

AUSTRALIAN BIRTH STUDY: UNDERSTANDING BIRTH TRAUMA

Researchers from the University of Sydney would like to invite you to participate in the Australian Birth Study.

The main aim of the study is to understand how difficult birth experiences impact mothers and their infants by observing mums interacting with their babies.

WHO CAN PARTICIPATE?

Mothers of infants aged less than 6 months can participate if they can speak and read English.



WHAT IS INVOLVED?

The study involves three phases, and we estimate in total it will take about 3.5 hours of your time over three sittings. the phases are as follows:

ONLINE SURVEY 20-30MINS

You will be sent a link to the survey which will take approximately 30 mins to complete and will ask questions about your mental health, previous life experiences, your parenting, your infants behaviours and your birth experience.

INTERVIEW

The interview will take up to an hour and will be conducted via Zoom and recorded, The interview will involve questions about your mental health.

OBSERVATION OF YOU AND BABY

An observation of you interacting with your baby in your natural setting will take place. This will either occur via Zoom or via a home-visit by our researcher. These interactions will be taped and will involve things normal parenting interactions like play with baby, feeding baby and changing babies nappy.

Australian
Birth
Study

For some phases of the study you will need to have access to a laptop that allows you to participate in a Zoom meeting (which means you also need access to the internet).

ARE THERE ANY BENEFITS?

After participating in the three phases of this study you will be offered a grocery voucher.

THANK YOU FOR READING THIS PAMPHLET.

If you would like to participate please email afam4556@uni.sydney.edu.au

NO INDIVIDUAL PARENTS OR CHILDREN WILL BE IDENTIFIED IN ANY OF MATERIALS PUBLISHED FROM THE RESEARCH, AND ALL PARTICIPANT INFORMATION WILL BE KEPT PRIVATE AND CONFIDENTIAL (EXCEPT AS REQUIRED BY LAW).

EMAIL

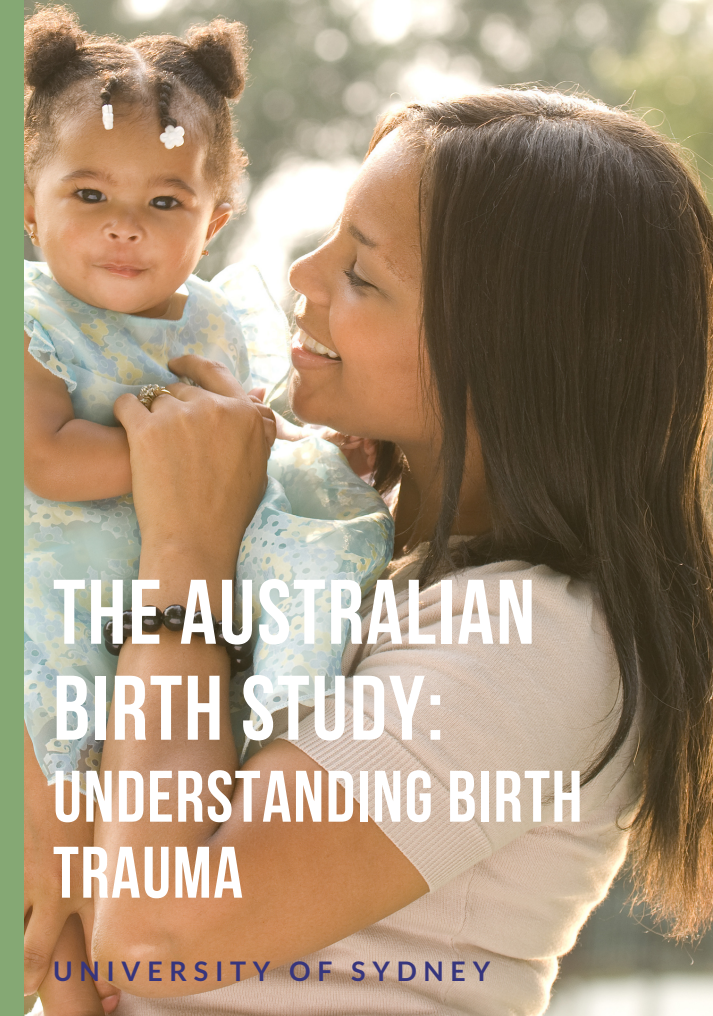
afam4556@uni.sydney.edu.au

WEBSITE

australianbirthstudy.com



THE UNIVERSITY OF
SYDNEY



**THE AUSTRALIAN
BIRTH STUDY:
UNDERSTANDING BIRTH
TRAUMA**

UNIVERSITY OF SYDNEY