

# EMBER HAIR EXTENSIONS

## PROTECT YOUR INVESTMENT

Hair extensions are a lifestyle. Most, who have hair extensions, say they are easier to take care of than their natural hair. But they take care, time and money.

They certainly take a while to get used to, but once you figure out a rhythm that works for you and ways to wash and style them, you will see that you are spending less time to make your hair look good and more time enjoying it.



## THE FIRST 2 WEEKS

- Hold your hair in a low pony tail to brush hair
- Brush hair often
- Sleep in a low braid
- Limit washing to 1-2 times per week



## RECOMMENDED PRODUCTS

Daily Shampoo and Conditioner: UNITE Luxury (Sulfate free, Sodium Chloride Free, Paraben Free)

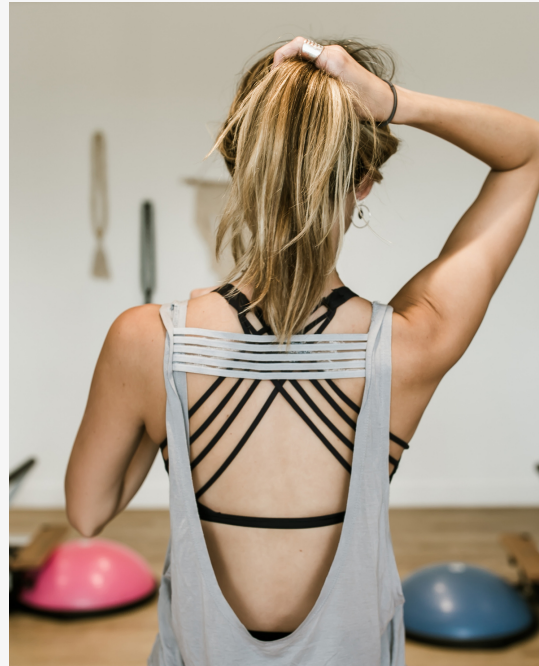
UNITE 7seconds Conditioning Hair Mask 1X per week, leave on for 10 mins or more

UNITE 7Seconds Leave-in Conditioner after every wash

UNITE Lazer Straight, Smooth and Shine or Blow and Set before any heat styling treatment.

## MAINTENANCE

- Do not pull the extensions up past natural fall. it is recommended to wear hair in a low and loose pony tail.
- When sleeping, it is best to wear extensions in a low braid. Brush in between extensions
- Excessive contact with salt water or pool water is not recommended.



- Use a mask on the hair before swimming to protect the hair from over drying.
- Proceed with proper conditioner making sure that you do not apply the conditioner directly at the base of the extensions. it is recommended to leave the conditioner in 3-5 mins before thoroughly rinsing the hair.
- Leave a moisturizing repair treatment on the hair once a week for 10 mins.



## SHAMPOOING

- Try not to shampoo more than 1-2 times per week. The hair will last longer the less it is washed.
- Always brush out tangles before shampooing the hair using the "Wet Brush".
- Make sure you lift the tracks one by one to rinse shampoo thoroughly from the scalp. If residue is left behind, scalp dryness and itchiness may occur.



## BRUSHING AND STYLING

- Blot the hair dry with a towel (avoid scrubbing the hair the towel)
- Do not brush the extensions when they are wet. blow dry 50-70 percent of the moisture out before you brush. you may then apply recommended products and brush them out one by one in sections.



- It is recommended to blow-dry the hair using a paddle brush or boar bristle brush. Angle the blow-dryer down toward the hair or in the natural direction of the cuticle.
- Heating tools such as curling irons and flat irons may be used. Keep heat approximately 1 inch from extension root.
- Always use a heat protectant on hair before blowdrying AND using hot tools



## RECOMMEND VISITS TO THE SALON

We recommend seeing your Ember Extensionist every 4, 6 or 8 weeks to ensure proper care of your extensions and your natural hair.

