken Breast Twice Baked Potato Casserole Seasoned Italian Green Beans Dinner Role Cookie	18 Pot Roast with Veggies (Potatoes, carrots and Onion's w/gravy) Broccoli Texas Toast Warm Fruit Crisp	19 Chili Lettuce/Spinach Salad w/Dressing pkt. Mandarin Oranges Crackers Pudding
22 Pepper Beef over Brown Rice Lima Beans Warm Cinnamon Baked Apples Whole Grain Wheat Oranges	23  <b>Salad Bar</b>	24 Savory Sausage Stew Beans Pickled Beets Whole Grain Wheat Warm Fruit Cobbler	25 Chicken Salad Tortellini Vegetable Soup Creamy Cole Slaw Bun/Crackers Fruit Salad	26 Pulled Pork Baked Beans Spinach Bun Peaches
29 Salisbury Beef Patty Mashed Potatoes Buttered Baby Carrots Peaches Whole Grain Roll	30  <b>Salad Bar</b>			

**ARC: 309-888-9099 Press 1, at least 24 hours in advance by 12 noon.**

**Ask the Site Supervisor for information.**

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal. The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

**We accept the Illinois Link Card.**