



# Kitchen Notes

Vol. 6 Issue 2

Autumn 2019

## The End Of Summer Means The Beginning Of PARTY SEASON!

Summer is over which means that Party Season is about to take off!

In part because so many of our wonderful and loyal customers like to recommend us on social media (thank you so much!) our holiday catering schedule tends to book up quickly.

If you're thinking about getting onto our holiday schedule, please send us an email inquiry to: [eatbetter@betterlifefood.com](mailto:eatbetter@betterlifefood.com) to get yourself or your company on our schedule.

Speaking of social media, you can follow us on it: #betterlifefood



### Better Life Food Catering Autumn Menu

#### STARTER IDEAS

**Mexican Street Corn Salad**

**Fig & Brie Flatbread**

With balsamic onions

**Turmeric Chicken Skewers**

with tomato jam

#### DINNER IDEAS

**Grilled Shrimp**

with native tomatoes and queso fresco

**Kohlrabe Cole Slaw**

#### DESSERT IDEAS

with double Mexican chocolate cookies

Check out our other food ideas at: <https://betterlifefood.com/sample-menus>

### Depot Spice - The Seasoning for All Seasons

#### It's the Seasoning for All Seasons!

It's never too early to start making holiday party plans and it's never too early to order some Depot Spice for those you love!

Use Depot Spice on everything savory, from the turkey to the soups to the gravy and the potatoes! Your family will love you even more for it!

Put it on your dinner table and your guests will think you're extra fancy!

Order online at: [www.betterlifefood.com/depot-spice](http://www.betterlifefood.com/depot-spice)

Available locally at these fine Massachusetts establishments:  
Volante's, Needham  
Savas Liquors, Lakeville



### Upcoming Events

#### Join Us For:

**Newton Inspires**

**Tuesday, November 12**

**Newton South High School**

Presented by the Newton Schools Foundation, it's an evening of ideas and community featuring prominent Newtonians sharing their passions.

It's going to be a delicious evening and we hope to see you there!

For more info: <http://newtonschoolsfoundation.org/newton-inspires>