

Summer 2020 Menu

Petite Parties: Planning a smaller, more intimate and socially responsible gathering? Be sure to check out our new Petite Parties Menu at: <https://betterlifefood.com/petite-parties>

Coming Soon to a Picnic Near You:

Tailgate Snack Packs - great for beaches, impromptu picnics, outdoor concerts

"Not Quite Dinner" Grilled marinated chicken "cigars": Spiedie Marinated Chicken, grilled and rolled up in a flour tortilla with a side of herb'd mayo. \$18

"Greek Mediterranean" stuffed grape leaves (6), hummus and house made pita chips, olives and feta, cured meats, side of mustard. \$15

"My Favorite Apps" Our forever popular Spinach Bites, Zucchini and Carrot Risotto Cakes with summer tomato jam, Fresh Mozzarella Crostini with summer pesto & balsamic, Brie & Jam Puffs. 6 of each. \$24

Hand Held Pies:

Empanadas – hand rolled chicken, pork or beef, with a cilantro-lime or hot sauce. 6 medium sized, serves 2-3 people. \$21

Cornish Pasties - English savory turnover beef, potatoes, carrots and onions, with a parsley-lemon sauce. 3 medium sized, serves 1-2 people. \$11

Still here by popular demand! *Let's be honest, you can't cook every night*

Individual Dinners:

Pork Tenderloin sliced roasted pork tenderloin with Chimichurri, lemon-parsley potatoes and roasted carrots. * \$15

Marinated Chicken Spiedies herbed vinegar marinated grilled chicken skewers with a side of herb-mayo dressing, lemon parsley potatoes and zucchini and sweet peppers. * \$14

Grilled Lemon Chicken fiesta quinoa (red cabbage, carrots, spinach and green onions) with roasted zucchini and sweet peppers. * \$14

Sweet Pepper Meatloaf a ketchup-based top, served with potatoes and roasted carrots. \$13

Hoisin Glazed Grilled Salmon Atlantic salmon with coconut rice and roasted carrots. \$16

Paprika Shrimp Skewers pineapple jam, coconut rice, zucchini & sweet peppers. * \$16

* Available Gluten Free

Family Dinners – 8" serves 4 people

Sweet Potato Shepard Pie \$20

Mac 'n Cheese \$15

Chicken Pot Pie with a side of cranberry \$20

Traditional Shepard's Pie \$20

Corn Flake Chicken \$10

Sides and Such:

Depot Spice - \$10 *Perfect for when you're cooking from scratch.*

Kahlua Chili with cornbread – \$18

Irish Soda Bread - 9" single loaf \$10. 3 minis for \$11

Cookie Platter – or bagged \$12 per dozen

Eileen's Brownies - \$1.50 each



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