

What Is Vibroacoustic Therapy?



The human body is a complex cellular communication system relying on the continuous flow of chemical and electrical signals in order to maintain itself. When the flow of this information is compromised or imbalanced, it can cause physical, cognitive or emotional issues to arise. Vibroacoustic Therapy is a unique, evidence-based form of therapy that combines sound and vibration to support the body at a deeper level and facilitate it in more efficiently restoring normal communication pathways and optimal function.