



EXPLORE IDAHO SEASONAL ACTIVITIES GUIDE | 2025 SUMMER EDITION

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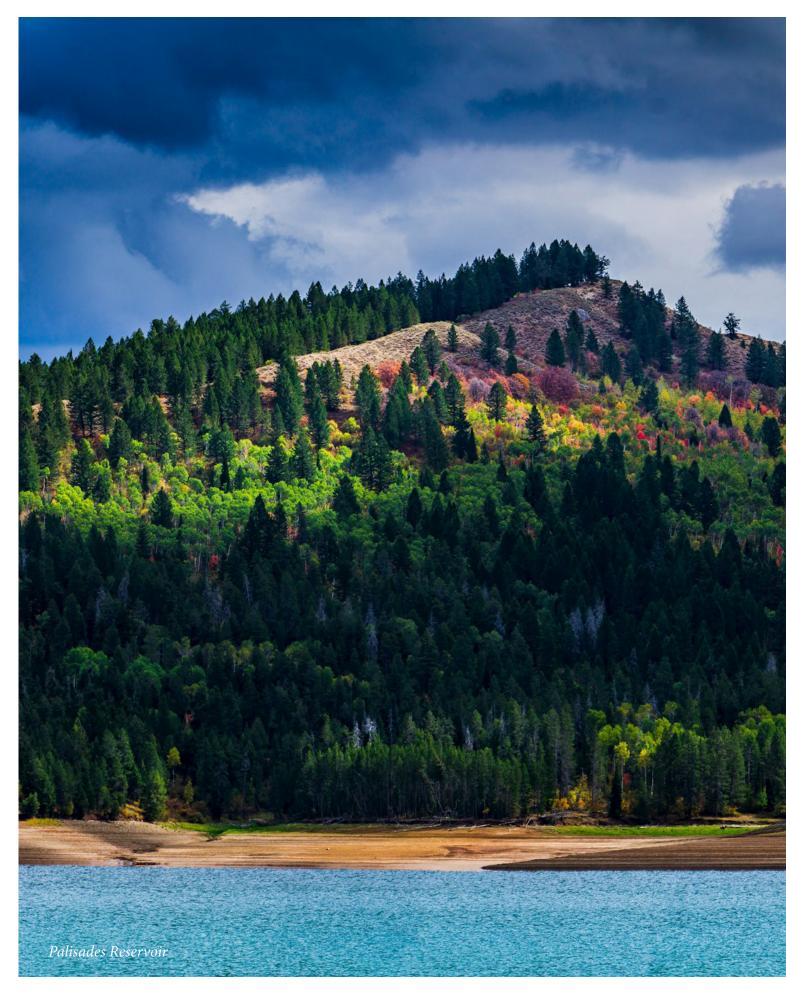
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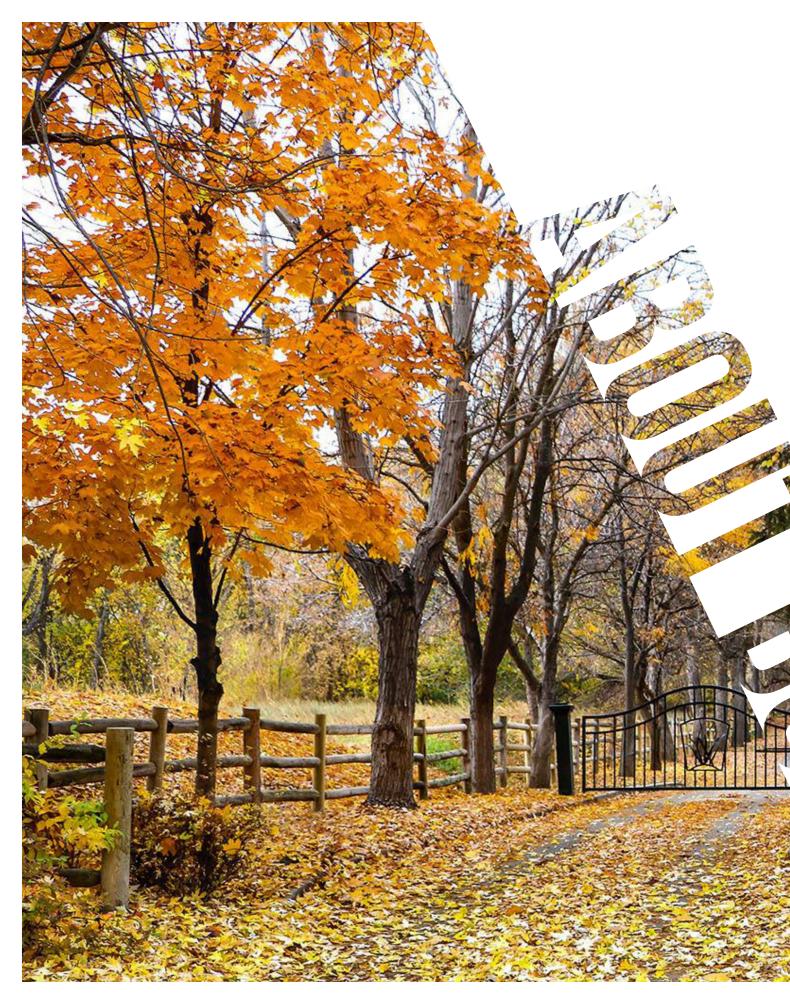
Please note that all dates, location and times are subject to change.

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CLIMATE....

Boise has a semi-arid continental climate with four distinct seasons. Boise experiences hot and dry summers with an average high of 91°F in July and an average low of 60°F. Winters are moderately cold with a December average high of 38°F and an average low of 24°F. Boise, on average, has 19 inches of snowfall throughout the winter months. Fall is typically brief, with the warm summer weather often drifting into the fall months. Spring is a more gradual transition in Boise with cold winter weather reappearing when you least expect it. The average amount of rainfall in Boise is 11.6 inches a year with most falling on warmer winter days and into the spring months.

SCHOOL DISTRICT.....

The Boise Metro Area hosts a diverse selection of school districts, including Boise Independent, West Ada, Nampa, Kuna, Middleton, and Caldwell to name a few. Additionally, the valley features numerous charter schools.

POST-SECONDARY SCHOOLS.....

Post-secondary educational options in Boise include Boise State University (BSU) and a wide range of technical schools. The University of Idaho (UI), Idaho State University (ISU) and Northwest Nazarene University (NNU) each maintain a satellite campus in Boise. University of Idaho College of Law hosts second and third year students at its Boise campus and NNU hosts graduate students at its Boise campus.



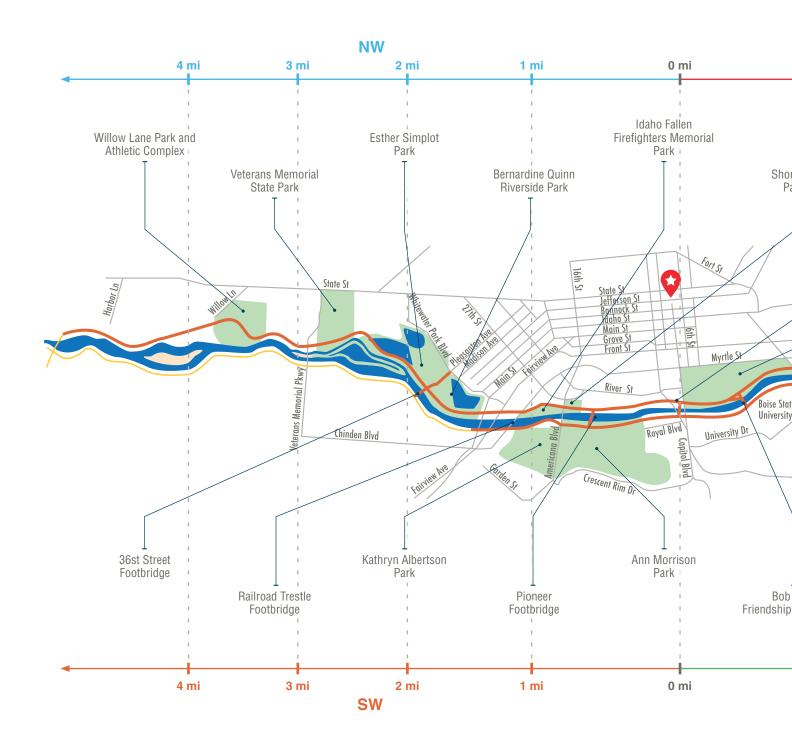
- 1. CBH Homes
 - 2. Premier Mortgage Resources
 - 3. Goode Motor Auto Group
 - 4. TOK Commercial
 - 5. Ada County Clerk's Office
 - 6. Harris
 - 7. D.A. Davidson & Co.
 - 8. Verified First
 - 9. Fisher's Technology
 - 10. Wright Physical Therapy

