

Salad Ideas

Moroccan Style Couscous Salad *tiny couscous tossed with cinnamon, scallions, raisins and toasted almonds*

Lemony Italian Couscous Salad *large rough cut couscous style pasta tossed baby spinach, lemon and parmesan (published in "Raising the Salad Bar" by Catherine Walthers, Isle Press © 2007)*

Greek Tortellini Salad *cheese filled tortellini tossed with Greek dressing and sweet peppers, topped with feta cheese and kalamata olives*

Linguini Salad *linguini tossed with walnut pesto, fresh basil, pine nuts, roasted tomatoes and parmesan cheese*

Black Bean and Corn Salad *black beans and corn tossed with sweet peppers, green onions, a touch of garlic, citrus and parsley*

Mediterranean Salad *garbanzo beans, feta cheese, sweet peppers, cucumbers, red onion, kalamata olives and parsley tossed with olive oil, balsamic vinegar and Mediterranean spices*

Fresh Mozzarella Salad *lightly seasoned mozzarella, plum tomatoes, fresh basil, aged balsamic vinaigrette and mixed greens*

Asian Noodle Salad *linguini tossed with a soy-sesame dressing, julienne snow peas, sweet peppers, carrots, baby corn, water chestnuts, scallions and bamboo shoots*

Traditional Greek Salad *with calamata olives, feta, tomatoes, green peppers, red onions and Greek dressing*

Classic Caesar Salad *romaine, shaved Parmesan, housemade croutons and traditional Caesar dressing, anchovies upon request*

Roasted Beet Salad *mixed greens, crumbled goat cheese, toasted pepitas, olive oil and balsamic glaze*

Bev's Broccoli Salad *lightly blanched broccoli tossed with shredded carrots, sunflower seeds, raisins, apple-wood smoked bacon dressing and a creamy cider dressing*

Spinach Salad *with Chevré baby spinach, goat cheese, sweet and salty walnuts, dried cranberries, roasted red onions and a buttermilk dressing*

Roasted Potato Salad *roasted red bliss potatoes tossed with extra virgin olive oil, sweet red peppers, celery, red onions, parsley and cider vinegar*

Picnic Potato Salad *red bliss potatoes tossed with a creamy Dijon dressing, celery seed, green peppers, celery, red onions and chopped egg*

Roasted or Grilled Vegetable Platter *an assortment of seasonal vegetables roasted or grilled with a balsamic whip or tomato coulis*

