

**Senior Advisory Committee Meeting
Minutes, October 6, 2022 9:30 AM**

**Normal Township Activity and Recreation Center
600 E. Willow, Normal, IL 61761**

Members Present: Chair Deb Shaw, Jana Edge, Rich Farr, Steven Kossman, Carol Plotkin, Leonard Ross, Barbara Singer

Township Officials: Jess Ray, Supervisor; Art Rodriguez, Floyd Aper, Sally Pyne, Arlene Hosea, Trustees

ARC Staff: Director of Programming Molly Camper, Member Services Manager Elicsha Sanders; Samantha Scott, Communications & Fundraising

Meeting called to order by Chair Deb Shaw at 9:30 AM.

Approval of Minutes

Minutes from the September 1, 2022 meeting were not included in the meeting packet. The September and October minutes will be included in the November meeting packet for review and approval.

Report from Chair

Uday Deoskar has submitted his resignation. He plans to continue working with Brain Health and Wellness. There are 2 now committee positions open: 1 from Bloomington, 1 from Normal.

Peace Meal is doing well. There will be no meal on Oct. 10 as the ARC is closed.

Member Updates and Committee Reports

Jana Edge, Health & Wellness – No report.

Rich Farr, Fundraising – No report.

Steven Kossman, Movie Committee – No report.

Carol Plotkin, Blood Drive Update – Next Blood Drive is scheduled for Nov. 30th, 12-5 PM.

Leonard Ross, Outreach – No report.

Diversity & Inclusion – No report. Open position on the Advisory Committee

Barbara Singer, Veterans' Committee – The Veteran's Day celebration is in the works. The ISU School of Kinesiology and Recreation (KNR) is helping. The date is Nov. 15 from 4-7 PM. Per Molly the date is pretty sure, the time is in question.

Report from Township Supervisor & Operations Overview Jess Ray

The Green Space bricks have been leveled. The Normal Police Dept. used the area for a K9 demonstration on Wednesday. It was well attended.

The Yoga Room is back in service. The water damage has been repaired.

Interviews for the new ARC Director of Operations are on-going. Plan is to have open interview/meeting sessions in November.

SHIP: Open enrollment begins soon. Thanks to Art Rodriguez for providing VA information.

Partnerships are developing with KNR, Mennonite School of Nursing and Illinois Wesleyan.

Regarding vaccines, reaching out to the McLean Co. Health Dept. for scheduling & availability.

Ruby has done some outreach for window cleaning at the township offices.

Horticulture: Steve Kossman's wife and her friend are master gardeners who have offered to plant and maintain new plantings in the Green Space.

A local water garden group is dismantling. They have funds in their account for a water garden or meditation center and asked if we would be interested in such a project.

Those in attendance were interested in getting more information.

ARC Staff Reports

Molly Camper, Program Highlights – Report attached to meeting packet.

An addition to the report, the ISU Mennonite College of Nursing will be offering health promotion services on Wednesdays beginning Nov. 2 from 11-1. More information will be in the November newsletter. Celebrate the Season Art & Craft Sale is Nov. 5, 9-1. Currently there are 21 tables; ARC receives 10% of sales.

Elicsha Sanders, Member Services – Report attached to meeting packet.

One of the van drivers has left causing rider schedule changes. Riders will arrive at the ARC at 10:00. There are two options to return home at 2:00 and 4:00.

Membership is over 2700. One day in September 25 people joined.

With Medicare open enrollment it has come to light some insurance carriers are changing their active senior benefits, as an example, from Silver Sneakers to Renew Active. It is important for members to notify the ARC of such changes effective January 1, 2023. They should not wait until their ARC membership renewal as several months of funding receipts could be lost. Previous receipts from active senior benefits had totaled as much as \$10,000. Asking members to notify the ARC of benefit changes effective Jan. 1, 2023 through Facebook, ARC Newsletter and/or email is suggested.

The question of renewing with Silver Sneakers and still paying \$30 was asked. Yes it is an option, the \$30 would be considered a donation.

Samantha Scott, Communication & Fundraising – Report attached to meeting packet.

Build the ARC campaign stands at \$8,310. \$5,800 needed to reach our goal . \$2,631 has been raised during the September campaign. The Texas Roadhouse Dine & Donate was well attended. Fundraising numbers have not been received. Portillo's and Culvers events average in the mid-\$100 donations. We are looking into new options possibly more sit-down meals instead of fast food. T-shirt sales were also a success. We are expecting to receive \$360 (at \$5 per shirt).

Old Business

Membership Agreement Policies: Steve was concerned the member who questioned ARC's policy of a caregiver attending with a member has not been responded to after several months. Jess said he has been in contact and the caregiver has been given a job identifying him/her as such and who they are caring for. The lawyer recommended a procedure or protocol as opposed to a policy. The caregiver must stay with the member and notice must be given if the caregiver changes. ARC staff will not be considered a caregiver at any time. Concern was expressed this had not been communicated to the committee.

New Business

2023 Meeting Dates: Copies of the 2023 calendar were distributed to schedule next year's meeting dates. Meeting quarterly or on a day later in the month to allow for reporting month end numbers were two options suggested. After a short discussion it was decided to keep as the first Thursday in the month. No motion needed as no change was made.

Suggested Topics for Next Meeting

None

Public Comment

Molly announced Dr. Kristen Weikle, Unit 5 Schools Superintendent, will be at the ARC on Monday Oct.17 at 10:00 to inform the public of the tax referendum on the November ballot.

Jana encouraged everyone to be informed about candidates and vote. Early voting locations are open.

Next Normal Township Board Meeting: October 20, 2022 at 8:15 AM

Next Senior Advisory Committee Meeting: November 3, 2022 at 9:30 AM.

Motion to Adjourn: Jana Edge. Seconded by Barbara Singer. Motion passed, meeting adjourned at 9:55 AM.