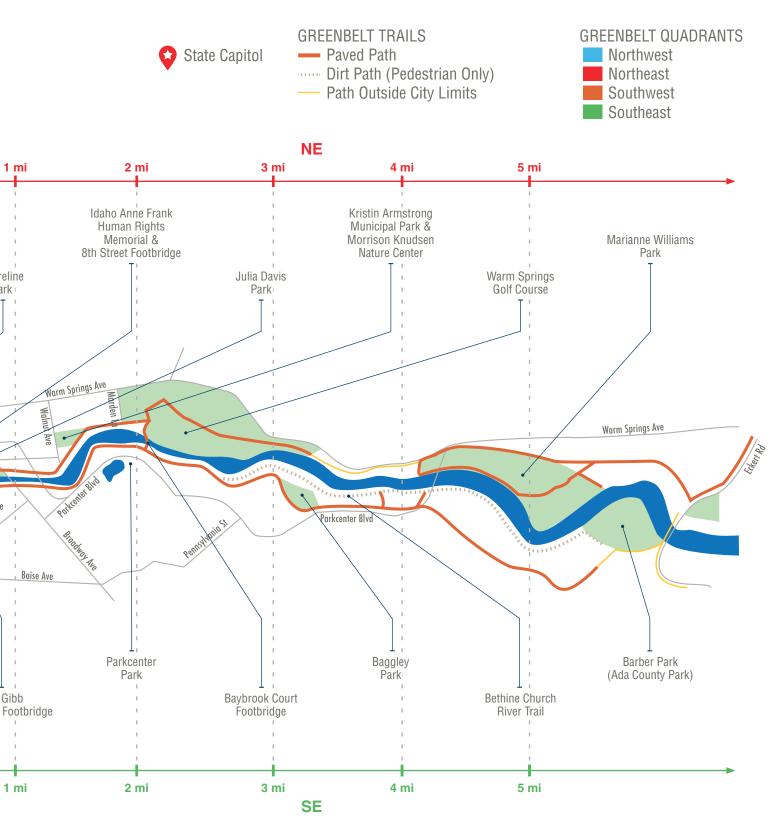
Sources: U.S. Climate Data // Wikipedia // bestplacestoworkinidaho.com/winners/statewide





BOISE RIVER GREENBELT MAP





Map courtesy of Boise Parks and Recreation

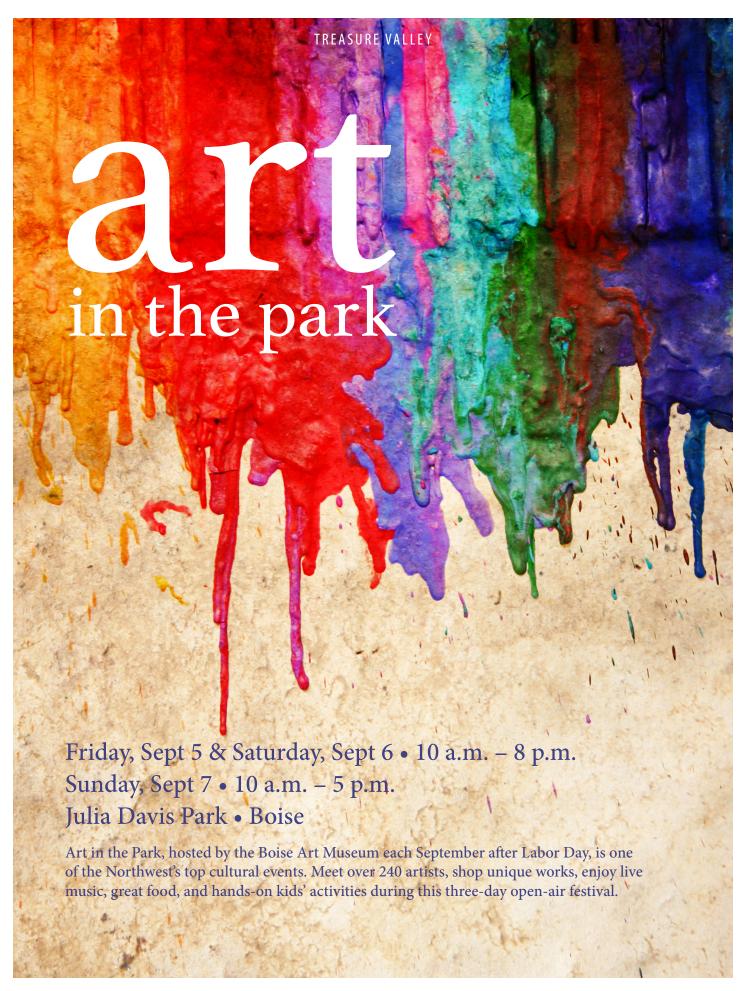




Indulse BOISE

Experience the finest offerings of Idaho with a range of tour options available in Boise, Eagle/Meridian, Sun Valley, and McCall. Delight in a VIP tour of the city's gourmet delights, immersing yourself in the captivating history, culture, and architecture along the way.

VISIT INDULGEBOISE.COM FOR MORE INFORMATION





Boise Fall Festival

Saturday September 13th, 2025 10am - 4pm

Celebrate the season at the Boise Fall Festival on Saturday, September 13! Enjoy a vibrant day filled with artisan markets, live music, delicious food trucks, and festive fall activities.

Family fun includes:

- Pony rides
- Face painting
- Inflatables
- Petting zoo

Adults can relax in the cider tasting garden, sampling crisp seasonal flavors while soaking up the fall vibes. Don't miss this fun-for-all celebration in Boise!



TREASURE VALLEY

Round up your curious kids and the whole family for one of the Garden's most popular family adventures— **Bug Day!**





This year's event is buzzing with fun at over 20 interactive stations scattered throughout the Garden. From up-close encounters with real insects to bugthemed games, science experiments, and hands-on art projects, there's excitement at every turn. Whether your little ones are fascinated by creepy crawlies or just want to build their own bugs and get their faces painted, Bug Day has something for everyone to enjoy.

