

Frederick County Senior Recreation Council (SRC) 2024 Membership Registration/Waiver

<u>Dues Received</u> <input type="checkbox"/> cash <input type="checkbox"/> check Date: _____ Rec'd by: _____ (Legibly please)

Participants in all of our programs must be age 50 or older with the exception of Softball (which is open to women age 40 or older). The SRC has full authority to prohibit an individual from participation in a particular activity due to that individual's health or fitness level.

**ENCLOSE DUES OF \$10.00 FOR EACH PERSON. Make Checks Payable to:
 Senior Recreation Council. This form cannot be processed without your Dues!!!
 Mail to: Ms. Ronnie Osterman, 2100 Whitehall Rd #1D, Frederick, MD 21702-6434**

**** PLEASE PRINT, LEGIBLY! ****



Name: _____

Mailing Address: _____ Apartment # _____

City: _____ Zip Code (plus 4): _____ - _____

Home Phone (if applicable): _____ Cell Phone: _____

E-Mail Address: _____

I wish to receive newsletters [Check One]: **By Email:** _____ OR **By Postal Mail:** _____

Emergency Contact: _____

Emergency Contact's Daytime Phone Number: _____

Please make your activity coordinator aware of any medical condition which may impact your ability to participate in the activity.

Circle All SRC Activities You Participate in or Intend to Participate in During 2024:

- Basketball Bicycling Bocce Talley Book Group Taney Book Group**
Bowling Bridge Exercise Easy Hikes Moderate Hikes Softball

Equal Opportunity: The Frederick County Senior Recreation Council and the Frederick County Government do not discriminate on the basis of race, color, national origin, sex, religion, age, and/or disability for employment or the provision of services.

WAIVERS

Release of Information: Information provided above will not be provided to anyone outside the Senior Recreation Council and may be used by individual coordinators in programs that you are a participant solely to contact you or your emergency representative.

Waiver of Liability: BY MY SIGNATURE BELOW, I acknowledge that there are inherent risks and dangers associated with recreation programs and the activities provided by the Senior Recreation Council (SRC), and therefore, I hold the Frederick County Maryland, the Senior Recreation Council as well as their agent(s) harmless from all claims for injuries, damage, or loss which may result from my participation in SRC activities. I accept full responsibility to limit my participation in any activity to correspond with the level of my health and my ability. Further in compliance with Maryland HB 858 and SB711, I hereby acknowledge that I understand the risks of concussions in sports and am aware of the concussion information which is found at www.recreator.com. I further acknowledge my responsibility to provide appropriate personal equipment (when required) suitable for the activities in which I am involved.

Signature: _____ **Date:** _____