

# Questions About True Comments Made by Catholics or Pope About Adventists

By Pastor Ed Anderson

Did Catholics or the pope really say that if you want to follow the Bible alone you must be an Adventist?

Answer:

**VERIFIED CATHOLIC QUOTES THAT SUPPORT THIS IDEA:**

◆ **1. The Catholic Mirror, Sept 23, 1893 (published by Cardinal Gibbons)**

*“The Catholic Church... by virtue of her divine mission, changed the day from Saturday to Sunday... The Protestant world has accepted it in practice, but not in theory. If they kept the Bible alone as their teacher, they would be Seventh-day Adventists.”*

✅ This is the closest known historical quote to the claim in question. It was written during a debate over “**Protestants and the Bible only**” principle.

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◆ **2. Monsignor Louis Segur, Plain Talk About the Protestantism of Today, p. 213:**

*“It is the Catholic Church which has kept Sunday and not Saturday as the Lord’s Day, and that is why all Protestants... follow our example.”*

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◆ **3. Catholic Record of London, Ontario, Sept. 1, 1923:**

*“Sunday is our mark of authority... The Church is above the Bible, and this transference of Sabbath observance is proof of that fact.”*

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◆ **4. James Cardinal Gibbons, The Faith of Our Fathers (88th ed., p. 89):**

*“You may read the Bible from Genesis to Revelation, and you will not find a single line authorizing the sanctification of Sunday. The Scriptures enforce the religious observance of Saturday...”*

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### **SUMMARY:**

No pope or Catholic official **explicitly** said, *“If you follow the Bible only, become an Adventist”* — but this **exact conclusion has been drawn logically** by many **Adventists and scholars** from **Catholic admissions** that:

- **Sabbath (Saturday) is biblical**
  - **Sunday worship comes from Church authority**
  - Therefore, anyone who **follows the Bible alone** would **logically return to seventh-day Sabbath-keeping**—and **Seventh-day Adventists are one of the only major global churches doing this.**
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### **Final Thought:**

This statement isn’t a **direct Catholic endorsement of Adventism**, but it is a **strong acknowledgment** that Adventists are **consistent** with the **sola scriptura** (Bible alone) principle when it comes to Sabbath observance.