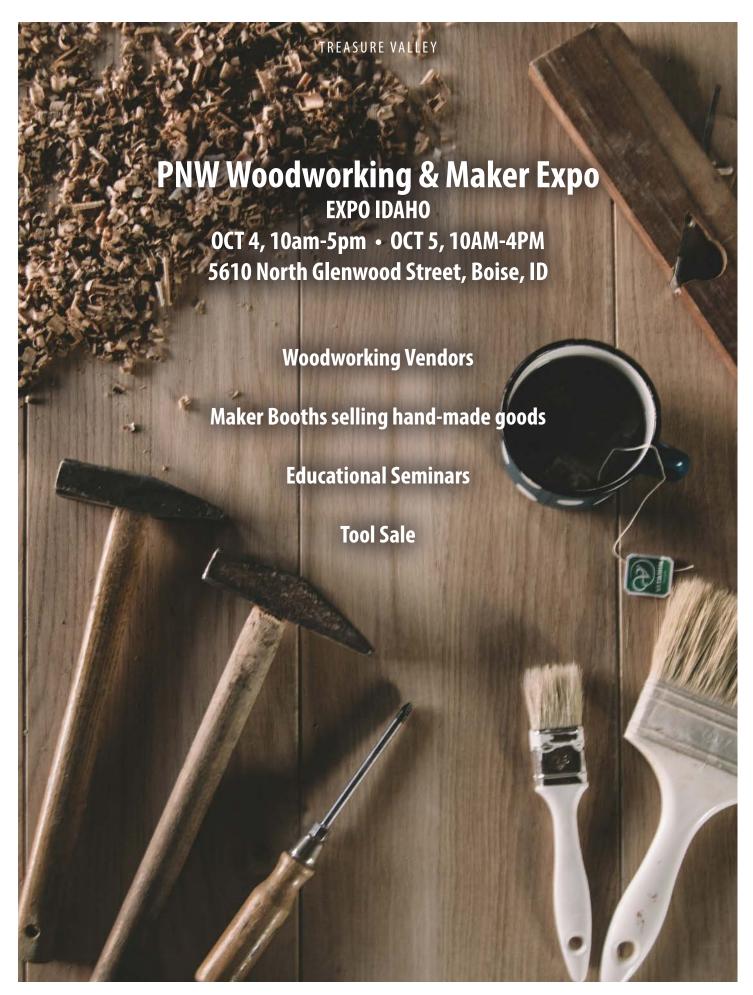


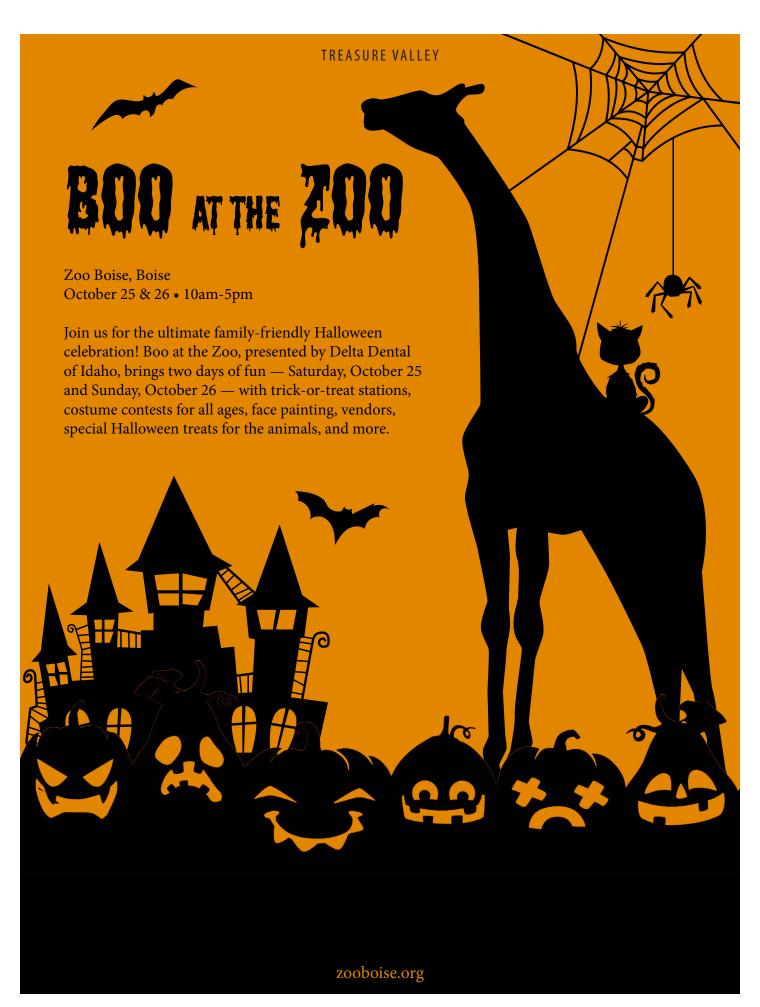


Sept 20 • 12 - 5 PM • Idaho Botanical Garden • 2355 East Old Penitentiary Road, Boise

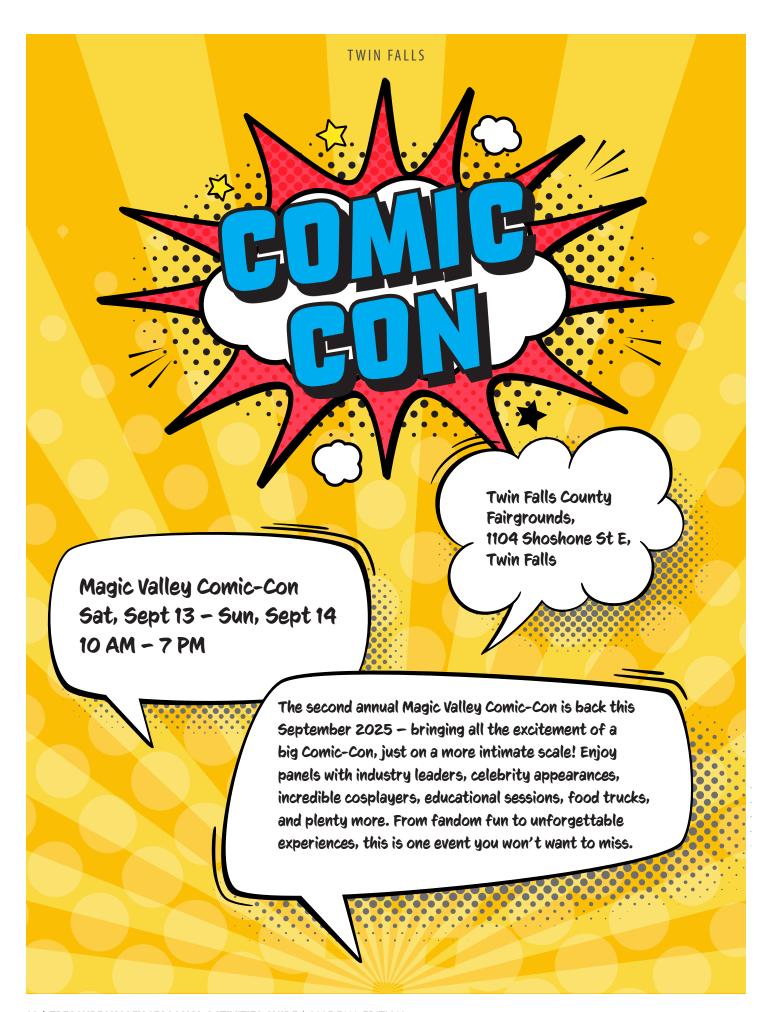


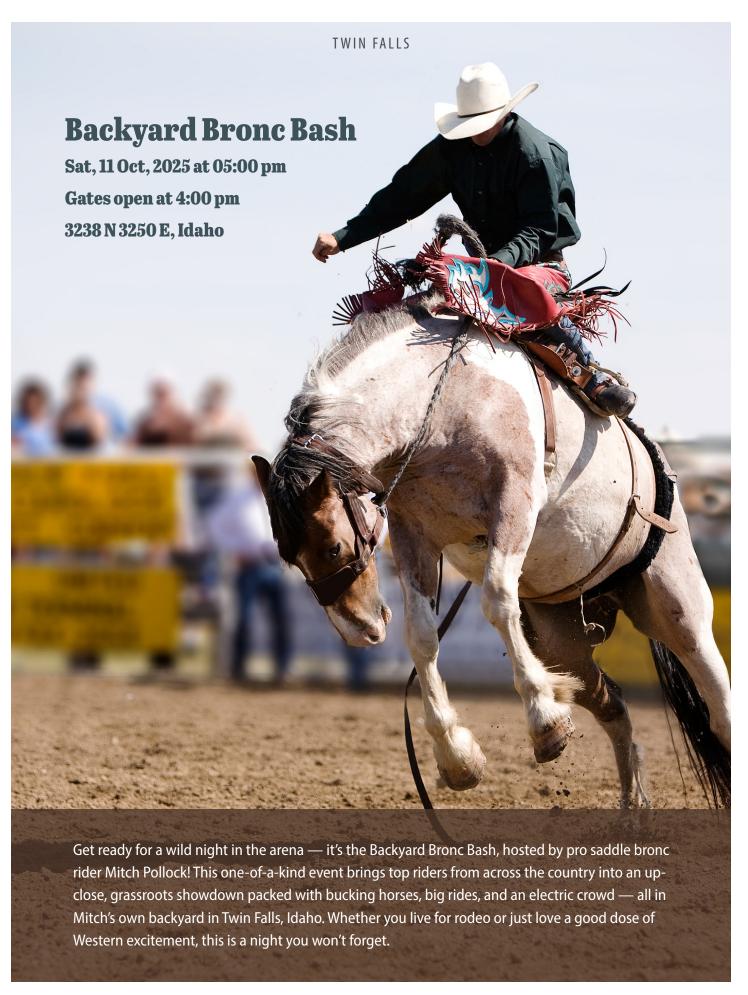










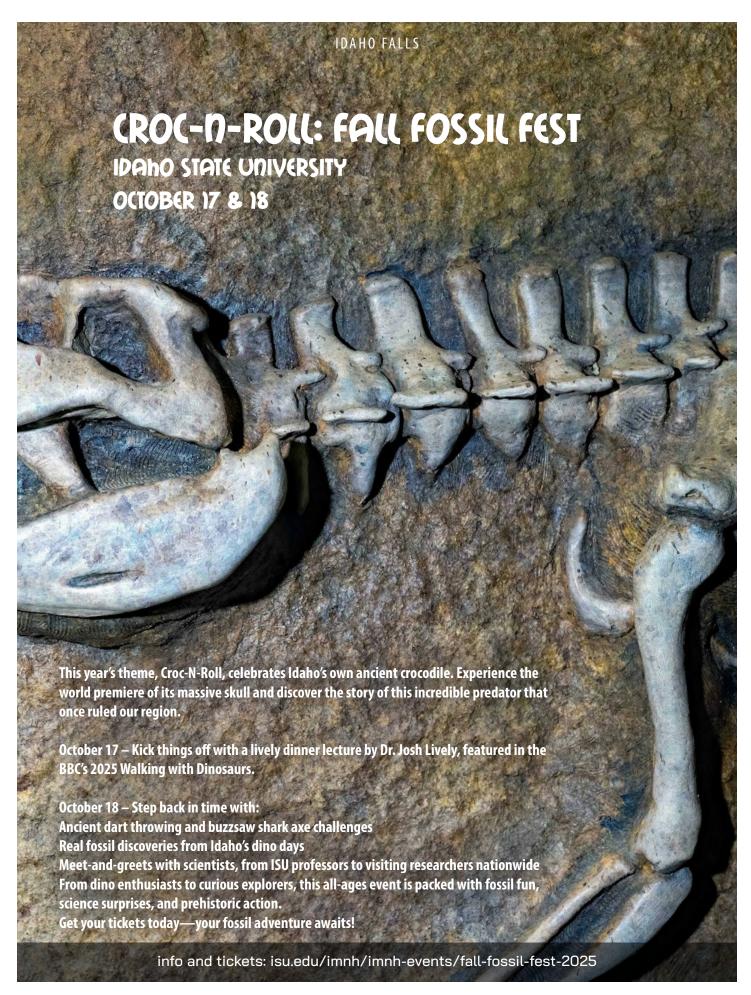


Vintage Market Days

Vintage Market Days® of Eastern Idaho is a curated, upscale market brimming with charm and creativity. Discover original art, antiques, boutique fashion, jewelry, handmade goods, specialty items, home décor, outdoor furnishings, children's treasures, gourmet treats, seasonal plants, and so much more. Far beyond a typical flea market, this three-day event — held twice a year — offers an unforgettable shopping and entertainment experience in the heart of Eastern Idaho.

