



# Veggie Heaven

Asian Vegetarian Cuisine



*Veggie Heaven specializes in healthy vegetarian dishes with very unique tastes.*

*All Veggie "meat" & "seafood" dishes are made with soy bean protein, mushroom or wheat gluten.*

We are 100%  
Vegan



佛笑軒

\$10 minimum for credit card transactions  
We accept Visa, Mastercard & American  
Express only

[www.VeggieHeavenNJ.com](http://www.VeggieHeavenNJ.com)

ALL PRICES SUBJECT TO CHANGE

## Hot Tea & Coffee

|                                |         |                                    |         |
|--------------------------------|---------|------------------------------------|---------|
| Green Tea                      | \$ 1.50 | Brown Rice Green Tea               | \$ 1.50 |
| Oolong Tea                     | \$ 1.50 | Ginseng Tea                        | \$ 2.25 |
| Peppermint Tea (Caffeine Free) | \$ 1.50 | Hot Coffee w. Soy Milk             | \$ 2.50 |
| Decaf Green Tea                | \$ 1.50 | Pumpkin Spice Chai Tea w. Soy Milk | \$ 3.95 |
| Ginger Tea (Caffeine Free)     | \$ 1.50 |                                    |         |

## Iced Tea & Coffee



|                                      |         |                                                    |         |
|--------------------------------------|---------|----------------------------------------------------|---------|
| Jasmine Iced Green Tea (Unsweetened) | \$ 2.50 | Thai Iced Tea w. Soy Milk                          | \$ 3.50 |
| Iced Black Tea (Unsweetened)         | \$ 2.50 | Wild Ginger Ale (Carbonated Water w. Fresh Ginger) | \$ 3.50 |
| Fresh Squeezed Lemonade              | \$ 3.50 | Virgin Mojito                                      | \$ 3.50 |
| Homemade Ginger Iced Green Tea       | \$ 3.50 | Iced Coffee w. Soy Milk                            | \$ 3.50 |



## Juices & Smoothies

|                                               |         |                                                            |         |
|-----------------------------------------------|---------|------------------------------------------------------------|---------|
| Apple Juice                                   | \$ 2.50 | Vitamin C Special                                          | \$ 4.25 |
| Cranberry Juice                               | \$ 2.50 | Strawberry, Lemon, Grapefruit & Orange                     |         |
| Fresh Squeezed Orange Juice                   | \$ 4.25 | Cool & Sweet                                               | \$ 4.25 |
| Jade Garden                                   | \$ 4.25 | Grapes, Cucumber, Pear & Mint                              |         |
| Apple, Orange & Spinach                       |         | Fruit Spice                                                | \$ 4.25 |
| Strawberry Kiwi Kick                          | \$ 4.25 | Pineapple, Apple, Pear & Ginger                            |         |
| Strawberry, Kiwi & Apple                      |         | Veggie Power                                               | \$ 4.25 |
| Tropical Combo                                | \$ 4.25 | Kale, Green Apple, Spinach & Cucumber                      |         |
| Orange, Mango, Strawberry, Pineapple & Banana |         | Green Machine                                              | \$ 4.25 |
| Blue Machine                                  | \$ 4.25 | Kiwi, Spinach, Apple & Banana                              |         |
| Blueberry, Blackberry & Apple                 |         | Super Berry                                                | \$ 4.25 |
| Hot Pink                                      | \$ 4.25 | Soy Milk Shakes                                            | \$ 4.75 |
| Beet, Pineapple, Pear & Ginger                |         | Choice of: Mango, Strawberry or Banana w. Organic Soy Milk |         |

## Bubble Teas (Tapioca Fruit Teas)

(Comes w. traditional chewy tapioca bubbles or choice of lychee jelly, lychee popping bubbles, mango popping bubbles, or strawberry popping bubbles)

|                                 |          |          |                           |          |          |
|---------------------------------|----------|----------|---------------------------|----------|----------|
| Mango                           | S-\$4.25 | L-\$5.50 | Thai Iced Tea w. Soy Milk | S-\$4.25 | L-\$5.50 |
| Passion Fruit                   | S-\$4.25 | L-\$5.50 | Coffee                    | S-\$4.50 | L-\$5.75 |
| Green Apple                     | S-\$4.25 | L-\$5.50 | Taro                      | S-\$4.50 | L-\$5.75 |
| Star Fruit                      | S-\$4.25 | L-\$5.50 | Honeydew                  | S-\$4.50 | L-\$5.75 |
| Strawberry                      | S-\$4.25 | L-\$5.50 |                           |          |          |
| Peach                           | S-\$4.25 | L-\$5.50 |                           |          |          |
| Lychee                          | S-\$4.25 | L-\$5.50 |                           |          |          |
| Green Tea (w/soy milk optional) | S-\$4.25 | L-\$5.50 |                           |          |          |



## Water & Soda

|                                              |         |         |         |
|----------------------------------------------|---------|---------|---------|
| Spring Water                                 | \$ 1.50 | Perrier | \$ 2.25 |
| Soda (Coke, Diet Coke, Sprite or Ginger Ale) | \$ 1.75 |         |         |

