

Peace Meal Senior Nutrition Program

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Salad	Oven Baked Porkchop	Stuffed Chicken Breast
		Bar	Baby potatoes w/butter	Green Beans
		Salad	Nantucket blend	Au gratin Potatoes
		Bar	Mandarin oranges	Peaches
			Dinner roll	Sliced Bread
			Baked Manicotti w/ mozzarella	Chili w/ beans
			Broccoli	Corn
			Pears	Hot cinnamon apples
			Dinner Roll	Cornbread
		Salad	Savory Baked Chicken	Beef and Noodles over biscuits
		Bar	Mashed Potatoes	Broccoli
			Corn	Strawberry Applesauce
			Peaches	
			Dinner roll	
		Salad	Ham Chef Salad	Turkey over Stuffing w/Gravy
		Bar	Cottage Cheese w/pineapple	Peas
			Banana pudding	Warm Pears
			Breadstick	
		Salad	Chicken and Noodle over mashed potatoes	Ghoulish Goulash w/meat
		Bar	Peas	Mummy Carrots
			Spiced peaches	Tombstone cobbler
			Biscuit	Dracula Roll

For Reservations Call

ARC: 309-888-9099 Press 1, at least 24 hours in advance by 12 noon.

Skim milk and desserts with no sugar added are available in many locations. Ask the Site Supervisor for information. Sometimes we need to substitute on our menus. We still guarantee a nutritious meal. The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregant and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal. We accept the Illinois Link Card