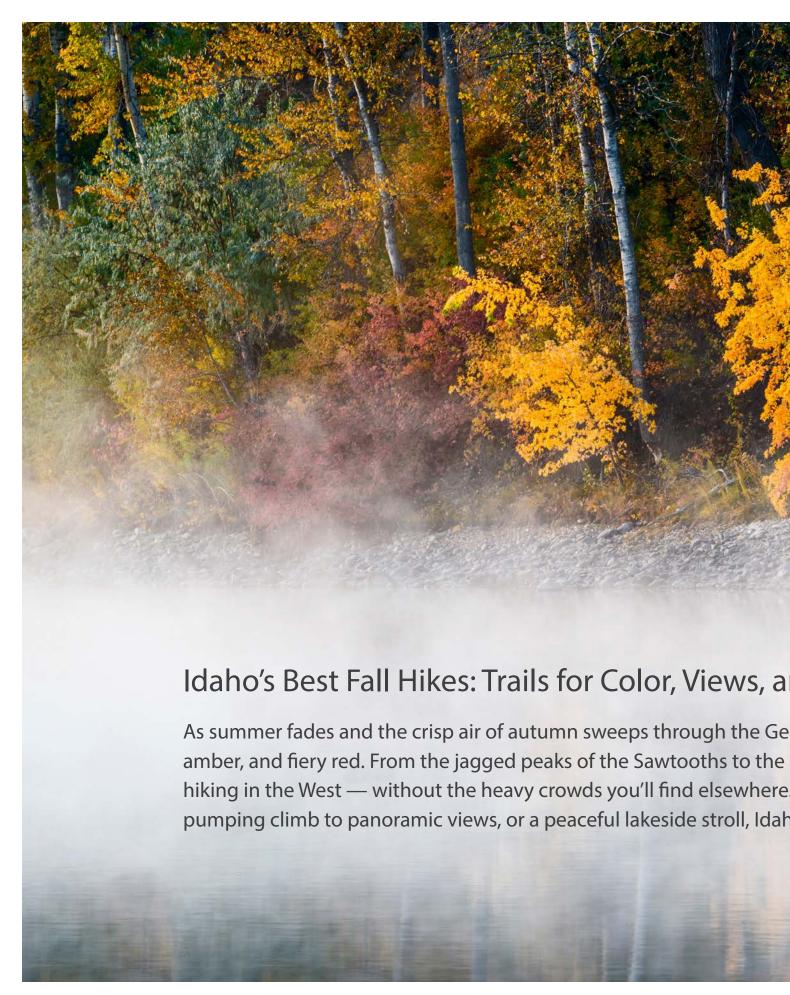


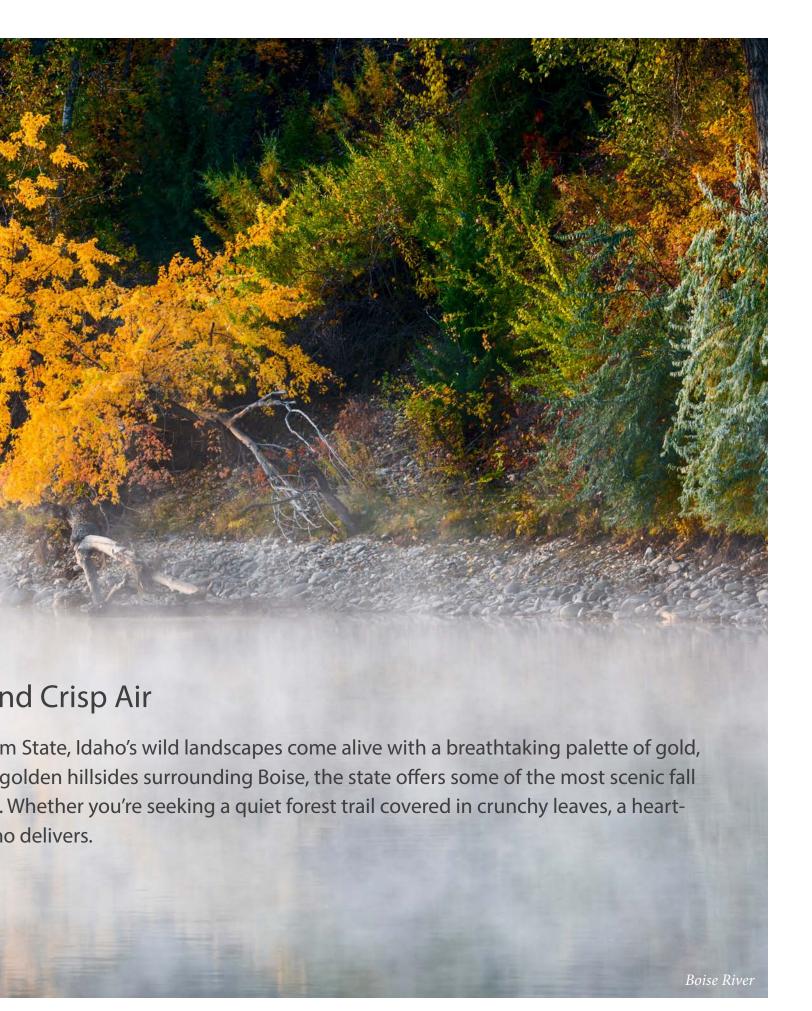
vintagemarketdays.com











REDFISH LAKE TO BENCH LAKES

Sawtooth Mountains

Starting Location: Redfish Lake Trailhead near

Stanley, ID

Distance: 7.8 miles round trip

Difficulty: Moderate

Highlights: Alpine lake views, golden larch trees, and snow-dusted peaks in fall. Hike along the Redfish Lake Creek, ending at the peaceful Bench

Lakes.

MICKINNICK TRAIL North Idaho

Starting Location: Mickinnick Trailhead, just

outside Sandpoint, ID

Distance: 7.6 miles round trip

Difficulty: Moderate to Strenuous

Highlights: Switchbacks through vibrant foliage and panoramic views of Lake Pend Oreille. The

perfect North Idaho fall challenge.

TABLE ROCK TRAILBoise

Starting Location: Table Rock Trailhead, Old

Penitentiary parking lot, Boise, ID **Distance:** 3.7 miles round trip

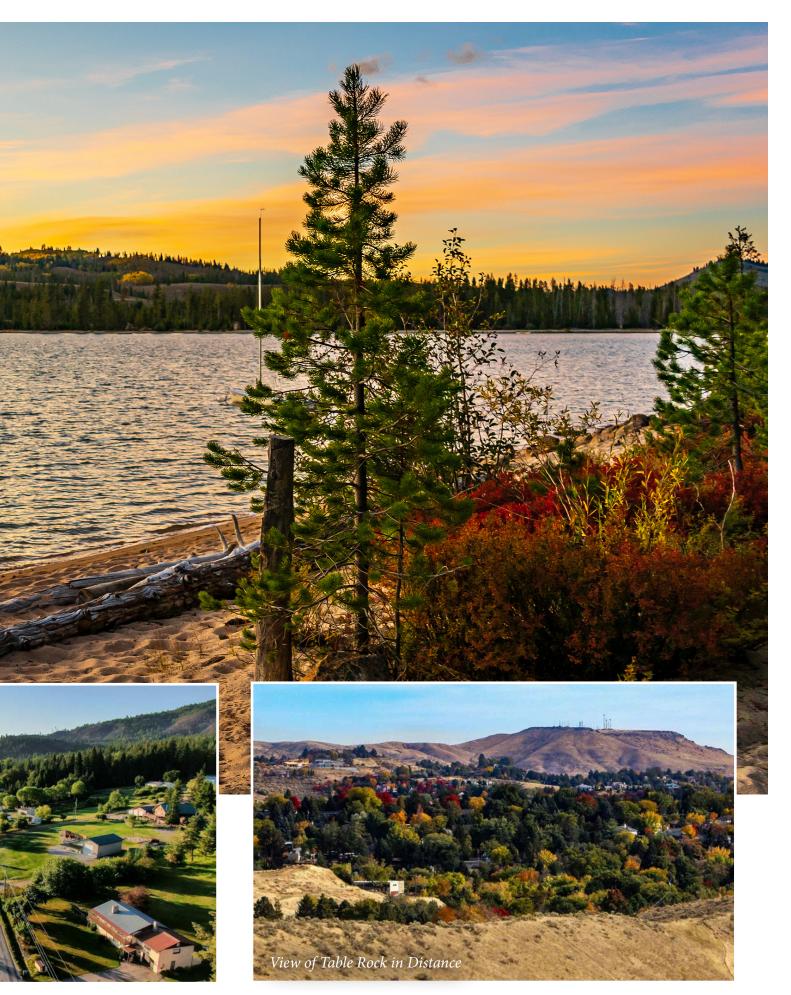
Difficulty: Moderate

Highlights: A classic Boise hike with golden

hillsides, city views, and beautiful fall light. Popular

but still peaceful in the early morning or evening.