Your Ember Hair Extension Specialist will set up a reoccurring schedule with you.



## "THE DROP"

Your extensions will fall around week 2-3. For most, this position is preferred and is most comfortable. When your extensions "drop", you can more easily style with ponytails, braids and top knots.

it is normal to "hide" the extensions with styling until your next appointment.



## "Bump Up" Appointment

Arrive with clean, dry hair. Your stylist will push all the beads back up to your scalp

## "Tightening" Appointment

Arrive with clean, dry hair. Your stylist will remove each row and reapply with new beads and new stitching .



# STYLIST RECOMENDATIONS

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## "DIRTY HAIR CAN BE GOOD"

Don't be afraid to get creative with hats, braids, top knots, pony tails and more! The extensions hold styles really well so learn how to wash and style your own hair without washing the extensions.

*-Brynn*

## "MAKE IT A SELF-CARE RITUAL"

My Sunday looks like:

- Scalp scrub for my natural hair
- Deep conditioner for my extensions
- Salon quality blowdry with a round brush style
- Don't forget 7seconds leave in conditioner before blowdrying
- Brushing and braiding my extensions before bed so they last all week long

*-Jamie*



## "BRUSH YOUR WEAVE, GIRL"

"Buy yourself a cute 'purse brush' or 'bedside table brush' as a reminder to brush your weave. Just like cars need oil, your weave needs a brush."

*-Amber*



# Contract

Prepared for \_\_\_\_\_ by

on \_\_\_\_\_

Home Care Maintenance for Hair Extensions

\_\_\_\_ 1. Do not shampoo for 48 hours after first application Always wash your hair with your head back and not tilted forward. Never wash with a scrubbing action.

\_\_\_\_ 2. Brush your natural hair and extension hair using the “wet brush” to prevent the natural hair from tangling together in between extensions.

\_\_\_\_ 3. Always follow up each wash with a leave-in conditioner

\_\_\_\_ 4. Use a repairing or moisture treatment on extensions 1X per week to ensure quality of extensions.

\_\_\_\_ 5. Return to the salon for your 2 week follow up after application service.

\_\_\_\_ 6. Return to salon for the recommended “tightening” time which will be discussed between you and your stylist depending on the density and texture of your natural hair.

\_\_\_\_ 7. If timing between tightenings is longer than the recommended timing discussed between you and your stylist, than I understand that I will pay an extra \_\_\_\_\_ to re-adjust extensions.

\_\_\_\_ 8. Curling, flat irons and hot rollers may be used, but must be kept an adequate distance away from the silicone bead on the hair extension.

\_\_\_\_\_ 9. Keep conditioner, leave-in conditioner and oil away from aluminum beads on extensions.

\_\_\_\_\_ 10. Activities taking place in a constant, damp environment, such as aerobics, steam baths, saunas, and swimming may lessen the longevity of the extensions and tightening services may need to be applied more often.

\_\_\_\_\_ 11. Average natural hair loss is between 50-150 strands of hair a day. A full head application of hair extensions covers approximately one-third of the head. During a tightening service, some natural hair may be shed more than normal because of being locked in the aluminum bead during each service. This is normal and should not be interpreted as hairs pulled from the scalp by the extensions themselves. Daily brushing close to the scalp will avoid matting in this area.

\_\_\_\_ 12. Brush hair before going to bed and wear hair in a low braid while sleeping to ensure the hair does not tangle.

**\_\_\_\_\_13. If you are allergic to aluminum or zinc, extensions with micro-beads cannot be used If you are undergoing an MRI, you will need to remove your extensions If you have scalp conditions such as Alopecia, Eczema or Psoriasis you are not a candidate for extensions.**

\_\_\_\_\_14. If you are on medication make sure hair loss or shedding is not a side effect prior to the extensions service

I have read, initialed and understand my home care maintenance sheet. if I do not follow the above instructions I understand my hair extension specialist, \_\_\_\_\_, cannot be held liable.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_