\$5.00 minimum per person



## Appetizers

|       |                                                                            |         |      |                                                                                   |         |
|-------|----------------------------------------------------------------------------|---------|------|-----------------------------------------------------------------------------------|---------|
| 春卷    | <b>Spring Rolls (2 pcs)</b>                                                | \$ 2.95 | 天婦羅  | <b>Yam &amp; Taro Tempura</b>                                                     | \$ 6.25 |
| 白卷    | <b>Moo Shu Basil Rolls (2 pcs)</b>                                         | \$ 3.50 | 日式鍋貼 | <b>Yasai Gyoza</b>                                                                | \$ 6.25 |
|       | Vietnamese Style Raw Roll w. Carrots, Jicama, Basil Leaves & Peanut Powder |         | 排骨   | Japanese Pan Fried Dumplings                                                      |         |
| 丁香片   | <b>Crispy Sesame Seaweed</b>                                               | \$ 4.25 |      | <b>BBQ Veggie Ribs</b>                                                            | \$ 6.75 |
| 炸地瓜條  | <b>Yam Fries</b>                                                           | \$ 4.25 | 叉燒   | Wheat Gluten                                                                      |         |
| 叉燒卷   | <b>Veggie Roast Pork Spring Rolls (2 pcs)</b>                              | \$ 4.50 |      | <b>Veggie Roast Pork</b>                                                          | \$ 6.75 |
| 日式沙拉  | <b>Cold Japanese Seaweed</b>                                               | \$ 4.50 | 烤鴨   | Soy Bean                                                                          |         |
| 水餃/鍋貼 | <b>Steamed or Fried Dumplings (6 pcs)</b>                                  | \$ 4.75 |      | <b>Veggie Roast Duck</b>                                                          | \$ 6.50 |
| 湖南炒手  | <b>*Hunan Dumplings (10 pcs)</b>                                           | \$ 4.75 | 雞卷   | Wheat Gluten                                                                      |         |
|       | Steamed Wonton w. Spicy Peanut Sauce                                       |         |      | <b>Autumn Rolls</b>                                                               | \$ 6.75 |
| 毛豆    | <b>Edamame</b>                                                             | \$ 4.50 |      | Veggie Ham, Jicama & Black Mushrooms rolled in Tofu Skin                          |         |
| 雞腿    | <b>Veggie Drumsticks (3 pcs)</b>                                           | \$ 5.25 | 鹽酥雞  | <b>Veggie Chicken Nuggets</b>                                                     | \$ 6.95 |
| 牛串/雞串 | <b>BBQ Veggie Beef or Chicken Sticks (2 pcs)</b>                           | \$ 5.25 |      | Soybean Fiber & Wheat Protein                                                     |         |
| 涼面    | <b>Cold Noodles w. Sesame Sauce</b>                                        | \$ 5.50 | 水晶餃  | <b>Crystal Rolls (2 pcs)</b>                                                      | \$ 6.95 |
| 菠菜水餃  | <b>Steamed Spinach Dumplings (6 pcs)</b>                                   | \$ 5.75 |      | Apple, Mango, Cucumber, Peppermint & Avocado wrapped in Rice Paper                |         |
| 蔥油餅   | <b>Scallion Pancake Regular</b>                                            | \$ 4.25 | 炸魚條  | <b>Finger Fish</b>                                                                | \$ 8.95 |
| 餅王    | <b>Scallion Pancake Deluxe</b>                                             | \$ 6.25 |      | Yam Powder, Soy Protein & Burdock                                                 |         |
|       | Veggie Patty , Veggie Ham, Tomatoes & Lettuce                              |         | 脆雞手卷 | <b>*Crispy Veggie Chicken Wrap</b>                                                | \$ 8.95 |
|       |                                                                            |         |      | Crispy Veggie Chicken, Spicy Mayo Sauce, Tomatoes, Avocado & Organic Mixed Greens |         |
|       |                                                                            |         | 香脆雞  | <b>Crispy Soy Protein</b>                                                         | \$ 8.95 |
|       |                                                                            |         |      | Breaded Soy Veggie Chicken w. Oregano, Basil & Rosemary                           |         |
|       |                                                                            |         | 拼盤   | <b>Mixed Chinese Hors D'oeuvres</b>                                               | \$13.95 |
|       |                                                                            |         |      | Soy Duck, Veggie Roast Pork, Drumsticks, Autumn Rolls & Crispy Sesame Seaweed     |         |
|       |                                                                            |         |      | <b>*Cajun Drumsticks</b>                                                          | \$ 5.50 |



## Soups

|       |                                                          |         |      |                                                                      |         |
|-------|----------------------------------------------------------|---------|------|----------------------------------------------------------------------|---------|
| 餛飩湯   | <b>Wonton Soup</b>                                       | \$ 2.25 | 肉羹湯  | <b>West Lake Soup (For 2)</b>                                        | \$ 5.50 |
| 味噌湯   | <b>Miso Soup</b>                                         | \$ 2.25 |      | Spinach, Celery, Carrots, Enoki Mushrooms, Bean Sprouts & Veggie Ham |         |
| 酸辣湯   | <b>*Hot &amp; Sour Soup</b>                              | \$ 2.25 | 竹笙湯  | <b>Bamboo &amp; Tofu Soup (For 2)</b>                                | \$ 5.95 |
| 冬蔭湯   | <b>*Thai Tom Yum Soup</b>                                | \$ 2.25 | 南瓜湯  | <b>Pumpkin Soup (For 2)</b>                                          | \$ 5.95 |
| 玉米豆腐湯 | <b>Bean Curd w. Corn Soup (For 2)</b>                    | \$ 5.50 |      | Pureed Pumpkin, Carrots & Celery                                     |         |
| 本樓湯   | <b>House Special Soup (For 2)</b>                        | \$ 5.50 | 芥蘭濃湯 | <b>Broccoli Cream Soup (For 2)</b>                                   | \$ 6.25 |
|       | Veggie Chicken, Veggie Ham, Shiitake Mushrooms & Spinach |         |      | Pureed Broccoli, Veggie Chicken, Potatoes & Cashews                  |         |

## Burgers

|     |                                                                                 |         |      |                                                                                                      |         |
|-----|---------------------------------------------------------------------------------|---------|------|------------------------------------------------------------------------------------------------------|---------|
| 漢堡王 | <b>Veggie Burger Deluxe</b>                                                     | \$ 8.25 | 素雞漢堡 | <b>Veggie Chicken Burger Deluxe</b>                                                                  | \$ 8.25 |
|     | Whole Wheat Bun w. Veggie Patty, Lettuce, Tomatoes, Pickles & Side of Yam Fries |         |      | Whole Wheat Bun w. Small Breaded Chicken Patties (2), Lettuce, Tomatoes, Pickles & Side of Yam Fries |         |