UPPER PALISADES LAKE TRAIL Eastern Idaho

Starting Location: Palisades Creek Trailhead, near

Irwin, ID

Distance: 12 miles round trip (can shorten to

Lower Lake: 6.4 miles) **Difficulty:** Moderate

Highlights: Lush fall colors along the creek, moose

sightings, and reflective alpine lakes.

A hidden gem near the Wyoming border.

BOULDER LAKE TRAIL McCall area

Starting Location: Boulder Meadows Trailhead,

east of McCall, ID

Distance: 3.8 miles round trip **Difficulty:** Easy to Moderate

Highlights: A short, scenic hike to a beautiful lake surrounded by fall foliage and granite peaks. Great

for families.

CAMAS TRAIL Ponderosa State Park, McCall

Starting Location: Ponderosa State Park Visitor

Center, McCall, ID

Distance: 2.5 miles loop

Difficulty: Easy

Highlights: Aspen groves glowing yellow, lake views, and a peaceful forest setting. Perfect for a

casual fall stroll.

CITY OF ROCKS TRAILS Southern Idaho

Starting Location: Circle Creek Trailhead, City of

Rocks National Reserve, Almo, ID

Distance: Varies — Circle Creek Loop is 4.5 miles

Difficulty: Easy to Moderate

Highlights: Unique rock formations, historic wagon trails, and golden grasses. A perfect blend

of geology and fall color.





TAYLOR CANYON TRAIL Sun Valley/Ketchum

Length: ~3.8 miles loop **Difficulty:** Moderate

Highlight: Hidden gem featuring sweeping vistas of Baldy and Boulder Mountains through vibrant fall foliage.

JUMP CREEK FALLS TRAIL Southwestern Idaho

Starting Location: Jump Creek Recreation Area,

near Marsing, ID

Distance: 0.6 miles round trip

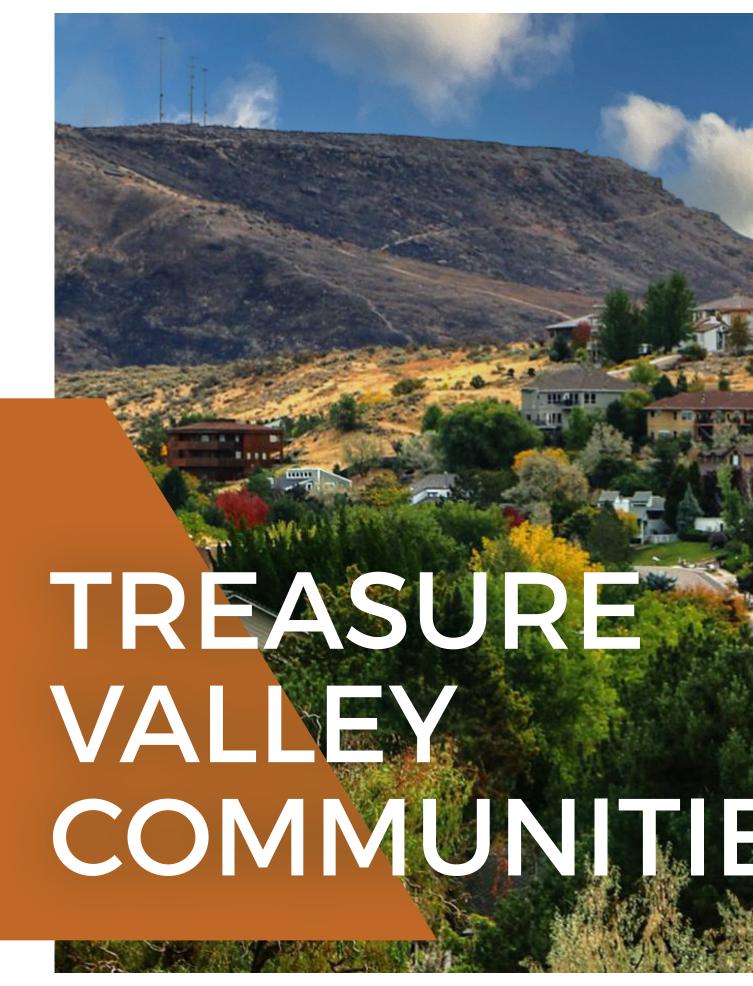
Difficulty: Easy

Highlights: A quick hike through a scenic canyon to a stunning 60-foot waterfall. Fall brings cooler temps and colorful canyon foliage — a perfect

afternoon getaway close to Boise.

TIPS FOR FALL HIKING IN **IDAHO:**

- Start early for better light and fewer crowds.
- Dress in layers mornings are chilly, afternoons warm up.
- Watch trail conditions fall weather can change quickly.
- Leave no trace help preserve these trails for all seasons.





BOISE

Boise, the capital of Idaho, is a thriving city set in the heart of the Treasure Valley, where the rolling foothills meet the Boise River. Known as the "City of Trees," Boise is remarkably beautiful, with tree-lined streets, lush parks, and an extensive greenbelt that winds through the city. This blend of nature and urban charm creates an inviting atmosphere that residents and visitors alike appreciate.

Boise is a hot spot for outdoor enthusiasts, offering year-round recreation from hiking and biking in the foothills to skiing at Bogus Basin. The city's vibrant downtown features a mix of local shops, restaurants, breweries, and cultural attractions, including the Boise Art Museum, the Idaho State Capitol, and the historic Basque Block. Annual events such as the Treefort Music Fest, Boise Farmers Market, and Spirit of Boise Balloon Classic showcase the city's lively culture.

Beyond its recreational appeal, Boise has a dynamic economy supported by industries such as technology, healthcare, agriculture, and education. The city continues to gain recognition as a business-friendly destination with a growing job market and entrepreneurial spirit. A welcoming environment, combined with its rich history, scenic beauty, and strong sense of community, makes Boise a place that only becomes more appealing the longer people stay.



EAGLE

From its beautifully diverse landscapes of plush tree-lined riverside beaches to the remote desert canyons that lie just beyond the foothills, the City of Eagle is distinctly beautiful. Find this community highly desirable for many reasons beyond its stunning landscapes. One of Eagle's commonly unknown hidden treasures is that it shares a similar land size as its neighbor, the City of Meridian, though remains a smaller community with nearly one third the population.

Eagle offers the ideal mix of an established community with a fine selection of dining options, a museum, boutiques & shops, an arcade, local parks, as well as area trails and pathways. Complimented by its ideal blend of land use, the City of Eagle



boasts a remarkable selection of home styles and living accommodations. Discover the lifestyle that suits you best from riverside condos & flats to homes in the countryside, waterside or golf course living and a bit of everything in between. Escape to your very own in town retreat for a lifetime of memories.

Whether heading into town for a bite to eat, a day at the river, or an evening of entertainment, find countless indoor and outdoor activity opportunities within minutes. Living in the City of Eagle also proves beneficial in its relatively quick access to the bigger city amenities of the City of Boise, as well as straightforward access ideal for getting out of town towards the mountains. Whatever you enjoy, there is something in the City of Eagle for everyone. Check it out for yourself!

MERIDIAN

The City of Meridian sits as the heart of the Treasure Valley, nestled amid the valley's largest cities. Discover all that the City of Meridian has to offer from dining options to shopping opportunities as well as being centrally located for optimal commute times. Meridian is home to a plethora of community parks and outdoor activities, in addition to its strong healthcare presence, job opportunities, and endless entertainment options. There is so much to love when you choose to make Meridian home. The city of Meridian proves again and again to boast the ideal blend of amenities.

What are some of the top reasons people consider a move to Meridian, Idaho? Whether it be good schools, quality healthcare, quality of life, the job market and access to well-paying careers, and





the many reasons people choose to move, there truly is something for everyone in Meridian. It gets brisk in the winters here, though living in an area with four distinct seasons is more than enough to make up for it!

Living in Meridian can very possibly mean finding the very things that help make life more enjoyable. How about heading out on the town for a sizzling mix of fine dining options or a delicious homestyle meal, enjoying a sunny day at a local park, or maybe a relaxing evening at the movies? The best part of living in Meridian is that being a part of all that makes up Idaho. Stretching beyond the city and into the sprawling boundaries of Idaho opens up another world of possibilities. There's a lifetime of places to go and things to do.

How about escaping for the holidays to a mountain retreat, or a week rafting the Salmon River? What about exploring an old ghost town filled with historic treasures, heading over to award-winning wineries, or finding yourself traveling across the plains where the wild horses roam and prairie lands are so vast, they stretch out across the horizon? Life is better in Idaho and now it's time to find all the reasons why you'll enjoy living here so much!



STAR

The City of Star is a flourishing community of growth combined with the delicate balance of nature. This delightful city boasts a hometown feel of knowing your neighbors combined with an atmosphere of small-town charm. Delight in weekends packed with fun or simply enjoy the peace and quiet of utter relaxation in the comfort of home. Save time cooking and head out to one of the local eateries for savory home-style cooking and tasty treats. Star also offers local area shopping options and things to do.

