



# Kitchen Notes

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Winter/Spring 2014

## Happy New Year! Happy New Van!



We're pretty excited about the possibilities opened by our newest catering vehicle, especially the separate power source allowing us to hook up any number of devices which might make an event even more special for our awesome customers.

We're looking for suggestions on what to nickname our new toy... the Vittlemobile, maybe?

Email your nickname idea to [betterlifefood@comcast.net](mailto:betterlifefood@comcast.net). If we pick your suggestion, you'll win a cookie basket (*with cookies!*)

Contest ends 2/24/14.

### Winter 2014 Menu Ideas

#### Mediterranean Platter

tabbouleh, hummus, baba ganoush, crudites, marinated feta, olives and pita

#### Chicken Tiki Cups

with lemon yogurt

#### Sweet Potato Pancakes\*

with carrot chutney

#### Black Olive & Slow Roasted Tomato Flat Breads

#### Oregano Chicken Skewers

with tzaziki

\*go to our "Recipe" page on our website, [www.betterlifefood.com](http://www.betterlifefood.com) to get the full recipe (chutney, too!)

### Sweetness!



Valentine's Day is coming!

Don't forget to order Sweets for Your Sweetheart!

We will have a full array of yummy and special items just for the holiday such as our amazing chocolate gateau, our Lindsers (pictured, photo by the chef, BTW - so multitalented!), special "Baskets of Love" and more!

check out: [www.betterlifefood.com/](http://www.betterlifefood.com/) and click the 'seasonal' tab for more details.

### Community Events

#### Commander's Mansion

#### Wedding Faire

Sunday, March 2nd, 2014,

1pm - 4pm

We're looking forward to the 9th Annual Wedding Faire at the venerable Commander's Mansion in Waltham, MA. We will be serving up some special treats and introducing new Brides & Grooms-to-be to our services.

We're already lining up wedding celebrations for Summer and Fall of 2014. Let us help make the first day of your new life can be even better with Betterlife Food.

Admission is \$5.00 per person.