

WHAT NOT TO DO!

NO PROFANITY. Please be responsible for the words you use — they matter!

DON'T ASSUME they know the terms/words you are using.

Ask questions and engage students.

DON'T LABEL any of the students as alcoholics or addicts, or that they will become one — just that substance use is the potential path. Keep it generalized, and do not go off topic of addiction to make points. Stay in the scope of addiction and personal journey.

ALUMNI IN RECOVERY DOES NOT SPEAK OF OUTSIDE ISSUES

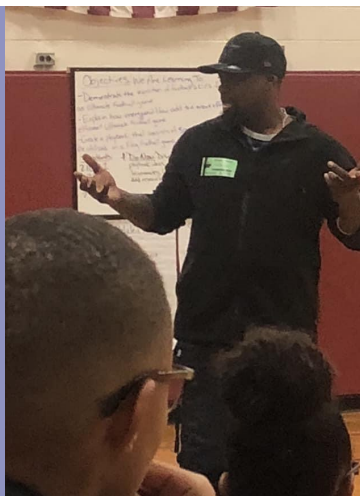
(i.e. religious, political, causes), or anything beyond the scope of these guidelines as it pertains to your own experience and the general facts of addiction.

ALUMNI IN RECOVERY MEMBERS SHALL NOT PROMOTE OTHER ORGANIZATIONS, OR ENGAGE IN SELF PROMOTION, when

speaking in schools, to the media and to the general public.

These include AA, NA and professional services.

We are there as **ALUMNI IN RECOVERY** members.



12-STEP PROGRAM REFERENCES:

LIMIT SHARING ANY AA/NA EXPERIENCES since we are speaking as people in recovery. **ALUMNI IN RECOVERY** is not affiliated with 12-step programs. Be clear that you are a Member In Recovery and not there to speak on behalf of any organization other than **ALUMNI IN RECOVERY**. If you must, refer to AA/NA as "12-step programs". Offer to discuss with anyone wanting more info after speaking. For reference:

AA: (800) 245-1377 or www.aa.org

NA: (908) 687-8566 or www.na.org

RESPECT ANONYMITY outside the fellowships. Do not refer to other Members during presentations as part of any AA or NA program.

SHARING INFORMATION

NEVER GIVE YOUR PERSONAL PHONE NUMBER TO STUDENTS. You may provide staff with our contact email — contact@alumniinrecovery.org. They are minors and we are guests of the staff. You may give the contact staff or school personnel your info if they wish to reach you in regard to connecting with a particular student. You can also refer them to an **ALUMNI IN RECOVERY COORDINATOR**.

SHARING RESOURCE INFORMATION. If you are ever asked to provide a list of treatment resources, refer them to your local **ALUMNI IN RECOVERY COORDINATOR**.