



Nutrition Facts



Lazy can



| Nutrition Facts | |
|--|-----------------------|
| servings per container | (161g) |
| Serving Size | (161g) |
| Amount per serving | |
| Calories | 500 |
| | % Daily Value* |
| Total Fat 32g | 41% |
| Saturated Fat 17g | 87% |
| Trans Fat 0g | |
| Cholesterol 155mg | 51% |
| Sodium 210mg | 9% |
| Total Carbohydrate 47g | 17% |
| Dietary Fiber 2g | 6% |
| Total Sugars 27g | |
| Includes 17g Added Sugars | 36% |
| Protein 8g | |
| Vitamin D 2mcg | 8% |
| Calcium 130mg | 10% |
| Iron 7mg | 35% |
| Potassium 154mg | 4% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.</small> | |



Mango Peach



Nutrition Facts

| | |
|--|-----------------------|
| servings per container | |
| Serving Size | (190g) |
| Amount per serving | |
| Calories | 450 |
| | % Daily Value* |
| Total Fat 19g | 24% |
| Saturated Fat 12g | 58% |
| Trans Fat 0g | |
| Cholesterol 85mg | 28% |
| Sodium 330mg | 14% |
| Total Carbohydrate 67g | 24% |
| Dietary Fiber 1g | 5% |
| Total Sugars 53g | |
| Includes 18g Added Sugars | 36% |
| Protein 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 118mg | 10% |
| Iron 1mg | 8% |
| Potassium 208mg | 4% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.</small> | |



Strawberry Vanilla



| Nutrition Facts | |
|-------------------------------|--------------|
| 1 servings per container | 200 g |
| Serving size | 100 g |
| Amount Per Serving | |
| Calories | 270 |
| % Daily Value* | |
| Total Fat 17g | 21% |
| Saturated Fat 7g | 33% |
| <i>Trans Fat</i> 0g | |
| Cholesterol 95g | 31% |
| Sodium 45g | 2% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber < 1g | 3% |
| Total Sugars 21g | |
| Includes 18g Added Sugars | 37% |
| Protein 3g | |
| Vitamin D 1mcg | 2% |
| Calcium 58mg | 4% |
| Iron 1mg | 2% |
| Potassium 113mg | 2% |

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يتم تخزين العوة بدرجة حرارة بين 1 إلى 5 درجات مئوية بعيدا عن أشعة الشمس المباشرة. يستهلك المنتج قبل تاريخ انتهاء الصلاحية المذكور أسفل العبوة

Allergens: Milk, Soy, Gluten, Egg



Oreo



Nutrition Facts

| | |
|-------------------------------|---------------|
| servings per container | |
| Serving Size | (100g) |
| Amount per serving | |
| Calories | 380 |
| % Daily Value* | |
| Total Fat 24g | 31% |
| Saturated Fat 10g | 51% |
| Trans Fat 0g | |
| Cholesterol 90mg | 31% |
| Sodium 150mg | 6% |
| Total Carbohydrate 38g | 14% |
| Dietary Fiber < 1g | 3% |
| Total Sugars 26g | |
| Includes 8g Added Sugars | 17% |
| Protein 4g | |
| Vitamin D 0mcg | 0% |
| Calcium 77mg | 6% |
| Iron 1mg | 6% |
| Potassium 57mg | 0% |

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Chocolate Mousse



Nutrition Facts

| | |
|-------------------------------|----------------|
| 1 servings per container | 200 g |
| Serving size | 100 g |
| Amount Per Serving | |
| Calories | 390 |
| | % Daily Value* |
| Total Fat 17g | 22% |
| Saturated Fat 10g | 49% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 40g | 13% |
| Sodium 105g | 5% |
| Total Carbohydrate 52g | 19% |
| Dietary Fiber 1g | 4% |
| Total Sugars 41g | |
| Includes 11g Added Sugars | 22% |
| Protein 3g | |
| Vitamin D0mcg | 0% |
| Calcium 49mg | 4% |
| Iron 1mg | 6% |
| Potassium 101mg | 2% |

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يتم تخزين العوة بدرجة حرارة بين 1 إلى 5 درجات مئوية بعيداً عن أشعة الشمس المباشرة. يستهلك المنتج قبل تاريخ انتهاء الصلاحية المذكور أسفل العبوة.

Allergens: Milk, Soy, Gluten, Egg



Strawberry Cheesecake



Nutrition Facts

servings per container

Serving Size (220g)

Amount per serving

Calories **720**

% Daily Value*

Total Fat 33g **42%**

Saturated Fat 19g **96%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 930mg **40%**

Total Carbohydrate 96g **35%**

Dietary Fiber < 1g **2%**

Total Sugars 78g

Includes 8g Added Sugars **17%**

Protein 9g

Vitamin D 0mcg 0%

Calcium 121mg 10%

Iron 0mg 0%

Potassium 80mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Mango Cheesecake



Nutrition Facts

servings per container
Serving Size (220g)

Amount per serving
Calories **630**

% Daily Value*

Total Fat 33g **42%**

Saturated Fat 19g **96%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 930mg **40%**

Total Carbohydrate 73g **27%**

Dietary Fiber 2g **6%**

Total Sugars 55g

Includes 17g Added Sugars **34%**

Protein 9g

Vitamin D 0mcg 0%

Calcium 139mg 10%

Iron 0mg 0%

Potassium 81mg 0%

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Nutella



Nutrition Facts

servings per container

Serving Size (223g)