**\*Spicy**

**\$5.00 minimum per person**

## Salads

(Comes with Ginger Dressing except Mango Salad which comes with Mango Dressing unless otherwise requested)

|       |                                                                                             |         |       |                                                                                             |         |
|-------|---------------------------------------------------------------------------------------------|---------|-------|---------------------------------------------------------------------------------------------|---------|
| 田園沙拉  | <b>Garden Salad</b>                                                                         | \$ 7.25 | 脆皮雞沙拉 | <b>Crispy Veggie Chicken Salad</b>                                                          | \$ 7.95 |
|       | Organic Mixed Greens, Cucumbers, Green Peppers, Spinach, Red Cabbage, Tomatoes & Tofu       |         |       | Crispy Veggie Chicken Strips, Organic Mixed Greens, Organic Alfalfa Sprouts & Cucumbers     |         |
| 奶油果沙拉 | <b>Avocado Salad</b>                                                                        | \$ 7.25 | 彩虹沙拉  | <b>Rainbow Salad</b>                                                                        | \$ 7.95 |
|       | Organic Mixed Greens, Cucumbers, Tomatoes, Red Onions, Organic Alfalfa Sprouts & Avocado    |         |       | Lettuce, Beets, Kale, Cucumbers, Red Cabbage, Spinach, Tomatoes, Cranberry & Sunflower Seed |         |
| 芒果沙拉  | <b>Mango Salad</b>                                                                          | \$ 7.25 |       |                                                                                             |         |
|       | Organic Mixed Greens, Cucumbers, Tomatoes, Roasted Almonds, Organic Alfalfa Sprouts & Mango |         |       |                                                                                             |         |



## Fancy Fried Rice

(Made with brown rice unless otherwise requested)

|       |                                                                     |         |       |                                                          |         |
|-------|---------------------------------------------------------------------|---------|-------|----------------------------------------------------------|---------|
| 素菜炒飯  | <b>Veggie Fried Rice</b>                                            | \$ 7.95 | 叉燒炒飯  | <b>Veggie Roast Pork Fried Rice</b>                      | \$ 8.95 |
|       | Carrots, Green Peas, Mushroom & Corn                                |         |       | Veggie Roast Pork, Carrots, Green Peas & Corn            |         |
| 牛/雞炒飯 | <b>Veggie Chicken or Beef Fried Rice</b>                            | \$ 8.95 | 夏威夷炒飯 | <b>Hawaiian Fried Rice</b>                               | \$ 8.95 |
| 咖喱牛肉  | <b>*Curry Veggie Beef Fried Rice</b>                                | \$ 8.95 |       | Carrots, Edamame, Mushrooms, Peppers, Peanuts &          |         |
|       | Beef Strips, Tomatoes, Green Peas, Carrots & Onions in Curry Powder |         | 田園炒飯  | <b>Healthy Heart Fried Rice</b>                          | \$ 9.25 |
|       |                                                                     |         |       | Broccoli, Edamame, Carrots, Cashews, Pine Nuts & Raisins |         |
| 九層塔炒飯 | <b>*Spicy Basil Fried Rice</b>                                      | \$ 8.95 | 美顏炒飯  | <b>Beauty Fried Rice</b>                                 | \$10.95 |
|       | Basil, Chili, Onions, Bell Peppers, Edamame & Tomatoes              |         |       | Cranberry, Pine Nuts, Edamame, Walnuts, Pumpkin & Kale   |         |

## Noodles

|        |                                                                   |         |        |                                                                                          |          |
|--------|-------------------------------------------------------------------|---------|--------|------------------------------------------------------------------------------------------|----------|
| 素菜撈麵   | <b>Veggie Lo Mein</b>                                             | \$ 8.25 | 牛/雞/叉燒 | <b>Beef, Chicken or Roast Pork Chow Fun</b>                                              | \$ 8.95  |
|        | Carrots, Cabbage, Snow Peas & Bean Sprouts                        |         | 炒河粉    | Carrots, Cabbage, Snow Peas & Bean Sprouts                                               |          |
| 牛/雞/叉燒 | <b>Beef, Chicken or Roast Pork Lo Mein</b>                        | \$ 9.25 | 星洲炒米粉  | <b>*Singapore Chow Mei Fun</b>                                                           | \$ 8.95  |
| 炒撈麵    | Carrots, Cabbage, Snow Peas & Bean Sprouts                        |         |        | Beef, Chicken, Shrimp, Carrots, Snow Peas, Bean Sprouts & Cabbage in Curry Flavor        |          |
| 本樓撈麵   | <b>House Special Lo Mein</b>                                      | \$ 9.25 | 宮保意麵   | <b>*Kung Pao Pasta</b>                                                                   | \$ 9.95  |
|        | Beef, Chicken, Shrimp, Carrots, Snow Peas, Bean Sprouts & Cabbage |         |        | Spaghetti, Dried Red Pepper & Peanuts Sautéed in Sweet and Spicy Sauce                   |          |
| 菠菜麵    | <b>Sautéed Spinach Noodles</b>                                    | \$ 8.25 | 本樓兩麵黃  | <b>House Special Pan Fried Noodles</b>                                                   | \$ 12.25 |
|        | Shredded Carrots, Snow Peas, Bean Sprouts & Cabbage               |         |        | Chicken, Shrimp, Beef, Carrots, Snow Peas & Mushroom over Fried Noodles in a Brown Sauce |          |
| 台式炒米粉  | <b>Taiwanese Style Rice Noodles</b>                               | \$ 8.25 |        |                                                                                          |          |
|        | Thin Rice Noodles, Carrots, Snow Peas & Cabbage                   |         |        |                                                                                          |          |
| 素菜炒河粉  | <b>Veggie Chow Fun</b>                                            | \$ 7.95 |        |                                                                                          |          |
|        | Carrots, Cabbage, Snow Peas & Bean Sprouts                        |         |        |                                                                                          |          |

