QNUK Level 1 Award in Health and Safety in the Workplace (RQF)



Who is this for?

This qualification is typically delivered over 1/2 day.

It is intended for all employees, and can be used as an induction to health and safety in the workplace.

The course is also ideal for those starting work for the first time.

Key points

- ☐ Regulated qualification
- ☐ Written to National occupational standards
- ☐ 4 Guided learning hours (1/2 day)
- ☐ Recommended to be refreshed every 3 years
- ☐ Certificate included
- ☐ Assessed by MCQs

Course content

This qualification has been developed to provide an introduction to the basics of fire awareness in the workplace.

- ☐ Key, health and safety terms
- ☐ Employees responsibilities
- ☐ Common workplace hazards and risks
- Workplace requirements
- Accident reporting
- ☐ The first aid provision
- ☐ PPE
- ☐ Personal hygiene

The content has been written to meet accepted guidelines. The delivery will be tailored to the needs of the employer.

Learners may also wish to attend the QNUK Level 2 Award in Health and Safety in the Workplace (RQF)



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