Enjoy area amenities with things to do including a selection of community classes, the library, sports leagues, a community center, skate park, and the popular Star's Hometown 4th of July Celebration event. Be sure to check out the Star RiverWalk, a popular year-round destination surrounded by nature and ideally located adjacent to the graceful Boise River. The pathway is lined with dense greenery and is popular for its area birdlife including the Great Blue Heron, Bald Eagle, Osprey, Wood Ducks and more! The Boise River is also a popular destination for those warm summer days ideal for

enjoying a day at the water. There's more! Find time to head over to one of the local community parks or the expansive sports park ideal for a picnic or a BBQ and a game!

The sky's the limit for weekends in and around the City of Star! Enjoy a day exploring area shops, going to the salon, and possibly head into the City of Boise for a movie and a night out. Living in the city of Star can mean enjoying a quaint community feel with larger city amenities minutes away. Star is situated in the Treasure Valley which also boasts nearby cities including Boise, Meridian, Eagle, Middleton, Kuna, Nampa, and Caldwell to name a few. Lavish in the luxuries of home in the countryside or close to downtown, whichever you prefer, when you choose to live in the inviting city of Star.

KUNA

The City of Kuna could easily be described as "big city meets big country" and offers a quick escape from any urban apprehension. Delight in sprawling vistas, various parks, the historical museum &

performing arts center, a selection of wineries, as well as a seasonal creek for waterside enjoyment. For additional outdoor activity opportunities, a bit further out, you may enjoy a day at Lake Lowell and the Deer Flat Wildlife Refuge or trekking over to the Snake River Birds of Prey Area that sits alongside the stunning Snake River. There's so much to do in and around the City of Kuna. The options are endless!

Kuna boasts a relatively smaller population of around 19,000 residents and growing, which makes for an excellent opportunity to live in a community of familiar names and faces, while still getting to know new residents! Kuna retains a tightknit community feel and offers access to big city amenities like that of the much larger City of Boise, Meridian, and Nampa, with travel times ranging in at about an hour or so depending on the desired destination.

Spend your time enjoying the perks of living in a smaller city starting with a lower median home price than that of those in the larger surrounding cities. You may also enjoy less in-town traffic and congestion, the freedom to enjoy a slower paced lifestyle if you so choose, as well as the many other





perks associated with small-town charm. Enjoy the culture that the City of Kuna creates and the freedom to decide how best to spend your days and evenings living in the countryside.

NAMPA

The City of Nampa is a flourishing community of steady economic growth combined with a strong presence of community. The pinnacle of Nampa's notoriety remains the highly sought-after lower cost of living it provides. Nampa boasts a surplus of area amenities, entertainment options and indoor & outdoor activity opportunities. Nampa features 20+ community parks, abundant shopping opportunities including the Karcher Mall and the Treasure Valley Marketplace, a skating rink, museums, multiple movie theater options, a recreation center and more! Living in the City of Nampa brings with it an ideal combination of work and play. Find time to enjoy Lake Lowell and the Deer Flat National Wildlife Refuge, or you may want to consider heading over to the nearby Snake River and the Morley Nelson Snake River Birds of Prey Area.

The City of Nampa is a treasure trove of economic opportunity reaching out into health care and social assistance, manufacturing, retail trade, construction, educational services, and other services. The largest employers in Nampa include Amazon, Wal-Mart Associates Inc., St. Alphonsus Medical Center Nampa, Plexus Corp., Sorrento Lactalis, Northwest Nazarene University, Amalgamated Sugar Co., Great American Snacks, St. Luke's Regional Medical, Woodgrain Millwork Inc., Mission Aviation Fellowship, Heartland RV, Materne North America, ON Semiconductor, Assisted Living of Idaho, Pacific Press Publishing, Fleetwood Homes Inc., Mirage Enterprises Inc., and HB Specialty Foods.

Enjoy a four seasons destination with the perks of Spring, Summer, and Fall fun activities like strolling the area pathways, boating, golfing, hunting, fishing, horseback riding, or possibly heading over to Lakeview Water Park for water fun or Midway Sports Park ideal for sports activities galore. What about year-round indoor and outdoor concerts, rodeos, and events? You may consider heading over to the Idaho Ford Center for a large selection of events. Have you always wanted to learn how to fly? The Nampa Municipal Airport is used for private, emergency, military, and industrial aviation.

Additional year-round activities also include enjoying all that the Nampa Recreation Center and the Nampa Civic Center have to offer. Or maybe consider taking a semester of classes at the local university or college campus. Whatever you may enjoy Nampa has something for everyone. Discover all that Nampa has to offer you!



CALDWELL

Take a moment to be introduced to a wealth of the beautiful landscapes within the City of Caldwell. From the rolling green hills lined delicately with vineyards, groves, and orchards, to the valley's floor that is graciously complimented by the winding waters of the magnificent Boise River. Downtown Caldwell is ideally accented by the gentle waters of Indian Creek, a popular destination for those touring area shops and eateries. Find time to enjoy a self-guided tour of this area for an enjoyable day out on the town. This beautifully diverse growing region is filled with warm, fun-filled sunny days, evenings accented with low lying fog, and a hint of snow in the colder months. It's easy to feel spoiled when surrounded by Idaho's fascinating natural settings and breathtaking destinations. Escape to the countryside for stunning scenic landscapes and views across the valley to the peaks of the Owyhee Mountains.

The beautiful City of Caldwell is complimented well with generous indoor and outdoor activity opportunities; from a day touring the wineries, to an evening at the golf course, there is something for everyone. The Canyon County Fairgrounds is a popular location for year-round events like rodeos and the fair. Discover destinations like the local college well known for its planetarium, art gallery, and the 850-seat proscenium house. Searching for adventure close to home? Explore the skies above Caldwell with a day starting at the Caldwell Airport, and then heading off to enjoy an exciting day skydiving.

Caldwell is packed with things to do! Find outdoor activity opportunities including fishing, hunting, water activities, various local parks, area OHV trails, and a shooting range. Consider checking out indoor activities that include a choice of movie theaters, an arcade, or exploring the various museums. Take a moment to feel like you've stepped back in time when you discover the local drive-in theatre or find yourself enjoying a historic tour of the remarkable downtown buildings and train depot. For those who enjoy the simple pleasures of an afternoon on the water surrounded by lush landscapes, you may want to consider heading over to the beautiful Lake Lowell. This highly desirable destination is ideal for enjoying area birdlife complimented by the rich warm colors of an evening sunset.

EMMETT

Emmett, Idaho, situated in the heart of Gem County, is a picturesque town steeped in history and natural beauty. Nestled within the verdant landscapes of the "Valley of Plenty," Emmett enjoys a tranquil ambiance that beckons both residents and visitors to explore its charming streets and immerse themselves in its unique atmosphere.

The town's roots trace back to its rich agricultural heritage, with farming playing a central role in its economy and culture. Surrounding Emmett are vast expanses of fertile farmland, where crops thrive under the Idaho sun, contributing to the region's reputation for producing high-quality produce.

The gentle waters of the Payette River meander through the countryside, providing not only scenic vistas but also opportunities for outdoor recreation, such as fishing, rafting, and picnicking along its banks. In addition to its natural wonders, Emmett boasts a vibrant downtown area adorned with historic buildings and bustling with local businesses, including quaint shops, cozy cafes, and inviting restaurants serving up delicious fare. The town's close-knit community spirit is palpable, as residents come together to celebrate annual events, such as the Cherry Festival and the Emmett Harvest Festival, showcasing the area's agricultural heritage and fostering a sense of belonging among its inhabitants. With its blend of small-town charm, abundant natural beauty, and rich history, Emmett stands as a testament to the enduring allure of rural life in Idaho.



BEYOND THE TREASUR

COEUR d'ALENE

Nestled in the heart of North Idaho, Coeur d'Alene is a stunning lakeside city that offers a perfect blend of outdoor adventure, small-town charm, and modern amenities. Known for its crystal-clear waters, towering pine forests, and vibrant community, it's a destination that attracts visitors year-round.

At the heart of the city is Lake Coeur d'Alene, a breathtaking 25-mile-long lake that provides endless opportunities for boating, fishing, paddleboarding, and scenic cruises. The surrounding mountains and trails, including the popular Tubbs Hill, make it a paradise for hikers, bikers, and nature lovers. Golfers will appreciate the world-famous floating green at Coeur d'Alene Resort Golf Course, while thrill-seekers can enjoy zip-lining, parasailing, or even skydiving.

Downtown Coeur d'Alene is just as exciting, offering a mix of boutique shopping, local breweries, art galleries, and top-notch dining with stunning lake views. The city hosts a variety of events and festivals throughout the year, including Ironman Coeur d'Alene, Art on the Green, Car d'Alene, and the magical Holiday Lights Show.

Whether you're looking for a peaceful lakeside retreat, an action-packed getaway, or a charming place to call home, Coeur d'Alene is truly one of Idaho's most captivating destinations.



