



## DQ Guide – 10U Swimmers

### ALL 8 and Under Swimmers

- Assisted Swimmers CANNOT be touched by water assistant & qualify for placement.
- Any blatant false start where swimmer leaves the block ahead of start tone.
- Swimming the wrong stroke during any Individual/Relay Event. *\*Anything goes in Freestyle.*
- Pulling on the lane line to gain advantage.
- Touching the bottom to continue swimming.

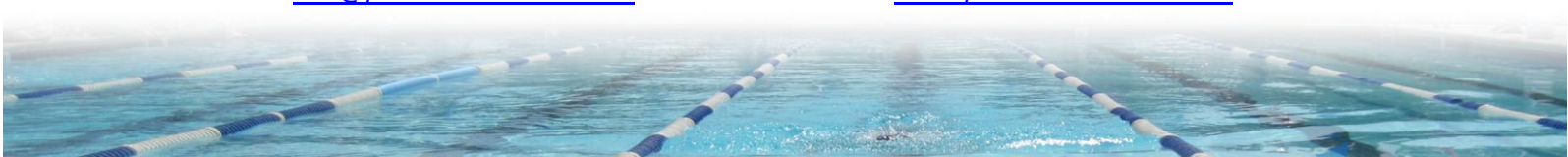
### 9/10 Swimmers

- Any blatant false start where swimmer leaves the block ahead of start tone.
- Pulling on the lane line to gain advantage.
- Touching the bottom to continue swimming.
- Swimming the wrong stroke during any Individual/Relay Event. *\*Anything goes in Freestyle.*
- **Back stroke**
  - Blatant flipping over on the stomach before finishing.
  - Blatant propelling forward using lane line (bumping the line is OK).
  - More than one stroke on stomach before turn.
- **Breast stroke**
  - Blatant alternate (scissor or flutter) kicking.
  - Blatant arms pulling past hip line.
  - Blatant two or more underwater pull-outs before surfacing.
  - Must use two-hand touch at the finish.
- **Butterfly**
  - Blatant alternate kicking.
  - Arms must be recovered OVER water.
  - Must use two-hand touch at the finish.
- **IM**
  - Start and finish rules applies for each stroke of the IM.
  - Judge each lap as if the swimmer is swimming a 25 of each stroke.

**BLATANT:** any violation that a single judge identifies and then only upon consultation with a 2<sup>nd</sup> judge, the violation is repeated to the extent that the 2<sup>nd</sup> judge can witness it also. We are looking for violations that are sustained over a period of time during a race.

[info@justswimcharlotte.com](mailto:info@justswimcharlotte.com)

[www.justswimcharlotte.com](http://www.justswimcharlotte.com)





## DQ Guide – 11+ Swimmers

### ALL 11+ Swimmers

- Any blatant false start where swimmer leaves the block ahead of start tone.
- Swimming the wrong stroke during any Individual/Relay Event. *\*Anything goes in Freestyle.*
- Pulling on the lane line to gain advantage.
- Touching the bottom to continue swimming.
- Failure to touch the wall with any part of the body on a turn.

### **Back stroke**

- Blatant flipping over on the stomach before finishing.
- Blatant propelling forward using lane line (bumping the lane line is OK).
- More than one stroke on stomach before turn.

### **Breast stroke**

- Blatant alternate (scissor or flutter) kicking.
- Blatant arms pulling past hip line.
- Blatant two or more underwater pull-outs before surfacing.
- Must use two-hand touch at the finish.

### **Butterfly**

- Blatant alternate kicking.
- Arms must be recovered OVER water.
- Must use two-hand touch at the finish.

### **Individual Medley (IM)**

- Start and finish rules applies for each stroke of the IM.
- Judge each lap as if the swimmer is swimming a 25 of each stroke.

**BLATANT:** *any violation that a single judge identifies and then only upon consultation with a 2<sup>nd</sup> judge, the violation is repeated to the extent that the 2<sup>nd</sup> judge can witness it also. We are looking for violations that are sustained over a period of time during a race.*

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