

Spring Into Fun with PEAK!

OUR MISSION

At PEAK, our dedicated volunteers give parents the resources to involve these extraordinary children and young adults in the community which will foster lifelong social skills & experiences to enhance their lives. PEAK also provides that involvement in a safe as well as a social environment



PEAK KICKBALL

Introduces the participants to the fundamentals of the exciting game of kickball! Emphasis is on learning the skills necessary to work as a team. The atmosphere is non-competitive. For more information, please email: margarita@peakgroup.org

Dates: 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8

(2 rain dates included)

Time: 12:00 PM - 1:00 PM

Cost: \$70

Location: Sandshore School. Budd Lake NJ

Sign up: register.communitypass.net/mountolive/

PEAK TAE KWON DO

Join Master Samantha Thomas for a wonderful

6 week Tae Kwon Do class. The classes can be accommodated for children and adults.

Dates: TBD

Time: Saturdays 12 PM - 12:30 PM

Location: Dragon's Den Martial Arts Academy,

375 Rt 46 Budd Lake

Cost: \$84 (t-shirt included) and note that PEAK contributes an additional \$20 per person)

Sign up: <https://cp.mystudio.io/m/?=DDMA2020/493/67655//1710509411> and email info@peakgroup.org with any questions.

PEAK MUSIC AND MOVEMENT WITH MISTY

Dance classes will vary genres of hip hop, modern & theater jazz. Students will develop spatial awareness, have a cardio workout and enjoy staying on rhythm.

Ages: 5 and up.

Dates: Fridays, Dates to be confirmed

Time: 6:30 PM to 7:00 PM

Location: Drakes Brook Park Building, Flanders

Cost: \$80 – Special Reduced Price

Sign up: <https://register.capturepoint.com/mountolive> and please email Craig@peakgroup.org to fill out additional forms / Photo Video release and ask questions. Parents must stay for class

PEAK FAMILY FARM DAY

Join us for a fun family farm day at Donaldson's Farm. We will take a hayride, check out the greenhouse, and pick strawberries.

June 7th, 2025 10am-12:30pm

Location: Donaldson's Farm
358 Allen Rd, Hackettstown, NJ

Sign up-Email: jessica@peakgroup.org

PEAK DIRECTIONS SOCIALIZATION PROGRAM

Directions explores Independence, Hobbies, Life Skills, Group Collaborative Projects, Building Relationships, Physical Health, and encouraging everyone to push beyond what we think we can do, within in a safe and supportive environment.

Ages: 16 and up.

Dates: 4/4, 5/2, 5/23, 6/6, 6/13

Time: 7:00 PM to 8:30 PM

Location: Chester M Stevens Elementary Cafeteria, 99 Sunset Dr.
Budd Lake, NJ

Cost: \$60 – for New and Continuing Members

Sign up: <https://register.capturepoint.com/mountolive> and please email Craig@peakgroup.org and to fill out additional forms- Photo/Video release and ask questions