TWIN FALLS

Twin Falls, Idaho, is a vibrant and growing city that offers a perfect mix of natural beauty, affordability, and community spirit. Nestled in the scenic Magic Valley, Twin Falls is known for its stunning landscapes, including the Snake River Canyon and the breathtaking Shoshone Falls—often referred to as the "Niagara of the West." Outdoor enthusiasts will find plenty to do, from hiking and rock climbing to kayaking and base jumping off the famous Perrine Bridge. The area's mild climate allows for year-round recreation, making it an ideal place for those who love the outdoors.

RE VALLEY



For families, Twin Falls offers highly rated schools, safe neighborhoods, and plenty of parks and recreational activities. The city hosts various community events throughout the year, including farmers' markets, festivals, and concerts, fostering a strong sense of belonging among residents. Dining and entertainment options are expanding, with a mix of local restaurants, breweries, and coffee shops adding to the city's charm. While Twin Falls has all the conveniences of modern living, it maintains a relaxed, friendly atmosphere that makes it a welcoming place to call home. Whether you're drawn to the stunning scenery, outdoor lifestyle, or the strong sense of community, Twin Falls is a great choice for anyone looking to settle in a city that offers both adventure and a high quality of life.



IDAHO FALLS

Idaho Falls is a picturesque city that offers a high quality of life with a perfect blend of outdoor adventure, affordability, and community charm. Situated along the Snake River in eastern Idaho, the city is known for its beautiful greenbelt, a scenic walking and biking path that winds along the river, offering stunning views and plenty of outdoor recreation. Residents enjoy all four seasons,

with snowy winters ideal for skiing and mild summers perfect for hiking, fishing, and exploring nearby Yellowstone and Grand Teton National Parks. The city's location provides easy access to some of the most breathtaking natural landscapes in the country, making it a great place for outdoor enthusiasts.

Beyond its natural beauty, Idaho Falls boasts a strong economy, with thriving industries in healthcare, energy, and technology. The city is home to the Idaho National Laboratory, a major employer in the region, as well as a growing medical sector that provides excellent job opportunities. Despite its steady growth, Idaho Falls maintains a relatively low cost of living compared to larger metropolitan areas, with affordable housing options ranging from charming historic homes to modern new developments.

Idaho Falls is also a great place for families, with highly rated schools, safe neighborhoods, and a strong sense of community. The city hosts numerous events throughout the year, including farmers' markets, cultural festivals, and outdoor concerts, fostering a vibrant local culture. The downtown area has seen recent revitalization, with unique shops, restaurants, and breweries adding to the city's charm. Whether you're looking for career opportunities, a family-friendly environment, or an outdoor lifestyle, Idaho Falls offers a welcoming and well-rounded place to call home.





DISC GOLF COURSES IDAHO PARKS AND RECREATION



1. ANN MORRISON PARK

2. EAGLE ISLAND STATE PARK

3. SETTLERS PARK

4. COLLEGE OF WESTERN IDAHO

5. MALLARD PARK

6. LAKE LOWELL PARK

7. OSBORNE PARK

8. BEAR CREEK PARK

9. KUNA PARK

10. SANDY POINT BEACH

LUCKY PEAK STATE PARK

II. BOGUS BASIN







BALLINGER FLAT TRAIL | MOUNTAIN HOME | 0.6MI

A short side trip past a spring to overlook the South Fork Boise River with access from Danskin Trail #340. The view from the canyon rim is well worth the ride.



THE WASH TRAIL | EMMETT | 1.6MI

This trail runs down "The Wash" from East Perimeter Trail down to Little Gem Service Road with hundreds of options to ride other connecting trails up both sides of the valley. Though most are quite steep and slick, hidden gems await your discovery.



AROUND THE MOUNTAIN | BOISE | 9.8MI

A great loop around Bogus Basin Ski Resort with amazing views all the way to Sawtooths and down into Boise. Moderate climbs, great berms and fast descents. The trail is well marked and connects to many other trails to create many other options.



THUNDER MONKEY | BOISE | 15.6MI

Beautiful alpine ride through MTB country with climbs, breathtaking descents, wood and stone features, and excellent backcountry single track. Connect the Shafer Butte system with Mahalo and Dry Creek. *Note: This is a shuttle ride unless you're into pedaling up 14 miles back to the ski area on Bogus Basin road after the descent.*



GREENHORN GULCH ADVENTURE | KETCHUM | 22.6MI

A stunning western landscape with narrow singletrack and a riot of springtime wildflowers. An excellent destination for eMTBing located just south of Sun Valley, ID. The majority of the trails in the network are open to eMTBs, allowing for multiple loops that vary from 30 minutes to all day.



BB BOMBER | BOISE | 27.3MI ■

A great shuttle run that will take you through the vast pines of Bogus Basin, past iconic Stack Rock and finish up on an open, flowing single track. *Note: Dogs may be allowed off-leash on this trail.*



TABLE ROCK TECH | BOISE | 3.6MI ◆

One of the best ways to experience the rocky trails in the Boise area. This ride starts from the top of Table Rock and can either be shuttled, or you can climb one of the numerous trails in the Table Rock system to its start. Note: Dogs may be allowed off-leash on this trail.



THE BIG POTATO | BOISE | 41MI ◆

The earliest this trail can be accessed is in Mid to Late May, depending on snow conditions. This ride is one of the best ways to experience the foothills outside of Boise. Note: Be prepared with food and water as Simplot lodge is the only stop along the way that may have access to supplies.



COYOTE CLASSIC RACE COURSE | EAGLE | 48MI ◆

This is the 2012 Race Course that tours some of the best single track and views in the Avimor trail system. *Note: You'll find cows grazing in some of the more remote areas so please be aware of your surroundings.*



ANN MORRISON PARK

1000 N. AMERICANA BLVD • BOISE

153 Acres • Spray Fountain • Gardens • Playground • Tennis Courts • Softball Diamonds

• Practice fields • Picnic Pavilion • Riverside Access for Anglers • Outdoor Gym • Pedestrian Bridge to Downtown Boise • Sand Volleyball Courts • Greenbelt Access

BOISE RIVER PARK

WHITEWATER PARK BLVD / FAIRVIEW AVE • BOISE

An ideal spot for surfing or kayaking the "wave" of the Boise River, or for watching from the Greenbelt

BORAH PARK

801 S AURORA DRIVE • BOISE

13 Acres • Outdoor Community Pool • Splash Pad • Picnic Pavilion • 2 Playgrounds

CAMEL'S BACK PARK

1200 W HERON STREET • BOISE

Tennis Courts • Sand Volleyball Courts • Picnic Area • Playground • Outdoor Gym • Foothills Access • Practice Fields

EAGLE ISLAND STATE PARK

165 S EAGLE ISLAND PKWY • EAGLE

Swimming Beach (Open Memorial Day Weekend ~ Labor Day) • Playground • Charcoal Grills • Fishing • Volleyball Courts • Disc Golf Course • Horseshoe Pits • 2 Picnic Pavilions • Visitor's Center • Paddle board Rentals

ESTHER SIMPLOT PARK

614 WHITEWATER PARK BLVD • BOISE

Fishing • Dog Off-Leash Area • Trails • Docks • Wetlands Boardwalks • Grassy Open Areas • Playground • Open Play Areas

JULIA DAVIS PARK

700 S CAPITOL BLVD • BOISE

Home to Zoo Boise • Boise Art Museum Idaho State Historical Museum • Discovery Center of Idaho

- Rose Garden Bronze Sculptures Playground
- Picnic Pavilions Tennis Courts Greenbelt Access