## Noodle Soups

(Choice of Noodles: Spinach Noodles, Yellow Noodles, Mei Fun (Thin Rice Noodle), Chow Fun (Flat Rice Noodle))

|       |                                          |         |       |                                                                |         |
|-------|------------------------------------------|---------|-------|----------------------------------------------------------------|---------|
| 素菜湯麵  | <b>Veggie Noodle Soup</b>                | \$ 7.75 | 咖喱羊湯麵 | <b>*Curry Veggie Lamb Noodle Soup</b>                          | \$ 8.25 |
|       | Broccoli, Carrots, Snow Peas & Bok Choy  |         | 叉燒湯麵  | <b>Veggie Roast Pork Noodle Soup</b>                           | \$ 8.95 |
| 滷鴨湯麵  | <b>Homemade Tofu Veggie Noodle Soup</b>  | \$ 7.75 | 本樓湯麵  | <b>House Special Noodle Soup</b>                               | \$ 8.95 |
| 餛飩湯麵  | <b>Wonton Noodle Soup</b>                | \$ 7.75 |       | Chicken, Shrimp, Beef, Carrots, Snow Peas, Broccoli & Bok Choy |         |
| 烤鴨湯麵  | <b>Veggie Roast Duck Noodle Soup</b>     | \$ 8.25 |       |                                                                |         |
| 咖喱雞湯麵 | <b>*Curry Veggie Chicken Noodle Soup</b> | \$ 8.25 | 牛肉湯麵  | <b>*Spicy Beef Noodle Soup</b>                                 | \$ 8.95 |

**\*Spicy**

\$5.00 minimum per person

## Chef's Specialties

|       |                                                                                                                                                                   |         |       |                                                                                                                                                                           |         |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 唐辛茄子  | <b>Eggplant Delight</b><br>Steamed Chinese Eggplant w. Asparagus Topped w. Basil & Black Bean Sauce                                                               | \$10.95 | 辣妹    | <b>*Spicy Girl</b><br>Veggie Chicken Strips, Green & Red Peppers, Onion, Fresh Asparagus, & Garlic w. Hunan Sauce                                                         | \$14.95 |
| 生煎虎皮  | <b>Shredded Heaven</b><br>Tofu Skin Wrapped w. Shredded Snow Peas, Bean Sprouts, Veggie Ham & Black Mushrooms; Pan Fried w. Peanut Sauce on the side              | \$13.50 | 椒鹽蝦   | <b>*Salt &amp; Pepper Veggie Shrimp</b><br>Fried Veggie Jumbo Shrimp Sautéed w. Salt & Pepper                                                                             | \$14.95 |
| 佛鉢飄香  | <b>Taro Ham A La King</b><br>Stir-Fried Diced Mixed Vegetables, Veggie Ham & Edamame over Fried Taro Ring                                                         | \$13.50 | 乾燒明蝦  | <b>Veggie Shrimp w. Sweet Sauce</b><br>Fried Veggie Breaded Shrimp w. Sweet Sauce on the side                                                                             | \$14.95 |
| 乾煸牛   | <b>*Beauty Quest</b><br>Crispy Veggie Beef Strips, Carrots & Celery Sautéed w. Chef's Special Sauce                                                               | \$13.50 | 芒果雞   | <b>Mango Chicken</b><br>Soy Chicken, Fresh Mangos, Snow Peas, Wild Mushrooms & Red Peppers in Mango Sauce                                                                 | \$14.95 |
| 丁丁雙味  | <b>*Ting Ting Two Flavor</b><br>Veggie Beef & Fried Tofu w. Cashew Nuts Sautéed in Spicy Sweet Brown Sauce served w. Chinese Broccoli                             | \$13.95 | 韓式香辣雞 | <b>*Korean Style Chicken</b><br>Fried Veggie Chicken, Asparagus, Red Peppers, Garlic & Onions w. Korean Spicy Sauce                                                       | \$14.95 |
| 杏仁雞   | <b>Almond Chicken</b><br>Veggie Chicken Chunks, Broccoli, Carrots, Snow Peas & Almond cooked w. Chef's Special Sauce                                              | \$13.95 | 黑胡椒脆雞 | <b>*Crispy Chicken w. Black Pepper</b><br>Crispy Veggie Chicken Strips, Potatoes, & String Beans Sautéed w. Salt & Black Pepper                                           | \$14.95 |
| 祥雲片片  | <b>Black Mushroom Supreme</b><br>Black Mushrooms, Minced Edamame, Minced Veggie Chicken on top of Mustard Greens & topped w. Sugar Walnuts & Chef's Special Sauce | \$13.50 | 泰式紅咖喱 | <b>*Thai Red Curry Hot Pot</b><br>Soy Chicken, Mushroom, Veggie Beef, Lemongrass, Okra, Basil & Tomatoes in Spicy Coconut Red Curry Served in Hot Pot Over Fire (Dine In) | \$14.95 |
| 炭爐烤雞  | <b>Glorious Sensation</b><br>Fresh Vegetables Topped w. Baked Veggie Chicken Showered w. Brown Sauce                                                              | \$13.50 | 素鮭魚   | <b>Veggie Smoked Salmon</b><br>Smoked Soy Salmon w. Mixed Vegetables in Chef's Special Sauce                                                                              | \$14.95 |
| 鐵板菠菜面 | <b>*Sizzling Spinach Noodles</b><br>Pan Fried Noodles, Onions, Black Mushrooms & Veggie Chicken Strips in Black Pepper Sauce                                      | \$13.50 | 甘藍雙味  | <b>Kale Delight</b><br>Veggie Chicken, Crispy Tofu, Lotus Root & Kale w. Chef's Special Sauce                                                                             | \$14.95 |
| 菠蘿雞   | <b>Pineapple Veggie Chicken</b><br>Fried Breaded Veggie Chicken Chunks w. Pineapple in Special Sweet Sauce                                                        | \$13.95 | 鳳梨船   | <b>Pineapple on a Boat</b><br>Veggie Beef, Pineapple & Green & Red Peppers w. Sweet Brown Sauce                                                                           | \$15.95 |
| 本樓雞排  | <b>Empire Veggie Chicken Steak</b><br>Fried Veggie Chicken, Broccoli, Snow Peas, Asparagus & Wild Mushrooms Topped w. Brown Sauce                                 | \$13.95 | 合家歡   | <b>Happy House</b><br>Sliced Veggie Beef, Lamb, Chicken Chunks, Wheat Gluten, Snow Peas, Cauliflower & Pumpkin Sautéed in Brown Sauce                                     | \$15.95 |
| 京都排   | <b>Yotok Veggie Pork Steak</b><br>Crispy Veggie Pork Sautéed w. Ginger & Pineapples                                                                               | \$13.95 | 酥炸雞   | <b>Crispy Chicken Cutlet Supreme</b><br>Crispy Breaded Soy Chicken w. Oregano, Basil, Rosemary, Broccoli, Red Peppers, Baby Corn & Cabbage w. Sauce on the Side           | \$15.95 |
| 陳皮牛   | <b>*Orange Flavored Beef</b><br>Veggie Beef w. Orange Sauce Served w. Broccoli                                                                                    | \$13.95 | 棒棒兩樣  | <b>*Bang Bang Beef &amp; Chicken</b><br>Beef, Chicken, Onions, Green & Red Peppers, Cashew Nuts & Asparagus Sautéed w. Peanut & Thai Chili Sauce                          | \$15.95 |
| 泰式雞柳  | <b>*Tom Yum Chicken</b><br>Veggie Chicken Strips Sautéed w. Basil, Ginger & Scallions in Spicy Tom Yum Sauce served over Steamed Spinach                          | \$13.95 | 北京鴨   | <b>Veggie Peking Duck</b><br>Soy Protein w. a Side of Pancakes, Scallions, Cucumber & Plum Sauce (incl. 4 pancakes)                                                       | \$16.95 |
| 黑椒雞排  | <b>*Veggie Chicken w. Black Pepper Sauce</b><br>Fried Veggie Chicken Chunks w. Ginger, Scallions, Onions, Garlic & Mushrooms in Black Pepper Sauce                | \$13.95 | 黑椒雙寶  | <b>*Black Pepper Surprise</b><br>Combination of Veggie Beef, Veggie Chicken mixed w. Roasted Cashew Nuts, Bell Peppers, Onion & Fresh Mushrooms in Black Pepper Sauce     | \$16.95 |
| 核桃脆牛  | <b>Walnut Beef</b><br>Wheat Gluten Beef in Special Brown Sauce w. Walnuts & Broccoli                                                                              | \$13.95 | 合鴨抱身  | <b>Veggie Smoked Duck</b><br>Veggie Smoked Duck, Sweet Rice, & Vegetables w. Brown Sauce on the Side                                                                      | \$16.95 |
| 雙味茄   | <b>Double Sautéed Eggplant</b><br>Veggie Jumbo shrimp, Veggie Chicken, Chinese Eggplant, Red Peppers & Snow Peas sautéed in Brown Sauce                           | \$14.95 |       |                                                                                                                                                                           |         |
| 四季核桃  | <b>Fresh Garden Walnuts</b><br>Apples, String Beans, Snow Peas, Shiitake Mushrooms & Veggie Chicken Chunks Topped w. Walnuts Sautéed in White Sauce               | \$14.95 |       |                                                                                                                                                                           |         |

