

# QNUK Level 3 Award in First aid at Work (QCF)



## Who is this for?

This qualification is typically delivered over 3 days. It is for those working in higher risk workplaces, or lower risk workplaces with larger numbers of staff and visitors.

The qualification is open to those over 14 years of age.

## Key points

- Regulated qualification
- Meets HSE requirements
- 18 Guided learning hours (3 days)
- Valid for 3 years
- Certificate included
- Assessed by MCQs and practical observation

## Course content

This qualification has been developed to meet the first aid training requirements outlined by the H.S.E.

- The course includes:
- First aid in the workplace
- Responsibilities of the first aider
- Primary survey
- Unconscious casualty management
- Resuscitation
- Choking
- Shock
- Wounds and Bleeding
- Heart attack
- Anaphylactic shock
- Head injuries
- Stroke
- Seizures
- Diabetes
- Fractures
- Poisons