PARKS.CITYOFBOISE.ORG





ASANA CLIMBING GYM Garden City | AsanaClimbingGym.com

ARBOR CROSSFIT

Boise | CrossfitArbor.com

BOISE CROSSFIT

Boise | BoiseCrossfit.com

CAMP RHINO CROSSFIT

Boise | CampRhino.com

MMA GYM

Boise | SBGidaho.com

VERDANT CROSSFIT

Boise | VerdantFit.com

ANYTIME FITNESS

Across The Valley | AnytimeFitness.com

AXIOM FITNESS

Boise & Meridian | AxiomFitness.com

CRUNCH

Across The Valley | Crunch.com

GROVE FITNESS CLUB & SPA Boise | Grovefitness-Spa.com

IDAHO FITNESS FACTORY

Boise & Meridian | IdahoFitnessFactory.com

JACK CITY FITNESS

Boise | JackCityFitness.com

JOHNNY'S FIT CLUB

Boise | FitClubBoise.com

KVELL FITNESS & NUTRITION

Boise | KvellFit.com

PLANET FITNESS

Boise & Garden City | PlanetFitness.com

THE MECCA GYM

Meridian | TheMeccaGym.com



boise

Alavita 807 W Idaho St

Alyonka Russian Cuisine 2870 W State St

Barbacoa Grill 276 West Bobwhite Ct

Bardenay 610 W Grove St

Basque Market 608 W Grove St

Big Jud's 1289 S Protest Rd

Bittercreek Alehouse 246 N 8th St

Brickyard 601 W Main St

Chandler's Steakhouse 981 W Grove St

Fanci Freez 1402 W State St Fork 199 N 8th St

Goodwood Bbq Co. 7849 W Spectrum St

Hawkins Pac-Out 2315 N Bogus Basin Rd

Lemon Tree 224 N 10th St

Lock Stock & Barrel 1100 W Jefferson St

Madre 1034 S La Pointe St

Percy 400 S. 4th Street

Wild Root 276 N 8th St

Willowcreek Grill 2273 S Vista Ave #150

Yoi Tomo Sushi & Grill 405 S Capitol Blvd eagle Ahi Sushi Bar

1193 E Winding Creek Dr

Bacquet's 1117 E Winding Creek Dr

Bodacious Pig Barbecue 34 E State St

CACi Wood-Fired Grill 1592 E Riverside Dr

Casa Mexico 393 W State St

Coa Del Mar 2121 E Riverside Dr

Coyne's 676 E Riverside Dr

CRAVE 165 E Colchester Dr

daVinci's 190 E State St

Mongolian of Eagle 362 S Eagle Rd Oak Barrel of Eagle 1065 E Winding Creek Dr

Perks of Life 1540 E Iron Eagle Dr

Porterhouse Market 600 S Rivershore Ln

Rembrandts 93 S Eagle Rd

Rice Contemporary 228 E Plaza st

Rib Shack Barbecue 395 W State St

Schnitzel Garten
1225 E Winding Creek Dr #130

Smoky Mountain Pizzeria 127 E State St

Spitfire Tacos + Tequila 231 E State St

The Griddle
177 E Eagle River St #182



meridian

Casa del Matador 3690 E Monarch Sky Ln

Dalton Royal 3161 E Ustick Rd #110

Epi's Basque Restaurant 1115 N Main St

Fat Guy's Fresh Deli 1626 S Wells Ave

Gramercy Park Pub & Grill 1626 S Wells Ave #115

Grant's Neighborhood Grill 1835 W Cherry Ln

Johnny Bronx Pizza 4970 N Linder Rd

Kahootz Steak & Ale House 1603 N Main St

Kona Grill 3573 E LONGWING LN #140

Land Ocean 2902 N EAGLE RD Ling & Louie's 3210 E Louise Dr

Louie's Pizza & Italian 2500 E Fairview Ave

Lucky Fins 1441 N Eagle Rd

Moe Joe's 12951 E Overland Rd

Ram 3272 E Pine Ave

Sa-Wad-Dee 1890 E Fairview Ave

Sockeye Brewing 12542 W Fairview Ave

Tavern at Eagle Island 6500 N Linder Rd #100

Terri's Cafe 2483 E Fairview Ave

Wingers 3451 N Eagle Rd

nampa

Aguililla Restaurant 324 11th Ave N

Bandidos Mexican Grill 16462 N Franklin Blvd

Blazen Burgers 216 1st Ave S

Brick 29 Bistro 320 11th Ave S #300

Casa Robles 3143 E Greenhurst Rd

Fiesta Guadalajara 1202 N Jacob Alcott Way

Hong Kong Restaurant 117 12th Ave S

Holy Cow Idaho! 1226 1st St S

JaK*s Place 6026 Birch Ln

JP Thailand Express 2025 12th Ave Rd

Krung Thai Restaurant 3008 Garrity Blvd

LeBaron's Honker Cafe 1210 2nd St S

Lamai Thai Food 453 Caldwell Blvd

Little Saigon Vietnamese 1305 2nd St S #100

Mesa Tacos & Tequila 1213 1st St S

Messenger Pizza 1224 1st St S

Ming Hao Restaurant 3107 Garrity Blvd

Pacific Sushi 624 12th Ave S

The Tower Grill 105 Municipal Dr

Wheeler's Handout 215 Caldwell Blvd



alchemist coffee 10650 W OVERLAND RD BOISE, ID 83709 ALCHEMISTCOFFEE.COM coffee studio 8205 W RIFLEMAN ST BOISE, ID 83704 dawson taylor 1035 S LUSK ST, BOISE, ID 83706 219 N 8TH ST, BOISE, IDAHO 83702 DISTRICTCOFFEEHOUSE.COM flying m coffee 500 WEST IDAHO ST #100, BOISE, ID 83702 1314 2ND ST SOUTH, NAMPA, ID 83651 724 ARTHUR ST, CALDWELL, ID 83605 FLYINGMCOFFEE.COM form & function 511 W BROAD ST, BOISE, ID 83702 FORMANDFUNCTIONCOFFEE.COM java coffee shop 223 N 6TH SUITE 110 BOISE, ID 83702 (DOWNTOWN) 1612 N 13TH ST BOISE, ID 83702 (HYDE PARK) JAVAIDAHO.COM mountain timber coffee 2596 N BOGUS BASIN RD, BOISE, ID 83702 primal coffee 20 N LATAH ST, BOISE, ID 83706 PRIMALCOFFEEBOISE.COM push and pour 214 EAST 34TH ST, GARDEN CITY, ID 83714 PUSHANDPOUR.COM slow by slow 405 S 8TH ST, BOISE, ID 83702 SLOWBYSLOW.COM the district coffee house 219 N 10TH ST BOISE, ID 83702 DISTRICTCOFFEEHOUSE.COM

YOU MUST BE 21 YEARS OLD TO PURCHASE OR CONSUME ALCOHOLIC BEVERAGES





10 BARREL BREWING BOISE 826 W Bannock St. Boise

BARBARIAN BREWING 114 E 32nd St, Garden City

BEAR ISLAND BREWING CO 1620 N Liberty St, Boise

BOISE BREWING 523 W Broad St, Boise

BROWN BEARD BREWING CO 9165 W Chinden Blvd #107, Garden City

CLAIRVOYANT BREWING CO 9115 W Chinden Blvd, Garden City

CLOUD 9 BREWERY 1750 W State St. Boise

CRESCENT BREWERY 1521 Front St. Nampa

EDGE BREWING CO 525 N Steelhead Way, Boise

HIGHLANDS HOLLOW BREWING 2455 Harrison Hollow Blvd., Boise

LOOSE SCREW BEER CO 1511 W McMillan Rd, #100, Meridian **LOST GROVE BREWING** 1026 S La Pointe St, Boise

MAD SWEDE BREWING CO 2772 S Cole Rd #140, Boise

MOTHER EARTH BREWING CO 1428 Madison Ave, Nampa

PAYETTE BREWING 733 S Pioneer St, Boise

POWDERHAUS BREWING CO 9719 W Chinden Blvd, Garden City

RAM RESTAURANT & BREWERY 709 E Park Blvd, Boise

RAM RESTAURANT & BREWERY 3272 E Pine Ave, Meridian

SOCKEYE BREWING 12542 W FAIRVIEW AVE, BOISE

WESTERN COLLECTIVE 111 W 33rd St, Garden City

WHITE DOG BREWING 705 W Fulton St, Boise

WOODLAND EMPIRE 1017 Lusk St. Boise

3 HORSE RANCH VINEYARDS 5900 PEARL RD, EAGLE

BITNER VINEYARDS 16645 PLUM RD, CALDWELL

BODOVINO 3630 E MONARCH SKY LN, MERIDIAN

CINDER WINES 107 E 44TH ST, GARDEN CITY

COILED WINES 3408 W CHINDEN BLVD, GARDEN CITY

DUDE DEWALT CELLARS 5446 ID-16, Eagle

HELLS CANYON WINERY 18835 SYMMS RD, CALDWELL

HUSTON VINEYARDS 16473 CHICKEN DINNER RD, CALDWELL

INDIAN CREEK WINERY 1000 N MCDERMOTT RD, KUNA

KOENIG VINEYARDS 21452 HOSKINS RD, CALDWELL

SAWTOOTH WINERY 19348 LOWELL RD BUILDING C, CALDWELL

SPLIT RAIL WINERY 3200 W CHINDEN BLVD, GARDEN CITY

STE. CHAPELLE WINERY 19348 LOWELL RD, CALDWELL

TELAYA WINE CO. 240 E 32ND ST, GARDEN CITY





HOW FAR FROM BOISE IS...



WHAT'S THE WEATHER LIKE IN BOISE?

| | RECORD HIGH °F | AVG HIGH °F | AVG LOW °F | RECORD LOW °F | RAIN INCHES |
|-----|----------------|-------------|------------|---------------|-------------|
| JAN | 63° | 38° | 25° | -28° | 1.24" |
| FEB | 71° | 45° | 28° | -15° | 1.03" |
| MAR | 82° | 55° | 34° | 5° | 1.39" |
| APR | 92° | 62° | 39° | 11° | 1.23" |
| MAY | 100° | 72° | 47° | 22° | 1.39" |
| JUN | 109° | 81° | 54° | 30° | .69" |
| JUL | 111° | 91° | 60° | 35° | .33" |
| AUG | 110° | 90° | 60° | 32° | .24" |
| SEP | 102° | 79° | 51° | 23° | .58" |
| OCT | 94° | 65° | 41° | 11° | .75" |
| NOV | 78° | 48° | 32° | 10° | 1.35" |
| DEC | 70° | 37° | 24° | -25° | 1.55" |

Annual high temperature: 63.7°F Annual low temperature: 41.3°F Average temperature: 52.5°F

Average annual precipitation - rainfall: 11.66"

Average annual snowfall: 19"

Source: worldclimate.com/climate/us/idaho/boise