**\*Spicy**

**\$5.00 minimum per person**

## Main Entrees

|          |                                                   |         |       |                                                |         |
|----------|---------------------------------------------------|---------|-------|------------------------------------------------|---------|
| 番茄豆腐     | Tofu w. Tomato & Basil                            | \$ 8.75 | 木須雞   | Moo Shu Veggie Chicken                         | \$12.95 |
| 薑蔥豆腐     | Tofu w. Ginger & Scallion                         | \$ 8.75 |       | Includes 4 Pancakes                            |         |
| 家常豆腐     | Tofu Home Style                                   | \$ 8.75 | 薑絲牛/雞 | Ginger Veggie Beef or Chicken                  | \$12.95 |
|          | Fried Tofu, Black Mushroom, Snow Peas & Pepper    |         | 左宗雞塊  | *General Tso's Chicken Chunks                  | \$12.95 |
|          | Sautéed in Brown Sauce                            |         | 陳皮雞   | *Orange Veggie Chicken                         | \$12.95 |
| 素什錦      | Mixed Vegetables w. Brown Sauce                   | \$ 8.95 |       | Red Pepper, Celery & Broccoli                  |         |
| 乾煸四季豆    | Dried Sautéed String Beans                        | \$ 8.95 | 咖喱雞   | *Curry Veggie Chicken                          | \$12.95 |
| 魚香茄子     | *Eggplant w. Garlic Sauce                         | \$ 8.95 | 香乾雞絲  | Veggie Chicken w. Dried Bean Curd              | \$12.95 |
| 魚香芥蘭     | *Broccoli w. Garlic Sauce                         | \$ 8.95 | 宮寶雞   | *Kung Pao Veggie Chicken                       | \$12.95 |
| 蒜炒菠菜     | Sautéed Spinach w. Fresh Garlic                   | \$ 8.95 | 天府牛/雞 | *Paradise Veggie Beef or Chicken               | \$12.95 |
| 炒三蔬      | Sautéed Broccoli, String Beans & Snow Pea         | \$ 9.95 | 甜酸雞塊  | Sweet & Sour Veggie Chicken Chunks             | \$12.95 |
| 麻婆豆腐     | *Tofu Szechuan Style                              | \$ 9.95 | 泰式魚卷  | *Thai Style Veggie Fish Roll                   | \$13.50 |
|          | Steamed Tofu, Minced Chicken in Brown Spicy Sauce |         | 白菜苗燴王 | Baby Bok Choy & Oyster Mushrooms               | \$12.95 |
| 咖喱菜豆腐    | *Curry Tofu w. Mixed Vegetable                    | \$10.95 | 蓮花九塔  | Artichoke Veggie Chicken                       | \$13.95 |
| 蒜/薑炒中國芥蘭 | Chinese Broccoli w. Fresh Garlic or Ginger        | \$ 9.95 |       | Tomatoes, Zucchini ,Tofu Skin & Basil w. Black |         |
| 蒜/薑炒白菜苗  | Baby Bok Choy w. Fresh Garlic or Ginger           | \$ 9.95 |       | Bean Sauce                                     |         |
| 左宗雞球     | *General Tso's Veggie Chicken Balls               | \$10.95 |       |                                                |         |
| 左宗豆腐     | *General Tso's Crispy Tofu                        | \$10.95 |       |                                                |         |
| 火腿芽菜     | Bean Sprout w. Veggie Ham                         | \$11.95 |       |                                                |         |
| 芥蘭牛/雞    | Veggie Beef or Chicken w. Broccoli                | \$12.95 |       |                                                |         |
| 青椒牛      | Veggie Beef w. Green Pepper                       | \$12.95 |       |                                                |         |
| 冬菇菜心     | Black Mushroom w. Chinese Greens                  | \$12.95 |       |                                                |         |



