

09 - “I Am Guided”

By Pastor Ed Anderson

Introduction: The Road to Guidance

- **Key Thought:** In a world full of uncertainty, we need a reliable source of guidance. The Bible, as God’s inspired Word, provides direction for our lives.
- **Key Verse: 2 Timothy 3:16-17 –**
“All Scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work.”
- **Question for Reflection:**
- How do you know what path to take in life?
- What role does Scripture play in your daily decisions?

Part 1: The Trustworthiness of the Bible

1. The Bible is Truth

- **Psalms 119:160 –** *“The sum of your word is truth, and every one of your righteous ordinances endures forever.”*
- The Bible **stands the test of time** and provides **eternal guidance**.

2. Archaeological Evidence Confirms the Bible

- The **Dead Sea Scrolls** demonstrate the accuracy of the Old Testament.
- Archaeological discoveries confirm **historical events described in Scripture**.

3. Fulfilled Prophecies Validate Scripture

- **Isaiah 53 –** Written centuries before Jesus, yet perfectly describes His suffering.
- *“But He was wounded for our transgressions, He was bruised for our iniquities... And by His stripes we are healed.”* (Isaiah 53:5)
- **Daniel 2 –** Accurately predicts the rise and fall of world empires, proving God’s sovereignty.
- **Key Thought:** History unfolds exactly as **God predicted**, proving He is in control.

Part 2: How to Trust the Bible and Find Guidance

1. Regular Bible Study

- **Psalms 119:105 –** *“Your word is a lamp to my feet and a light to my path.”*
- The Bible illuminates the right path **when we spend time in it**.

2. Prayer and Meditation

- **Philippians 4:6-7 –**

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.”

- **Prayer connects us to God’s wisdom and peace.**

3. Cognitive Reframing – Changing Negative Thoughts with Scripture

- **Write down negative thoughts and replace them with Biblical truth.**
- **Jeremiah 29:11 –** *“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you a future and a hope.”*
- **Psalms 139:13-14 –** *“You created my inmost being; you knit me together in my mother’s womb... I am fearfully and wonderfully made.”*
- **Proverbs 3:25-26 –** *“Have no fear of sudden disaster... for the Lord will be at your side.”*
- **Key Thought:** What we focus on shapes our emotions and actions. **Aligning our thoughts with Scripture brings peace.**

Part 3: The Power of Community in Guidance

- **Seek support through a faith-based community.**
- **Galatians 6:2 –** *“Carry each other’s burdens, and in this way, you will fulfill the law of Christ.”*
- **Surround yourself with people who encourage Biblical wisdom.**

Conclusion: Living with Divine Guidance

- The Bible is **historically, prophetically, and spiritually reliable.**
- Trusting Scripture brings **peace, direction, and assurance.**
- When we align our lives with God’s Word, **we experience stability and confidence.**

Final Reflection

- **Are you trusting in the guidance of God’s Word?**
- **How can you incorporate Biblical principles into your daily life?**

Closing Appeal

- Commit to **regular Bible study and prayer.**
- Replace **fear and doubt with the truth of Scripture.**
- Seek **godly wisdom from a faith community.**

Closing Verse: Isaiah 26:3 –

“You will keep in perfect peace those whose minds are steadfast, because they trust in You.”

This sermon emphasizes the **trustworthiness of Scripture** and its **practical application for guidance in life**.