INFANT (0-12 MONTHS OLD) CHOKING FIRST AID

UNCONSCIOUS

ENSURE 911 HAS BEEN CALLED

1



1. LAY BABY ON THE FLOOR

2



2. GIVE 30 CHEST COMPRESSIONS W/ HEEL OF YOUR HAND

OR



GIVE 30 CHEST COMPRESSIONS W/ 2 THUMB CIRCLING

YOU ONLY NEED TO PROVIDE 30 COMPRESSIONS AT A TIME, USING 1 OF THE 2 OPTIONS ABOVE

3



3. LOOK IN THE AIRWAY

4



4. SWEEP THE OBJECT OUT IF YOU SEE IT
‼ NO BLIND ‼ FINGER SWEEP

5



5. HEAD TILT CHIN LIFT "SNIFFING POSITION"

6



6. PROVIDE 2 BREATHS/ PUFFS LASTING NO LONGER THAN 1 SECOND EACH
LOOK FOR CHEST RISE
IF CHEST DOESN'T RISE, ATTEMPT 2ND BREATH
THEN GO BACK TO 30 COMPRESSIONS

‼ CONTINUE ‼
30 COMPRESSIONS
LOOK IN THE AIRWAY
2 BREATHS
UNTIL OBJECT IS REMOVED &
BABY STARTS BREATHING
OR EMS ARRIVES
‼ MAKE SURE BABY ‼
GOES TO THE HOSPITAL

MY FAMILY'S FIRST AID LIFE SAVING SKILLS
MF1A 2019

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