## Vegan Desserts

|                                                            |         |                                                            |         |
|------------------------------------------------------------|---------|------------------------------------------------------------|---------|
| Mango Pudding                                              | \$ 3.25 | Organic Sorbet (Sugar Free - Made w. Agave Nectar)         | \$ 5.95 |
| Tofu Ice Cream                                             | \$ 3.50 | Choice of: Coconut, Coconut Chocolate or Coconut Green Tea |         |
| Vanilla Almond Bark, Wild Berry, Chocolate or Butter Pecan |         | Fried Tofu Ice Cream                                       | \$ 6.25 |
| Fried Banana                                               | \$ 3.75 | Only Available w. Vanilla Bark Ice Cream                   |         |
| Home Made Vegan Cake                                       | \$ 4.75 | Banana Split                                               | \$ 6.95 |
| Made Mainly w. Organic Ingredients                         |         | Vanilla Almond Bark, Wild Berry and Chocolate Ice Cream w. |         |
| Choice of: Green Tea, Carrot, Chocolate or Coconut         |         | Banana and Chocolate Syrup                                 |         |
| Cheese Cake (Vanilla Flavor)                               | \$ 4.75 |                                                            |         |
| W. Blueberry, Strawberry, or Almond Topping (add. \$0.25)  |         |                                                            |         |



\*Spicy

\$5.00 minimum per person



## Maki / Sushi Roll or Hand Roll

(Can be made w. your choice of brown rice or white rice . Made with brown rice unless otherwise requested)

|                                                |         |                                                                                                                |         |
|------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------|---------|
| <b>Cucumber Roll</b>                           | \$ 4.25 | <b>Eel Cucumber Roll</b>                                                                                       | \$ 5.50 |
| <b>Avocado Roll</b>                            | \$ 4.50 | <b>*Fashion Roll</b>                                                                                           | \$ 5.50 |
| <b>Carrot Roll</b>                             | \$ 4.25 | Veggie Crispy Shrimp, Cucumber, Avocado & Spinach w. Spicy Vegan Mayo Sauce                                    |         |
| <b>Sweet Potato Roll</b>                       | \$ 4.50 |                                                                                                                |         |
| <b>Seaweed Salad Roll</b>                      | \$ 4.75 | <b>Shrimp Tempura Roll</b>                                                                                     | \$ 5.50 |
| <b>Organic Sprouts w. Avocado Roll</b>         | \$ 4.75 | <b>Philadelphia Roll</b>                                                                                       | \$ 5.50 |
| <b>California Roll</b>                         | \$ 4.50 | Veggie Salmon & Scallion w. Vegan Cream Cheese                                                                 |         |
| <b>Roast Chicken Roll</b>                      | \$ 4.75 | <b>*Sushi Pizza</b>                                                                                            | \$ 6.50 |
| <b>Chicken Teriyaki Roll</b>                   | \$ 4.75 | Crispy Corn Tortilla topped w. Veggie Tuna & Japanese Seaweed, Drizzled w. Spicy Mayo & Sweet & Spicy Sauce    |         |
| <b>*Spicy Chicken Roll</b>                     | \$ 4.75 | <b>*Avocado Ball</b>                                                                                           | \$ 6.75 |
| <b>Vegetable Roll</b>                          | \$ 4.75 | Avocado Stuffed w. Tuna, Showered w. Spicy Mayo & Thai Spicy Sauce                                             |         |
| <b>Veggie Maki</b>                             | \$ 4.75 | <b>*Crazy Tuna Roll</b>                                                                                        | \$ 8.25 |
| Cucumber, Avocado, Oshinko, Spinach & Carrot   |         | Salmon & Cucumber Roll Deep Fried & Topped w. Spicy Tuna & Mayonnaise                                          |         |
| <b>Futo Maki</b>                               | \$ 4.75 | <b>*Fireball Roll</b>                                                                                          | \$ 8.25 |
| Oshinko, Avocado, Carrot & Imitation Crab Meat |         | Spicy Tuna Roll Topped w. Avocado, Thai Spicy Chili Sauce & Mayonnaise                                         |         |
| <b>Avocado Cucumber Roll</b>                   | \$ 4.75 | <b>Phoenix Roll</b>                                                                                            | \$ 8.25 |
| <b>Seaweed Salmon Roll</b>                     | \$ 4.95 | Veggie Crab & Cucumber Topped w. Veggie Shrimp & Avocado                                                       |         |
| <b>Crispy Veggie Crab Roll</b>                 | \$ 4.95 | <b>Dragon Roll</b>                                                                                             | \$ 8.25 |
| <b>Shrimp Avocado Roll</b>                     | \$ 5.25 | Veggie Eel & Cucumber Topped w. Avocado & Sesame Seed                                                          |         |
| <b>*Spicy Shrimp Roll</b>                      | \$ 5.25 | <b>Rainbow Roll</b>                                                                                            | \$ 9.25 |
| <b>Shrimp Cucumber Roll</b>                    | \$ 5.25 | Spicy Veggie Tuna, Cream Cheese & Veggie Roast Chicken Topped w. Veggie Shrimp, Avocado & Veggie Roast Chicken |         |
| <b>Salmon Roll</b>                             | \$ 5.25 | <b>Sweet Heart Roll</b>                                                                                        | \$ 9.25 |
| <b>*Spicy Salmon Roll</b>                      | \$ 5.50 | Veggie Shrimp & Avocado Topped w. Mango & Agave                                                                |         |
| <b>*Spicy Tuna Roll</b>                        | \$ 5.50 |                                                                                                                |         |
| <b>Eel Avocado Roll</b>                        | \$ 5.50 |                                                                                                                |         |

