Italian Dinner

Antipasti Centerpiece

Asiago, Provolone, Pesto Bocconcinni, Fontina, Soprasetta, olives, roasted red peppers, marinated vegetables, artichoke dip, white bean spread, lavash toasts and crusty breads

First Course

Bread Basket

Focaccia, assorted rolls, scalli bread served with sweet cream butter and olive oil

Misto Insalata

Fresh greens topped with tomatoes, cucumbers, red onions, olives and Italian dressing

OR

Traditional Caesar Salad

Second Course

Tortellini Primavera

Three cheese tortellini with fresh vegetables in a parmesan cream sauce

OR

Wild Mushroom Risotto

Dinner Course

CHOICE OF

Tuscan Salmon

Light crust, thyme and lemon

Grilled Rosemary Chicken

Veal Marsala

with button mushrooms

Vegetable Lasagna

served with roasted new potatoes with olive oil and herbs

Roasted Seasonal Vegetables

Desserts and Coffee

Tiramisu

garnished with raspberries

Cannoli

Panacotta

with fresh berries and anise cookies



Sample Wedding Dinner





158 Adams Street, Newton Massachusetts 02458 web: www.betterlifefood.com email: eatbetter@betterlifefood.com phone: 781-354-2077

Traditional

Cocktail Reception

Cheese and Vegetable Centerpiece

Select cheeses and assorted fresh local seasonal vegetables served with lavash toast, lemon hummus, spinach dip

Baked Brie en Croute

on a bed of jam with water crackers

Passed Hors D'oeuvres

Coconut Chicken

with pineapple hoisin sauce

Stuffed Mushrooms

Mini Quiche

Broccoli & Swiss, bacon & cheddar

Plated Salad

Assorted Bread Basket

Mixed Green Salad

with goat cheese, sun-dried cranberries, thinly sliced onions, candied walnut and a buttermilk dressing

Buffet Dinner

Filet of Beef

with horseradish sauce

Grilled Chicken

with lemon sauce and cranberry conserve

Vegetarian Roasted Eggplant and Mozzarella Stack

with tomatoes and basil

Sautéed Green Beans

with almonds

Baby Carrots

with a touch of tarragon

Potatoes au Gratin

Dessert and Coffee

Creme Brulé

garnished with chocolate and berries

Chocolate Gateau

with strawberries and cream

Fruit Cobbler

with fresh cream

Summer Buffet

Stationary Appetizer

Mediterranean Centerpiece

Assorted vegetables, assorted cheeses, lavash toasts, lemon hummus, cucumber-feta dip and fruit

Passed Hors D'oeuvre

Potato and Cheddar Pizza Squares

New England Style Crab Cakes

Spinach Bites

Dinner Stations

Bread Basket

Cornbread, biscuits and cranberry bread with sweet cream butter

Greek Salad

Fresh greens topped with feta, tomatoes, cucumbers, red onions, olives and a Greek dressing with lemons

Orzo Salad

Toasted orzo and rice salad with apricots and pine nuts and mixed green salad with a balsamic vinaigrette

Roasted Potato Salad

with dijon mayonnaise

Grilled Seasonal Vegetables

Mixed Grill

BBQ Boneless Chicken, Roasted Pork Loin, Sliced London Broil, Cilantro Shrimp Skewers

Dessert and Coffee

Home Baked Bars

featuring a variety of flavors

Cookies & Milk

featuring a variety of cookies along with regular, chocolate and vanilla milk

Strawberry Shortcake