

Are YOU ready to have some FUN!!!



Our Mission

At PEAK, our dedicated volunteers give parents the resources to involve these extraordinary children and young adults in the community which will foster lifelong social skills & experiences to enhance their lives. PEAK also provides that involvement in a safe as well as a social environment.

PEAK Family Spring Day



Celebrate the start of Spring with a trip to Donaldson Farms to pick strawberries! Trip will include a hayride and a talk about farming and growing plants! We will meet in front of the building at 10:00a sharp. Participants under 18 or those in need of individual attention must be accompanied by parent or caregiver

Tentative Date: Saturday, 6/8 • **Time:** 9:45 am

Location: Donaldson Farms, 358 Allen Road Hackettstown, NJ 07840

Cost: \$10 per participant payable at the event, check or cash only. PEAK will pre-pay all registrations prior to the event, and is also offsetting a portion of each participants cost.

Sign up-Email: Sign up by May 26th via email to info@peakgroup.org

PEAK DIRECTIONS SOCIALIZATION PROGRAM!

(Previously Fri-Yay!)

PEAK DIRECTIONS will explore independent living, jobs, hobbies, community resources, communication, friendships, and social situations.

A Recreation program that provides a wide range of short activities. This increases tolerance of change and adaptability while building relationships and group dynamics for future activities as well as short respite for parents and caregivers.

Ages: 16 and up • **Cost:** \$60 per person

Dates: 4/12, 4/26, 5/10, 5/24, 6/7, 6/8 (Arts Show)

Time: 7:00 pm to 8:30 pm

Location: CMS Elementary School Cafeteria.
99 Sunset Dr. Budd Lake, NJ.

Sign up link: <https://register.capturepoint.com/mountolive>

Please E-mail: craig@peakgroup.org to fill out additional forms, photo-video release, and ask questions

PEAK INTRODUCTION TO GROUP SPORTS AND SPORTSMANSHIP PROGRAM!

New program that fosters an ability to kick, throw, catch balls running to bases, stopping at bases, encouraging others, taking turns, listening, balance, self regulation, balance, agility and taking breaks.

Dates: Saturdays, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/15 (2 rain dates included)

Time: 1:00 pm to 2:00 pm • **Cost:** \$70 per person

Location: Sandshore Elementary School, 498 Sand Shore Rd, Hackettstown, NJ

Sign up: <https://register.capturepoint.com/mountolive> and please email Craig@peakgroup.org with questions.

PEAK TAE KWON DO

Join *Master Samantha Thomas* for a wonderful 6 week karate class. The classes can be accommodated for children and adults. For interest and more information, please email: info@peakgroup.org

Dates: 6 Saturdays, 4/13, 4/20, 4/27, 5/4, 5/18 and 6/1

Time: 11:30am – 12:00pm • **Cost:** \$100 (t-shirt included)

Location: Dragon's Den Martial Arts Academy, 375 Rt 46 Budd Lake

Sign up e-mail: info@peakgroup.org

<https://cp.mystudio.io/m/?=DDMA2020/493/32498//1672434782>

THERAPEUTIC RIDING

Enjoy the beautiful outdoors at Freedom Horse Farm on a therapeutic ride. For interest and more information, please email: davn102288@aol.com

Dates: 5/11, 5/25, 6/15 or 6/29 • **Cost:** \$50 per session
(choose from 1 to 4 sessions pending availability)

Time: 11:00 am -11:30 pm or 11:30 am -12:00 pm

Location: Freedom Horse Farm, 908 Fairview Lake Lane, Stillwater

Special Note: Participants must be at least 5 years old and have physician-completed paperwork in order to ride

PEAK MUSIC & MOVEMENT WITH MISTY

Musical Theater Jazz Class. An upbeat dance class with body isolations, stretching, the use of locomotor and gross motor skills while learning an across the floor combination and center funky routine.

Ages: 5 and up • **Cost:** \$130

Dates: Fridays, 4/19 – 6/7. • **Time:** 6:30 PM to 7:00 PM

Location: Drakes Brook Park Building, Flanders, NJ.

You MUST SIGN IN in order to participate.

Sign up: <https://register.capturepoint.com/mountolive>

Please e-mail craig@peakgroup.org to fill out additional forms, photo-video release, and ask questions. Parents must stay for class.

PEAK KICKBALL

Introduces the participants to the fundamentals of the exciting game of kickball! Emphasis is on learning the skills necessary to work as a team. The atmosphere is non-competitive. For more information, please email: margarita@peakgroup.org

Dates: Sundays, 4/21, 5/5, 5/12, 5/19, 5/26, 6/2, 6/9, 6/16 (2 rain dates included)

Time: 12:00 pm • **Cost:** \$70

Location: Sandshore Elementary School, 498 Sand Shore Rd, Hackettstown

Sign up: register.communitypass.net/mountolive/ **Note:** 5/12 (Mother's Day), 6/16 (Father's Day)

*PEAK is a non-profit organization and performs fundraising to help provide programming and events at a lower cost. Program dates are subject to change. Summer Camp Planning in progress, stay tuned for more information! Please contact us with interest in camper participation or if interested in staff or volunteer positions. Contact us at info@peakgroup.org for employment and volunteer opportunities. Join our virtual monthly board meeting the 1st Wednesday of each month as we plan out our programming and events! Contact us at info@peakgroup.org for meeting information.