## Sushi, Sashimi & Japanese Dinner

(Includes Choice of Miso Soup or Salad)

|                                                           |         |                                                       |         |
|-----------------------------------------------------------|---------|-------------------------------------------------------|---------|
| <b>Ten Don</b>                                            | \$11.95 | <b>Chicken Teriyaki</b>                               | \$13.95 |
| Deep Fried Veggie Shrimp over Rice w. Japanese Sauce      |         | <b>Shrimp Teriyaki</b>                                | \$14.95 |
| <b>Yaki Don</b>                                           | \$11.95 | <b>Salmon Teriyaki</b>                                | \$14.95 |
| Veggie Chicken Skewer w. Teriyaki Sauce over Rice         |         | <b>Vegan Eel Sushi Dinner</b>                         | \$15.95 |
| <b>Eel Don</b>                                            | \$11.95 | California Roll & 8 pcs of Vegan Eel Sushi            |         |
| <b>Vegetable Sushi</b>                                    | \$12.95 | <b>Sushi Sashimi Combination</b>                      | \$17.95 |
| California Roll, Veggie Maki & Inari Hand Roll            |         | Roast Chicken Roll, 8 Pcs of Sushi & 4 pcs of Sashimi |         |
| <b>Sushi Regular</b>                                      | \$12.95 |                                                       |         |
| California Roll & 6pcs of Sushi (2 Tuna, 2 Salmon, 2 Eel) |         |                                                       |         |
| <b>Roll Combination</b>                                   | \$13.50 |                                                       |         |
| Roast Chicken Roll, California Roll & Spicy Tuna Roll     |         |                                                       |         |
| <b>Sushi Deluxe</b>                                       | \$13.95 |                                                       |         |
| 8 pcs of Sushi & Shrimp Avocado Roll                      |         |                                                       |         |



**\*Spicy**

**\$5.00 minimum per person**

## Gluten Free

Please note that normal kitchen operations involve shared cooking & preparation and customers should consider individual dietary needs before ordering

PLEASE LET YOUR SERVER KNOW THAT YOU ARE  
ORDERING FROM THE GLUTEN FREE MENU

### Soups

|                                           |         |                                                 |         |
|-------------------------------------------|---------|-------------------------------------------------|---------|
| Miso Soup                                 | \$ 2.25 | Pumpkin Soup (Pureed pumpkin, Carrots & Celery) | \$ 5.95 |
| *Thai Tom Yum Soup (Spicy Vegetable Soup) | \$ 2.25 |                                                 |         |

### Starters

|                                                                       |         |
|-----------------------------------------------------------------------|---------|
| Moo Shu Basil Roll (2 PCS)                                            | \$ 3.50 |
| Vietnamese Rolls Filled w. Raw Carrots, Jicama, Basil & Peanut Powder |         |
| Crystal Roll                                                          | \$ 6.95 |
| Apple, Mango, Cucumber, Peppermint & Avocado Wrapped in Rice Paper    |         |
| Crispy Sesame Seaweed                                                 | \$ 4.25 |
| Cold Japanese Seaweed                                                 | \$ 4.50 |
| Edamame                                                               | \$ 4.50 |
| Chicken on a Stick                                                    | \$ 5.25 |
| Roast Pork                                                            | \$ 6.75 |



### Entrées

|                                                                  |         |                                                                           |         |
|------------------------------------------------------------------|---------|---------------------------------------------------------------------------|---------|
| Dried Sautéed String Beans                                       | \$ 8.95 | Fresh Garden Walnuts                                                      | \$14.95 |
| Sautéed Spinach with Fresh Garlic                                | \$ 8.95 | Apples, String Beans, Snow Peas, Shitake Mushrooms & Veggie               |         |
| *Curry Tofu with Mixed Vegetables                                | \$10.95 | Chicken Chunks Sautéed in White Sauce                                     |         |
| Sautéed Chinese Broccoli with Fresh Garlic or Ginger             | \$ 9.95 | *Crispy Chicken w. Black Pepper                                           | \$14.95 |
| Sautéed Baby Bok Choy with Fresh Garlic or Ginger                | \$ 9.95 | Crispy Veggie Chicken Strips, Potatoes, & String Beans Sautéed w.         |         |
| *General Tso's Chicken                                           | \$12.95 | Salt & Black Pepper                                                       |         |
| Shredded Heaven                                                  | \$13.50 | *Thai Red Curry Hot Pot                                                   | \$14.95 |
| Tofu Skin Wrapped w. Shredded Snow Peas, Bean Sprouts, Veggie    |         | Soy Chicken, Mushroom, Veggie Beef, Lemongrass, Okra, Basil &             |         |
| Ham & Black Mushrooms Pan Fried w. Peanut Sauce on the Side      |         | Tomatoes in Spicy Coconut Red Curry Served in Hot Pot Over Fire (Dine In) |         |
| Lettuce Sang Delight                                             | \$14.95 |                                                                           |         |
| Diced Soy Chicken, Jicama, Edamame, Red Peppers, Pine Nuts,      |         |                                                                           |         |
| on a Bed of Bean Thread Noodles w. Fresh Lettuce Cup on the Side |         |                                                                           |         |



### Noodles

|                                                  |         |                                                                          |         |
|--------------------------------------------------|---------|--------------------------------------------------------------------------|---------|
| Vegetable Chow Fun (Flat Rice Noodles)           | \$ 7.50 | *Singapore Chow Mei Fun                                                  | \$ 8.95 |
| Veggie Chicken Chow Fun (Flat Rice Noodle)       | \$ 8.95 | SPICY Curry Flavored Thin Rice Noodle w. Beef, Chicken, Shrimp, Carrots, |         |
| Taiwanese Style Rice Noodles (Thin Rice Noodles) | \$ 8.25 | Snow Peas, Bean Sprouts & Cabbage in Curry Flavor                        |         |

\*Spicy

\$5.00 minimum per person



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### Noodle Soups (Choose Chow Fun or Mei Fun)

|                                  |         |                                   |         |
|----------------------------------|---------|-----------------------------------|---------|
| Veggie Noodle Soup               | \$ 7.75 | *Curry Veggie Chicken Noodle Soup | \$ 8.25 |
| Homemade Tofu Veggie Noodle Soup | \$ 7.75 | *Curry Veggie Lamb Noodle Soup    | \$ 8.25 |

