Italian Dinner

Antipasti Centerpiece

Asiago, Provolone, Pesto Bocconcinni, Fontina, Soprasetta, olives, roasted red peppers, marinated vegetables, artichoke dip, white bean spread, lavash toasts and crusty breads

First Course

Bread Basket

Focaccia, assorted rolls, scalli bread served with sweet cream butter and olive oil

Misto Insalata

Fresh greens topped with tomatoes, cucumbers, red onions, olives and Italian dressing

OR

Traditional Caesar Salad

Second Course

Tortellini Primavera

Three cheese tortellini with fresh vegetables in a parmesan cream sauce

OR

Wild Mushroom Risotto

Dinner Course

CHOICE OF

Tuscan Salmon

Light crust, thyme and lemon

Grilled Rosemary Chicken

Veal Marsala

with button mushrooms

Vegetable Lasagna

served with roasted new potatoes with olive oil and herbs

Roasted Seasonal Vegetables

Desserts & Coffee

Tiramisu

garnished with raspberries

Cannoli

Panacotta

with fresh berries and anise cookies



Better Food for a Better Life

Sample Wedding Dinner



Providing personalized catering services with a spotlight on creativity, presentation and using the freshest ingredients possible



158 Adams Street, Newton Massachusetts 02458 web: www.betterlifefood.com email: eatbetter@betterlifefood.com phone: 781-354-2077

Traditional

Cocktail Reception

Cheese and Vegetable Centerpiece

Select cheeses and assorted fresh local seasonal vegetables served with lavash toast, lemon hummus, spinach dip

Baked Brie en Croute

on a bed of jam with water crackers

Passed Hors D'oeuvres

Coconut Chicken

with pineapple hoisin sauce

Stuffed Mushrooms

Mini Quiche

Broccoli & Swiss, bacon & cheddar

Plated Salad

Assorted Bread Basket

Mixed Green Salad

with goat cheese, sun-dried cranberries, thinly sliced onions, candied walnut and a buttermilk dressing

Buffet Dinner

Filet of Beef

with horseradish sauce

Grilled Chicken

with lemon sauce and cranberry conserve

Vegetarian Roasted Eggplant and Mozzarella Stack

with tomatoes and basil

Sauteed Green Beans

with almonds

Baby Carrots

with a touch of tarragon

Potatoes Au Gratin

Desserts & Coffee

Creme Brulee

garnished with chocolate and berries

Chocolate Gateau

with strawberries and cream

Fruit Cobbler

with fresh cream

Summer Buffet

Stationary Appetizers

Mediterranean Centerpiece

Assorted vegetables, assorted cheeses, lavash toasts, lemon hummus, cucumber-feta dip and fruit

Passed Hors D'oeuvres

Potato and Cheddar Pizza Squares

New England Style Crab Cakes

Spinach Bites

Dinner Stations

Bread Basket

Combread, biscuits and cranberry bread with sweet cream butter

Greek Salad

Fresh greens topped with feta, tomatoes, cucumbers, red onions, olives and a Greek dressing with lemons

Orzo Salad

Toasted orzo and rice salad with apricots and pine nuts and mixed green salad with a balsamic viniagrette

Roasted Potato Salad

with dijon mayonnaise

Grilled Seasonal Vegetables

Mixed Grill

BBQ Boneless Chicken, Roasted Pork Loin, Sliced London Broil, Cilantro Shrimp Skewers

Desserts & Coffee

Home Baked Bars

featuring a variety of flavors

Cookies & Milk

featuring a variety of cookies along with regular, chocolate and vanilla milk

Strawberry Shortcake

The Details

The Better Life Food Weddings brochure is just a sampling of our talented staff's repertoire

Dinner prices range from \$39.95 to \$59.95 per person

All dinners can be served buffet style or plated

Chef Service is charged at \$50 per hour

Service Staff are charged at \$35, with a minimum of 4 hours for each.

We do our best to use only the finest local ingredients.

Menu items and prices may depend on market fluctuations and seasonality of the menu selections.

We use stylish serving pieces with fresh herb, fruit and vegetable garnish.

China, linens and glassware are according to your requirements and are charged separately.

We can provided environmentally sustainable disposable as an alternative to china rentals

Bartending Services and Liquor Consignment coordination are included in "the planning" at no additional charge

Travel time may incur for unusually long distances.

7% MA meals tax applies to all food costs.

Suggested gratuities are listed on all quotes and invoice

Before placing your order, please inform your server if a person in your party has a food allergy



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