

MIDDLE-HIGH SCHOOL FACT SHEET



A CALL TO PARENTS

Your teen may take more risks, express stronger emotions, and make impulsive decisions because their brain is developing from the back to the front, forcing them to rely on the wrong part of their brain to make decisions.
(American Academy of Child and Adolescent Psychiatry)

Up to 95% of youth ages 13-17 report using a social media platform, with more than a third saying they use social media “almost constantly.”
(Vogels, Gelles-Watnick, & Massarat, 2022)

21ST CENTURY TECH

ALCOHOL, NICOTINE & DRUGS

Nearly 26% of adolescents report drinking by 8th grade.
(NIAA, 2021)
17% rode with a driver that had been drinking in the past 30 days.
(CDC, 2022)

Suicide is the **second leading** cause of death in the US for those ages 12-18 with an average of **3,700** suicide attempts made by middle and high school students **daily**.
(CDC, 2021)

EMOTIONAL & MENTAL HEALTH

RISKY BEHAVIORS

Kids who are bullied, and the kids who do the bullying may have serious lasting problems. A 2019 survey from the National Center for Education Statistics indicated that around 22% of students aged 12-18 experienced bullying.
(NCES, 2019)