**ALUMNI IN RECOVERY** is a volunteer program started in Bergen County, NJ, offering a service to school systems and the community.

The young adults participating share their experiences of addiction and recovery at schools in their community. They hope that our teens and pre-teens avoid the path of addiction to drugs and alcohol by making better choices.

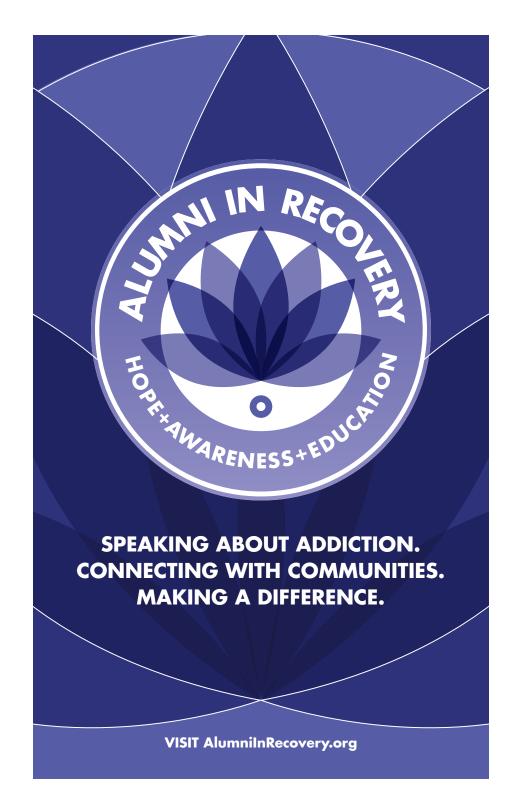
**DONATE** to our non-profit organization by mailing a check (or donate online at AlumnilnRecovery.org). All support is appreciated. Checks can be mailed to:

### **ALUMNI IN RECOVERY**

P.O. Box 22, Westwood, NJ 07675



VISIT AlumniInRecovery.org





## ALUMNI IN RECOVERY IS HERE TO EMPOWER OTHERS THROUGH REAL LIFE EXPERIENCES.

Alumni In Recovery is a non-profit organization comprised of dedicated, young adults who are now living in recovery — abstinent from all drugs and alcohol.

We provide a safe and reliable program to heighten awareness, foster hope, and bring resources for our local communities.

We aim to end the stigma of the disease of addiction by sharing real-life stories with middle through high school students, parents and communities.

## OUR MEMBERS SPEAK TO STUDENTS ABOUT:

- The potential path to addiction by providing their own experiences.
- Bridging the gap of misunderstandings around the disease of addiction.
- The root causes of drug/alcohol abuse.
- Dispelling the myths of drug addicts/ alcoholics.

#### **STUDENTS**

learn about the myths and reality of substance abuse by those who have lived it.

#### **PARENTS**

learn from other parents who have lost a child to addiction.

#### **COMMUNITIES**

collaborate with local resources and gain insight to help prevent substance abuse.

- Physical dependency on drugs/alcohol.
- The behaviors and consequences leading up to recovery.
- How to provide hope and support to those affected by addiction.
- How they live a life of recovery with positive choices in action.

## WE'RE PROVIDING AWARENESS AND EDUCATION TO HELP OUR YOUTH AVOID ADDICTION.

#### WE'RE A COMMUNITY-BASED VOLUNTEER PROGRAM.

Alumni In Recovery's Community-based Events are a collaboration of local resources for ongoing and regularly-held public forums. The community comes together — openly helping each other — to gain awareness about addiction, how to recognize it, where to find help, and how to save lives.

#### **OUR PARENT PROGRAM HELPS CHANGE PERCEPTIONS.**

Our town and school-based events for parents/adults are intended to help them navigate the addiction landscape. Parents who have lost a child to addiction speak openly, carrying a powerful message that can help others and potentially save lives.

Our Parent Program Members provide their personal insights on how this epidemic has affected their own families. Through their very own stories of loss, these parents provide a forum so other parents — and the entire community — can be better informed.

# ALUMNI IN RECOVERY CAN BE EASILY IMPLEMENTED IN ANY COMMUNITY!

For more information, to attend an upcoming event, or to book your own event, email **info@AlumniInRecovery.org** 