Amount per serving

Calories **730**

% Daily Value*

Total Fat 39g **50%**

Saturated Fat 14g **72%**

Trans Fat 0g

Cholesterol 130mg **43%**

Sodium 460mg **20%**

Total Carbohydrate 88g **32%**

Dietary Fiber 5g **17%**

Total Sugars 63g

Includes 24g Added Sugars **47%**

Protein 13g

Vitamin D 1mcg 2%

Calcium 109mg 6%

Iron 2mg 10%

Potassium 171mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Red Velvet



Nutrition Facts

servings per container
Serving Size (100g)

Amount per serving
Calories **270**

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 6g **28%**

Trans Fat 0g

Cholesterol 140mg **47%**

Sodium 90mg **4%**

Total Carbohydrate 31g **11%**

Dietary Fiber 0g **0%**

Total Sugars 22g

Includes 15g Added Sugars **31%**

Protein 5g

Vitamin D 1mcg 4%

Calcium 76mg 6%

Iron 1mg 4%

Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Lotus



Nutrition Facts

| | |
|-------------------------------|---------------|
| servings per container | |
| Serving Size | (243g) |
| Amount per serving | |
| Calories | 990 |
| % Daily Value* | |
| Total Fat 88g | 84% |
| Saturated Fat 30g | 152% |
| <i>Trans Fat</i> 0g | |
| Cholesterol 210mg | 70% |
| Sodium 280mg | 11% |
| Total Carbohydrate 89g | 32% |
| Dietary Fiber < 1g | 3% |
| Total Sugars 59g | |
| Includes 2g Added Sugars | 5% |
| Protein 11g | |
| Vitamin D 1mcg | 4% |
| Calcium 79mg | 6% |
| Iron 1mg | 8% |
| Potassium 70mg | 0% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Matcha Can



Nutrition Facts

| | |
|-------------------------------|---------------|
| servings per container | |
| Serving Size | (206g) |
| Amount per serving | |
| Calories | 310 |
| % Daily Value* | |
| Total Fat 16g | 21% |
| Saturated Fat 3.5g | 17% |
| Trans Fat 0g | |
| Cholesterol 145mg | 49% |
| Sodium 135mg | 6% |
| Total Carbohydrate 25g | 9% |
| Dietary Fiber 5g | 17% |
| Total Sugars < 1g | |
| Includes 0g Added Sugars | 0% |
| Protein 12g | |
| Vitamin D 1mcg | 4% |
| Calcium 231mg | 20% |
| Iron 2mg | 10% |
| Potassium 363mg | 8% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Choco Vanilla Oats



Nutrition Facts

| | |
|--|---------------|
| servings per container | |
| Serving Size | (253g) |
| Amount per serving | |
| Calories | 540 |
| % Daily Value* | |
| Total Fat 33g | 42% |
| Saturated Fat 18g | 90% |
| Trans Fat 0g | |
| Cholesterol 360mg | 121% |
| Sodium 410mg | 18% |
| Total Carbohydrate 51g | 19% |
| Dietary Fiber 7g | 25% |
| Total Sugars 9g | |
| Includes 0g Added Sugars | 0% |
| Protein 21g | |
| Vitamin D 2mcg | 8% |
| Calcium 302mg | 25% |
| Iron 4mg | 20% |
| Potassium 420mg | 8% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.</small> | |



Protein Can



| Nutrition Facts | |
|-------------------------------|------------|
| servings per container | |
| Serving Size | (245g) |
| Amount per serving | |
| Calories | 260 |
| % Daily Value* | |
| Total Fat 12g | 16% |
| Saturated Fat 6g | 28% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 55mg | 2% |
| Total Carbohydrate 52g | 19% |
| Dietary Fiber 15g | 54% |
| Total Sugars 9g | |
| Includes 0g Added Sugars | 0% |
| Protein 15g | |
| Vitamin D 1mcg | 6% |
| Calcium 233mg | 20% |
| Iron 6mg | 35% |
| Potassium 710mg | 15% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Apple cinnamon



Nutrition Facts

| | |
|-------------------------------|-----------------------|
| servings per container | |
| Serving Size | (210g) |
| Amount per serving | |
| Calories | 460 |
| | % Daily Value* |
| Total Fat 18g | 23% |
| Saturated Fat 14g | 71% |
| Trans Fat 0g | |
| Cholesterol 85mg | 28% |
| Sodium 500mg | 22% |
| Total Carbohydrate 67g | 25% |
| Dietary Fiber 3g | 12% |
| Total Sugars 37g | |
| Includes 15g Added Sugars | 29% |
| Protein 9g | |
| Vitamin D 0mcg | 0% |
| Calcium 180mg | 15% |
| Iron 1mg | 8% |
| Potassium 83mg | 0% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



Pecan



| Nutrition Facts | |
|--|---------------|
| servings per container | |
| Serving Size | (136g) |
| Amount per serving | |
| Calories | 370 |
| % Daily Value* | |
| Total Fat 26g | 33% |
| Saturated Fat 4.5g | 23% |
| Trans Fat 0g | |
| Cholesterol 100mg | 33% |
| Sodium 160mg | 7% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 3g | 11% |
| Total Sugars 16g | |
| Includes 15g Added Sugars | 30% |
| Protein 11g | |
| Vitamin D 1mcg | 2% |
| Calcium 101mg | 8% |
| Iron 1mg | 8% |
| Potassium 228mg | 4% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.</small> | |



Pumpkin spice



Nutrition Facts

servings per container
Serving Size (174g)

Amount per serving
Calories **600**

% Daily Value*

Total Fat 43g **55%**

Saturated Fat 19g **95%**

Trans Fat 0g

Cholesterol 430mg **143%**

Sodium 140mg **6%**

Total Carbohydrate 44g **16%**

Dietary Fiber 1g **4%**

Total Sugars 22g

Includes 7g Added Sugars **14%**

Protein 10g

Vitamin D 2mcg 10%

Calcium 115mg 8%

Iron 2mg 10%

Potassium 129mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.



THANK YOU