



# Kitchen Notes

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Spring 2018

## We Have A New Home!



Better Life Food has grown and we now have our own commissary and offices!

A few years back, we took kitchen space at Commonwealth Kitchen in Dorchester, a shared commissary for budding entrepreneurs. After 3 years we've blossomed and have planted our roots firmly back in Newton with a kitchen in the village of Nonantum. Although Newton Upper Falls will always be where our heart is, we love our new home at 158 Adams Street, Newton, MA 02458

Our growth allows us to:

- Take on more jobs with shorter lead times.
- Offer corporate dinner meetings (new menus coming soon).
- Allow customers to pick-up pre-ordered baked goods
- Offer more private catering opportunities including weddings, showers, private parties, Mitzvahs and memorial luncheons.
- Have easier access to Boston (we can practically see the Pike from here)!

None of this would have been possible without you, our amazing customers and friends. We're looking forward to serving up some wonderful things for all of you over the next few years! We appreciate all your support!

### Better Life Food Catering Early Spring Menu

**We Make Your Event Better**  
*Tomato & Goat Cheese Flatbreads*  
with mozzarella and chopped arugula

*Lemon Pea Pistou Crostini*  
with ricotta

*Jamon-Wrapped Asparagus*  
with balsamic glaze

*Paprika Pork Loin Mini Pitas*  
with tzaziki

*Feta & Beet Borini Dip*  
with crunchy lavash toasts and crudité's

*Mini Quiche*  
Cherry Tomato and Pancetta,  
Roasted Broccoli and Swiss

Check out our other food ideas at:  
[www.betterlifefood.com/sample-menus.html](http://www.betterlifefood.com/sample-menus.html)

### Spring Into Baked Goods & Treats!

#### A Springtime Favorite!



Mrs. Murphy's Irish Soda Bread comes in two sizes:

Single large round or 3 small rounds. Visit our website for pricing, ordering and shipping details.

**Lucky Lemon Sugar Cookies**  
1/2 dozen packets. Perfect for shipping!

#### Easter Treats

**Birds Nest Walnut Shortbread Cookies**  
with coconut & jam  
1/2 dozen packets.



### Save The Date! Upcoming Events

We'll be out and about at these upcoming events; you may want to check them out:

**Temple Sinai Event Extravaganza**  
Sunday, March 25th, 11am - 2pm  
Temple Sinai, Canton St., Sharon, MA

*Great showcase to attend if you're planning a Mitzvah, kiddush or other party/event*  
*You do not need to be a temple member to attend*

**Newton/Needham Chamber of Commerce  
Spring Seasonings**  
Monday, April 9th, 5:30pm  
Newton Marriott

*Purchase tickets online at:*  
[nmchamber.com/events/details/spring-seasonings-a-taste-of-our-towns-5866](http://nmchamber.com/events/details/spring-seasonings-a-taste-of-our-towns-5866)