### Fried Rice

Healthy Heart Fried Rice \$ 9.25

Broccoli, Edamame, Carrots, Cashews, Pine Nuts & Raisins

\*Curry Veggie Beef Fried Rice \$ 8.95

Beef Strips, Tomatoes, Green Peas, Carrots & Onions in  
Curry Powder

\*Spicy Basil Fried Rice \$ 8.95

Basil, Chili, Onions, Bell Peppers, Edamame & Tomatoes

Hawaiian Fried Rice \$ 8.95

Carrots, Edamame, Mushrooms, Red Peppers, Peanuts &  
Pineapples

Beauty Fried Rice \$10.95

Cranberry, Pine Nuts, Edamame, Walnuts, Pumpkin & Kale



### Sushi

|                                              |         |                                                 |         |
|----------------------------------------------|---------|-------------------------------------------------|---------|
| Cucumber Roll                                | \$ 4.25 | Avocado Cucumber Roll                           | \$ 4.75 |
| Avocado Roll                                 | \$ 4.50 | Vegetable Roll                                  | \$ 4.75 |
| Carrot Roll                                  | \$ 4.25 | *Spicy Chicken Roll                             | \$ 4.75 |
| California Roll                              | \$ 4.50 | *Spicy Tuna Roll                                | \$ 5.50 |
| Veggie Maki                                  | \$ 4.75 | Sweet Heart Roll                                | \$ 9.25 |
| Cucumber, Avocado, Oshinko, Spinach & Carrot |         | Veggie Shrimp & Avocado Topped w. Mango & Agave |         |



\*Spicy

\$5.00 minimum per person

## *Lunch Specials*

*Lunch Hours:*

*Mon - Fri: 11:30 AM - 3:30 PM / Sat & Sun: 12:00 PM - 3:30 PM*

*Lunch Specials Include Spring Roll or Soup (Hot & Sour, Wonton, Miso or Tom Yum Soup) & Brown or White Rice (Comes w. Brown Rice Unless Otherwise Requested)*

*No Substitutions*

|         |                                                                           |         |
|---------|---------------------------------------------------------------------------|---------|
| 素菜炒飯    | <b>Veggie Fried Rice</b>                                                  | \$ 6.50 |
|         | Brown (or White) Rice, Carrots, Green Peas & Corn                         |         |
| 素菜撈麵    | <b>Veggie Lo Mein (Does not incl. Rice)</b>                               | \$ 6.75 |
|         | Shredded Carrots, Snow Peas, Bean Sprouts & Cabbage                       |         |
| 菠菜面     | <b>Sautéed Spinach Noodles (Does not incl. Rice)</b>                      | \$ 6.75 |
|         | Shredded Carrots, Snow Peas, Bean Sprouts & Cabbage                       |         |
| 素菜炒河粉   | <b>Veggie Chow Fun (Does not incl. Rice)</b>                              | \$ 6.75 |
|         | Flat Noodles                                                              |         |
| 番茄豆腐    | <b>Fried Tofu w. Tomato &amp; Basil</b>                                   | \$ 6.75 |
| 薑蔥豆腐    | <b>Fried Tofu w. Ginger &amp; Scallions</b>                               | \$ 6.75 |
| 豆腐三菇    | <b>Fried Tofu w. 3 Kinds of Mushrooms</b>                                 | \$ 6.75 |
| 素什錦     | <b>Sautéed Mixed Veggies w. Brown Sauce</b>                               | \$ 6.75 |
| 左宗豆腐    | <b>*General Tso's Crispy Tofu</b>                                         | \$ 6.75 |
| 咖喱素什錦豆腐 | <b>*Curry Tofu w. Mixed Veggies</b>                                       | \$ 6.75 |
| 魚香茄子    | <b>*Eggplant w. Garlic Sauce</b>                                          | \$ 6.75 |
| 炒三蔬     | <b>Sautéed Broccoli, String Beans &amp; Snow Peas w. Brown Sauce</b>      | \$ 6.75 |
| 左宗雞球    | <b>*General Tso's Veggie Chicken Balls</b>                                | \$ 6.75 |
| 火腿芽菜    | <b>Bean Sprouts w. Vegetarian Ham</b>                                     | \$ 6.75 |
| 香乾雞絲    | <b>Shredded Veggie Chicken w. Dried Bean Curd</b>                         | \$ 7.25 |
| 薑絲牛/雞   | <b>Ginger Veggie Beef or Chicken</b>                                      | \$ 7.25 |
| 芥蘭牛/雞   | <b>Veggie Beef or Chicken w. Broccoli</b>                                 | \$ 7.25 |
| 天府牛/雞   | <b>*Paradise Veggie Beef or Chicken</b>                                   | \$ 7.25 |
|         | Pepper, Black Mushrooms & Snow Peas                                       |         |
| 宮寶牛/雞   | <b>*Kung Pao Veggie Beef or Chicken</b>                                   | \$ 7.25 |
| 咖喱雞塊    | <b>*Curry Veggie Chicken Chunks</b>                                       | \$ 7.25 |
| 青椒牛     | <b>Veggie Beef w. Green Pepper</b>                                        | \$ 7.25 |
| 甜酸雞塊    | <b>Sweet &amp; Sour Veggie Chicken Chunks</b>                             | \$ 7.25 |
| 左宗雞塊    | <b>*General Tso's Veggie Chicken Chunks</b>                               | \$ 7.25 |
| 麻婆豆腐    | <b>*Tofu Szechuan Style</b>                                               | \$ 7.25 |
| 陳皮雞     | <b>*Orange Veggie Chicken</b>                                             | \$ 7.25 |
|         | Red Pepper, Celery & Broccoli                                             |         |
| 蓮花九塔    | <b>Artichoke Veggie Chicken</b>                                           | \$ 7.25 |
|         | Veggie Chicken, Tomatoes, Zucchini, Tofu Skin & Basil in Black Bean Sauce |         |
| 素什錦雞    | <b>Mixed Vegetable w. Veggie Chicken</b>                                  | \$ 7.25 |

**Not available on New Year's Day, Valentine's Day, Mother's Day,  
Father's Day, Thanksgiving, and Christmas**

**\*Spicy**

\$5.00 minimum per person