

# InfraMat

## The Recommended Uses:

Ideal for full body therapy sessions

Tension relief in muscles

Soothing relief in joints

## The Guarantee:

Provides full body therapy

Contains jade and tourmaline gemstones

Relax your mind and body with hot stone therapy:

Feel hot stones against your skin as they relax your muscles

Scientifically linked to lower levels of stress and anxiety

rays and negative ions

Improves the effectiveness of other natural therapies in your mat

Stone surface impacts pressure points on your body to relieve tension

Manage pain with far infrared therapy:

The invisible form of light commonly received from sunlight

Far infrared rays are vital to human life

Rays penetrate 4-6 inches into the body's tissues

Can temporarily decrease pain, inflammation, and stiffness

Temporarily increase local circulation when applied

Negative ion therapy has positive effects on your wellness:

Nature's purifiers—clearing your surroundings of harmful agents

Counteracts positive ion disturbances

Attracts harmful airborne particles and pulls them to the ground

Tourmaline releases the largest quantity of negative ions

Guide the body along a path of detoxification of excess waste

Cleanse your mind; improve the quality of your wellness

