

Cultivating Mindful Wellbeing

Notice of Informed Consent-Limits of Confidentiality

The confidentiality of your personal health information is very important. Contents of all therapy sessions are confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. However, information may have to be revealed without your permission, as explained below. If you have any questions or concerns, please feel free to discuss with your clinician. It is important to us that you understand this privacy notice and its clinical implications.

Duty to Warn and Protect

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the mental health professional is required to notify legal authorities, and if necessary arrange for hospitalization for psychiatric care, and make reasonable attempts to notify the family of the client.

Abuse of Children and Vulnerable Adults

If a client states or suggests that he or she is abusing a child or vulnerable adult, or has recently abused a child, or vulnerable adult; or that a child, or vulnerable adult is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

Insurance Providers (when applicable)

Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

Legal Action

If the client brings legal action against the mental health professional, disclosure of client records may be necessary or relevant to a defense.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Guardian)

Date