



Lee's Karate and Cardio Kickboxing LLC

125 S 1st Street Phone: (520) 803-6896

www.leeskarateandcardiokickboxing.com

Hours of Operation

<u>Mon/Wed</u>	8:00 - 10:00 am 4:00 - 7:30 pm
<u>Tues/Thurs</u>	4:00 - 7:30 pm
<u>Fri</u>	8:00 - 10:00 am
<u>Saturday</u>	CLOSED
<u>Sunday</u>	CLOSED

Karate

<u>Tues Beg Jr (6-10 Yrs)</u>	4:00 - 4:45 pm
<u>Tues Inter Jr (6-10 Yrs)</u>	4:00 - 4:45 pm
<u>Thurs Beg Jr (Sparring)</u>	4:00 - 5:00 pm
<u>Thurs Inter Jr (Sparring)</u>	Combined Class
<u>Tues / Thurs Lil' Dragons (3-5 Yrs)</u>	5:30 - 6:15 pm
<u>Thurs Lil' Dragons (Sparring)</u>	5:30 - 6:15 pm
<u>Tues Adult (11 & Up)</u>	6:15 - 7:00 pm
<u>Thurs Adult (Sparring)</u>	6:15 - 7:00 pm

Weapons

<u>Mon/Wed (Demo Team)</u>	4:30 - 5:15 pm
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Cardio Kickboxing

<u>Monday</u>	9:00 - 10:00 am 5:15 - 6:15 pm
<u>Wednesday</u>	9:00 - 10:00 am 5:15 - 6:15 pm
<u>Friday</u>	9:00 - 10:00 am

Self-Defense

<u>Monday</u>	6:15 - 7:15 pm
<u>Tuesday</u>	5:30 - 6:30 pm
<u>Wednesday</u>	6:15 - 7:15 pm

Boxing

<u>Mon/Wed (Ages 11 & Up)</u>	5:15 - 6:15 pm
<u>Thurs (Sparring All Ages)</u>	6:15 - 7:15 pm

Extreme Workout

<u>Monday</u>	5:00 - 6:00 pm
<u>Tuesday</u>	5:00 - 6:00 pm
<u>Thursday</u>	5:00 - 6:00 pm

Muay Thai Boxing

<u>Tues / Thurs</u>	6:15 - 7:15 pm
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Jumping Castle Birthday Parties Friday 4 - 6 pm / Saturday 12 - 2 pm or 3 - 5 pm

Includes tables, chairs, setup and cleanup!