

## WE ARE OPEN FOR BUSINESS!\*

### Takeout or delivery from our kitchen to yours

We're both lucky and grateful to be able to keep going during this crazy time and we are more than happy to be able to share some of our favorite comfort foods with all of you because we all know that food is love and love is food and we can't give you all hugs but we can offer this.



### \*Every Tuesday through Thursday, 12 to 3pm

You can check out this week's menu by going to our website at: [www.betterlifefood.com](http://www.betterlifefood.com).

All items can be picked up curbside, Tuesdays through Thursdays from 12 to 3pm at our kitchen at 158 Adams Street, Newton MA 02458

Ask about delivery options

#### Casseroles

Chicken Pot Pie  
Shepard's Pie  
Mac & Cheese

#### Individual Meals

Teriyaki Salmon  
Sweet Pepper Meatloaf  
BBQ Baked Chicken

#### Sides & Stuff

Kahlua Chili  
Guinness Beef Stew  
Sweet Potato Shepard's Pie

...and more. Weekly additions and desserts, too! Go to:

<https://betterlifefood.com/delivery-and-pickup>

#### Front Line Appreciation Group (FLAG Boston)

##### Helping the Front Line

We can't say enough good things about FLAG Boston, our local Front Line Appreciation Group, who take folks' donations and use them to feed frontline medical workers by way of local restaurants and caterers. There are FLAG Chapters around the country and we've been fortunate enough to partner with the Boston Chapter a few times and look forward to our next delivery. Go to [www.flag2020.org](http://www.flag2020.org) and click into their map for the link to the Boston group.

We're well-equipped and more than happy to safely deliver to hospitals. In fact, it's our honor.

#### DEPOT SPICE™

##### The Seasoning For All Seasons is At Home In Any Kitchen!

It's likely that you're not only at home but also cooking more than you'd really thought about or planned to, so why not see how Depot Spice can re-invigorate a boring dish and add a new dimension to your current favorites? From burgers and chicken to grilled vegetables, soups and even just a plain old plate of eggs.

Simply put, Depot Spice is the perfect seasoning for everything savory. Now through June 15<sup>th</sup>, shipping is just \$2!

Order online at: [www.betterlifefood.com/depot-spice](http://www.betterlifefood.com/depot-spice)



#### Stay-At-Home-Mother's Day

##### Make It Memorable

Beautiful and deliciously delightful - just like Mom!  
\$24 per dozen



Pansy shortbread cookies - a real handmade treat for a special lady

Mom's been dealing with all of this and the family for almost two whole months! When this craziness finally ends, because it will, you can look back and remember how you became her favorite on Mother's Day during a global pandemic! Our handmade shortbreads are individually wrapped for easy shipping, or set up on a platter for local delivery\* on Sunday.

\*please enquire