



## Herb Crusted Salmon with Lemon Garlic Cream Sauce, Sautéed Onions & Potatoes Shopping List

### Protein:

4 Salmon Filets

### Dairy

1-pint heavy cream

### Produce

2 lemons

Dill

Parsley (can be dried)

4 Russet Potatoes

1 yellow or white onion

1 head of garlic or peeled whole garlic (recommended)

### Pantry/Dry Storage

Olive Oil

Salt

Panko bread crumbs

Pepper

Chicken Stock or White wine (Pinot, Sav. Etc.)